



1% White Milk

Nutrition Facts		INGREDIENTS: LOWFAT MILK, VITAMIN A PALMITATE, VITAMIN D3. CONTAINS: MILK.	
Serving Size 1 Container			
Amount per serving			
Calories 100			
% Daily Value*			
Total Fat 2.5g	3%		
Saturated Fat 1.5g	8%		
Trans Fat 0g			
Cholesterol 15mg	5%		
Sodium 130mg	6%		
Total Carb. 12g	4%		
Dietary Fiber 0g 0%			
Total Sugars 11g			
Includes 0g Added Sugars 0%			
Protein 8g	16%		
Vit D 2.5mcg	15%		
Calcium 300mg	25%		
Iron 0.1mg	0%		
Potassium 400mg	8%		
Vit A 150mcg	15%		
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			
DIST. BY AUTH. OF: BORDEN DAIRY CO., DALLAS, TX 75231 1-855-311-1583 WWW.BORDENDAIRY.COM PROCESSED AT PLANT STAMPED. FROM COWS NOT TREATED WITH rbST. NO SIGNIFICANT DIFFERENCE HAS BEEN SHOWN BETWEEN MILK DERIVED FROM rbST TREATED AND NON-rbST TREATED COWS.			

Fat-Free White Milk

Nutrition Facts		INGREDIENTS: FAT FREE MILK, VITAMIN A PALMITATE, VITAMIN D3. CONTAINS: MILK.	
Serving Size 1 Container			
Amount per serving			
Calories 90			
% Daily Value*			
Total Fat 0g	0%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 5mg	2%		
Sodium 125mg	5%		
Total Carb. 12g	4%		
Dietary Fiber 0g 0%			
Total Sugars 11g			
Includes 0g Added Sugars 0%			
Protein 8g	16%		
Vit D 2.5mcg	15%		
Calcium 300mg	25%		
Iron 0.1mg	0%		
Potassium 390mg	8%		
Vit A 150mcg	15%		
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.			
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Apple Juice

Nutrition Facts	Amount/serv	%DV*	Amount/serv	%DV*
	Total Fat	0g	0%	Total Carb.
Sat. Fat	0g	0%	Dietary Fiber	<1g 0%
Serving Size 1 Container			Total Sugars 12g	
Calories per serv. 60			Incl. 0g Added Sugars 0%	
Trans Fat 0g			Sodium 10mg 3%	
Cholesterol 0mg 0%			Protein <1g	
Sodium 10mg 3%			Vit. D 0mcg 0%	
Vit. D 0mcg 0%			Calcium 10mg 0%	
Iron 0.1mg 0%			Potassium 120mg 2%	
INGREDIENTS: WATER, APPLE JUICE CONCENTRATE. DIST. BY AUTH. OF: BORDEN DAIRY CO. DALLAS, TX 75231 1-855-311-1583 • WWW.BORDENDAIRY.COM				

Orange Juice

Nutrition Facts	Amount/serv	%DV*	Amount/serv	%DV*
	Total Fat	0g	0%	Total Carb.
Sat. Fat	0g	0%	Dietary Fiber	<1g 0%
Serving Size 1 Container			Total Sugars 11g	
Calories per serv. 60			Incl. 0g Added Sugars 0%	
Trans Fat 0g			Cholesterol 0mg 0%	
Cholesterol 0mg 0%			Sodium 0mg 0%	
Sodium 0mg 0%			Protein <1g	
Vit. D 0mcg 0%			Vit. D 0mcg 0%	
Calcium 20mg 2%			Iron 0.3mg 2%	
Iron 0.3mg 2%			Potassium 270mg 6%	
Potassium 270mg 6%			Vit. C 35mg 40%	
INGREDIENTS: WATER, ORANGE JUICE CONCENTRATE. DIST. BY AUTH. OF: BORDEN DAIRY CO. DALLAS, TX 75231 1-855-311-1583 • WWW.BORDENDAIRY.COM				

