

# Minutes



**CONROE**  
INDEPENDENT  
SCHOOL DISTRICT

## School Health Advisory Council

**April 23, 2024**

### Members in Attendance

#### Parents

##### College Park Feeder

Becky Fralix  
April Kerze  
Garrett Costello  
Jennifer Blackman

##### Conroe Feeder

##### Grand Oaks Feeder

Holly Moore  
Dr. Bryce Speer

##### Oak Ridge Feeder

Elizabeth Morrison

##### The Woodlands Feeder

Dr. Rolly Chawla  
Reid Davidson  
Marianne Horton  
Brent Maddux  
Kerri Welch  
Sabrina Yamani  
Sameera Zaidi

#### Community/Business

Cassandra Lynn Crowe, Policy Analyst

#### Conroe ISD Representatives

1. Matt Blakelock, CISD Chief of Police
2. Melanie Bujnoch, Headmaster, Academy of Science and Health Professions
3. Myla Cobler, School Nurse, Patterson Elementary School
4. Clinton Dulworth, Principal, Kaufman Elementary School
5. Erica Falcon, School Nurse, The Woodlands High School
6. Dana Fisher, Health Services Specialist
7. Robert Garcia, Principal, Moorhead Junior High School
8. Wade Haymark, PE/Health Coordinator
9. Bridget Hodge, Physical Education Facilitator, Teacher, Ride Elementary School
10. Dr. Paula Klapesky, Principal, Mitchell Intermediate School
11. Dr. Mark Murrell, Principal, College Park High School

### Call to Order

The meeting was called to order at 4:30 p.m. by Dr. Bryce Speer.

### Consider Approval of Minutes

Dr. Murrell reviewed the minutes from March 26, 2024. Request for member attendance to be updated. Jen Blackman, Erica Falcon, Elizabeth Morrison and Jesse Frazier are not listed in the minutes.

Motion for approval: Sameera Zaidi

Second: Dana Fisher.

Motion passed unanimously

## Community Feedback

No emails were received.

Mr. Dulworth requested to move Agenda Item V up in the meeting.

Motion: Mr. Dulworth      Second: Elizabeth Morrison.      Motion passed unanimously.

## Recommendation to Board of Trustees- HB 3908 “Tucker’s Law” Fentanyl and Drug Abuse Prevention Instructional Resources and Supports Grades 6-12

Mr. Haymark presented the CATCH curriculum to the SHAC and requested the SHAC approve the CATCH Curriculum to fulfill the requirement of HB 3908. At present the district has not implemented curriculum to fulfill the requirement of HB 3908. The requirements for the district under HB3908 are much more expansive and independent of the SHAC’s responsibilities under the bill however the SHAC is charged with recommending appropriate grade levels and curriculum for instruction regarding the dangers of opioids, including instruction on opioid addiction and abuse, including addiction to and abuse of synthetic opioids such as fentanyl. The SHAC had extensive discussion about the curriculum. While most SHAC members agreed education on dangers of opioids, including instruction on opioid use and abuse should occur in grades 6-12, emphasis was placed on the importance of providing age-appropriate information on fentanyl and suicide prevention to students in grades 6-12. At the time of the meeting, grade-specific curriculum was not determined.

There was substantial concern about the introduction of suicide randomly in a deck of slides focused on fentanyl. Discussion on the appropriateness of the suicide slides for sixth graders and multiple requests to suggesting alternative ways to meet the requirements of suicide education. Additional concerns include age appropriateness and presentation of the topics given the vastly different maturity and exposure levels of a 6<sup>th</sup> grader as compared to a student in 12<sup>th</sup> grade. Some parents raised concerns about the suicide warning signs and suggested linking local and district resources, such as Kid Chat and Anonymous Alerts.

Dr. Speer made a motion to table the curriculum and come back in June with additional information to address SHAC concerns and also with the sample board item for review.      Second:      Motion failed: 7 - 17

Mrs. Kerze made a motion to approve the resource of CATCH and have the district bring back the grade specific curriculum.      Second:      In favor: 23      Opposed: 2.      Motion passed.

## Updates from Subcommittees

### Compliance

Currently, the SHAC compliance topics include: recommending age appropriate opioid instruction, increasing parental awareness regarding suicide, creating policy on daily recess, recommending strategies to prevent physical health concerns.

## Membership

The SHAC will initiate '24-25 membership process. May 1, 2024 CISD will advertise the electronic application on campuses & social media. Anyone interested in applying must apply by June 30. Beginning July 1, determine vacancies and review applications. Will provide the application to CC feeder Principals / PTOs to encourage participation.

## Mental Health Subcommittee

Multiple SHAC members shared progress from the workgroups. The bullying work group shared they are collaborating with Dr. Taylor's group to help create a bullying survey. Based on feedback from the SHAC's recommendation for closed loop communication, Dr. Taylor's department is developing a formal supplement to policy FFI from the guidance and counseling department. Girls Academic Success workgroup continues their work and shared updates on data, state law requirements and possible interventions like Project Mentor and increasing parental awareness of the impact of math choices during intermediate and junior high on high school math opportunities. The Staff Wellness team is working to identify ways to build comradery and increase utilization of volunteers available to help offload teacher workload, if possible. Guidance and counseling provided many updates. Anxiety/Testing/Suicide Prevention workgroup provided a summary of accomplishments thus far and continued work to address requirements under TEC§28.004.

## Alternative & Supplemental Health Subcommittee

No updates at this time.

## Physical Activity and Fitness

No updates at this time.

## Bylaws

SHAC members reviewed the newly proposed bylaws written by CISD legal counsel, Carrie Galatas, JD. Many members expressed concerns about the proposed revisions to SHAC bylaws, including a limit on non-parent members and potential for limited representation and flexibility. They discussed the current bylaws and their implications for governance and membership process, with some members seeking clarification on specific rules and procedures. Concern expressed about newly proposed bylaws not allowing public comment. Emphasis placed on the importance of transparency in the membership process but that this information is lacking in the proposed bylaws. Concern stated that the Board is effectively abdicating their responsibilities to the superintendent and the district, and this is not consistent with TEC§28.004. Several members took offense to the requirement for recognition before speaking and questioned the value of setting priorities by the board. Members expressed concern that newly proposed bylaws were an effort to censor parents and minimize community values by implementing significant district and Board control of what the SHAC was allowed to do that the newly proposed bylaws effectively silence the SHAC. Concerns expressed that the proposed bylaws severely hinder the SHAC's ability to serve the students of CISD effectively and productively. Thus, the proposed bylaws undermine the legislated intent of the SHAC in TEC§28.004.

## Conroe ISD Wellness Triennial Assessment Updates

Mrs. Barbara Robertson provided a brief overview of the ongoing Triennial Assessment via survey from leadership on each CISD Campus. CISD is required to participate because CISD participates in the National

School Lunch Program. At least once every three years, this survey must be used to assess schools' compliance with the local school wellness policy, and make assessment results available to the public. Once the Triennial Assessment is complete, the *District* must make appropriate updates or modifications to the local school wellness policy, based on the Triennial Assessment. The data from the survey will be presented in June to the SHAC.

## Closing Remarks & Adjournment

- Motion to adjourn: Elizabeth Morrison
- Second:

Dr. Speer adjourned the meeting at 6:21 p.m.

DRAFT