



To: Dr. Chris Hines
Deputy Superintendent of Schools
From: Wade Haymark
School Health Advisory Council Co-Chair
Date: August 17, 2020
Subject: School Health Advisory Council (SHAC)
End of Year Reporting

The broad purpose of the School Health Advisory Council (SHAC) is to ensure that the District's health education instruction reflects local community values. The SHAC is also responsible for considering issues and making recommendations related to the following eight components:

- Health Education
- Healthy and Safe School Environments
- Counseling and Mental Health Services
- Parent and Community Involvement
- Staff Wellness Promotion
- Health Services
- Physical Education
- Nutrition Services

The School Health Advisory Council is a parent and community advisory group mandated by legal and local policies. The majority of SHAC members are parents; the remaining members include district coordinated school health representatives and community members (*Texas Education Code, Title 2, Chapter 28, Section 28.004*). Council members for the 2018-2019 school year are listed below.

Member	Role/Affiliation
Jill Barrea	State of Texas/Maximus
Sage Benson	CISD Student Representative
Dr. Terri Benson	CISD, Headmaster, Academy for Science & Health Professionals
Rod Chaves	CISD, Director of Community Outreach and Health Services
Denise Cipolla	CISD, Coordinator of Guidance and Counseling
Jody Collins	Parent
Gregg Colschen	CISD, Assistant Superintendent for Secondary Education
Victoria Constance	Executive Director, Children's Safe Harbor
Gayle Fischer	Parent
April Gilliam	Parent
Lynda Gowin	CISD, Parent Education Program Specialist
Dr. David Green	Parent; Pastor First Presbyterian Church

Braden Grief	CISD Student Representative
Sara Holub	Parent
Dr. Robert Horton	CISD, Coordinator of Fine Arts
Robyn Hughes	CISD, Director of Child Nutrition
Jenny Hunt	Parent
Stacy Inman	CISD, Physical Education Teacher, Patterson Elementary
Dr. Lata Joshi	Parent; Physician/Director of Women's Health Services, Lone Star Family Health
Deborah Kubicek	CISD, Physical Education Teacher, Patterson Elementary
Richard Morgan	CISD, Health Teacher, Hauke Alternative High School
Tiffany Nirider	Parent
Robert Oleson	YMCA Director
Dr. Debra Phillips	CISD, Assistant Superintendent for Elementary Education
Kari Reaves	Parent
Barbara Robertson, RN	CISD, Coordinator of Health Services
Wendi Seafass	Parent
Yvette Smith	Parent
Dr. Sharon Sterchy	Co-Chair; CISD, Coordinator of Health and Physical Education
Malinda Stewart	CISD, Principal, Rice Elementary
Renee Stewart	Parent
Susan Vein	Parent
Cindy Weller	Parent, Nutrition Specialist
Misty Westover	Parent
Dena Williams	Parent
Nicholl Winger	Parent
Dr. Shellie Winkler	CISD, Director of Elementary Education
Kelly Wortham	Parent; Director of Business Development, Memorial Hermann Hospital
Sameera Zaidi	Parent

This year SHAC conducted three meetings: October 2, 2019; February 5, 2020; and, August 11, 2020. Two scheduled meetings (April 8, 2020 and June 17, 2020) were canceled due to COVID-19. A meeting was held on August 11, 2020 to review the final information for the 2019-2020 school year.

Below is a summary of the meetings for the 2019-2020 school year:

October 2, 2019

Committee Presentations

- The SHAC Council members were introduced. Members of SHAC include parents, teachers, campus administrators, central office administrators, law enforcement, clergy and behavioral specialist and community/business members. This meets the requirements of Education Code 28.004c.
- Dr. Shellie Winkler presented the committee with information on their purpose as a District committee, as well as roles and responsibilities within the group. Parent,

Lindsay Lionudakis, was selected by unanimous vote to serve as the co-chair along with District representative, Dr. Sharon Sterchy.

Action Items:

- Gregg Colschen shared a tobacco survey sponsored Texas A&M. The District was asked to distribute this survey to 6th graders and high school students in order to capture their views regarding tobacco use.
- The committee voted 19-0 to not give the tobacco survey to sixth graders. The committee voted 19-0 in favor of offering it to high school students with parent permission.

Information Items:

- Sharon Sterchy presented information on opioids and reviewed the required law associated with opioid through *SB 435: appropriate grade level and curriculum for instruction regarding opioid addiction and abuse methods of administering an opioid antagonist, as defined by 483.101, Health and Safety Code.*
- Online curriculum from Everfi was presented to the committee. Committee members were given a login to further investigate this curriculum and asked to bring back feedback to the next meeting. Voting for this item will occur in February 2020.

February 5, 2020

Committee Presentations

- Laura Gold, Coulson Tough PE teacher, and her student teacher presented "Table Ball." This activity focuses on fine and gross motor skills as well as continuous, vigorous exercise. They explained how it correlated to the Texas Essential Knowledge and Skills. Ms. Gold also explained to committee members how they differentiated this activity at a Kinder through sixth campus.
Paul Mooneyham and Bret Butler from the Montgomery/Dallas Regional Census Center presented on the upcoming 2020 Census and how it connects to school. School funding can be effected by the results of the census. It also impacts the school district review program.
- Denise Cipolla, CISD Coordinator of Guidance and Counseling, presented information on TeleMental Health, a program to provide virtual therapy sessions. Mrs. Cipolla discussed the issues that would have to be addressed before bringing this service into a school setting such as confidentiality, staff support and technological needs. Services would be provided by Baylor University. Students would have 10-12 sessions and could access appointments at school and home. This service would be an option for immediate crisis. The pilot would consist of 3 sites in CISD. A motion and a second was made with no further discussion. The SHAC 15-0 voted for the Counseling Department to explore the potential outcomes, potential challenges and logistical issues of providing these services. Mrs. Cipolla and her team will provide the committee with information at the June SHAC meeting.

Action Items:

- Dr. Sharon Sterchy led a discussion on the opioid education required by Senate Bill 435. At the last meeting, committee members were asked to review the EverFi program for content and appropriateness of the curriculum. This vendor meets the technology vendor protocols for Conroe ISD and would be provided at no charge.
- The committee felt the content was appropriate. Concerns were that the course was long and students wouldn't have the opportunity to see lessons out of order.
- The online lessons also addressed alcohol. Student committee members felt like the content was of importance to be educated on types of drugs and their effects.
- District personnel shared that students may be more engaged through an online platform and provide a consistent message.
- Kelly Locke, Crisis Specialist, updated the committee on additional face-to-face presentations on opioid addiction.
- The committee 15-0 to implement the EverFi program.

August 11, 2020 (via Zoom™)**Committee Presentations**

- Barbara Robertson, Lead Nurse for Conroe ISD, gave committee members an update on mitigation efforts to keep students and staff safe at school during the COVID-10 pandemic.
 - The use of face coverings and why it is important was discussed with the committee.
 - Screening protocols for staff and students.
 - Practices to keep one another safe.
- Chris McCord, Executive Director of Operations, shared information with the committee regarding changes to cleaning protocols and child nutrition.

No Action Items**Future Meetings:**

- October 27, 2020
- January 26, 2021
- April 27, 2021