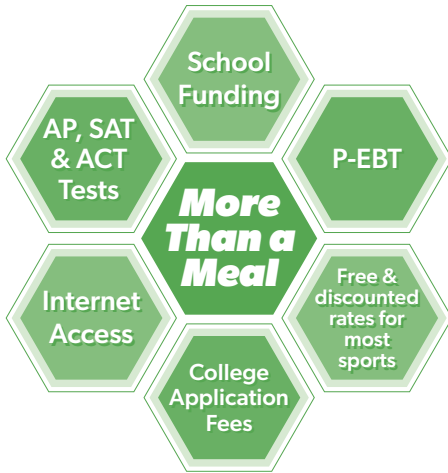


Apply for School Meals online!



Did you know?

- Your children may qualify for free or reduced school meals and it is easier than ever to **apply online**.
- All you have to do is use any computer, tablet or smartphone and go to **www.myschoolapps.com**.
- You can apply now for the 2022-2023 school year starting July 19.
- After completing four easy steps, you will receive an immediate submission confirmation.

www.myschoolapps.com

Paper applications are also available in the school front office or the Child Nutrition office.

**Need assistance or have questions?
Call the Child Nutrition Department
(936) 709-8197**

¿Sabía usted?

- Sus hijos podrían tener derecho a recibir comidas escolares gratuitas o reducido y ahora es más fácil que nunca llenar la **solicitud por Internet**.
- Todo lo que tiene que hacer es utilizar cualquier computadora, tableta or teléfono inteligente e ingresar a **www.myschoolapps.com**.
- Puede llenar la solicitud ahora, para el ciclo lectivo 2022-2023.
- Luego de seguir cuatro pasos sencillos, recibirá una confirmación de envío inmediata.

www.myschoolapps.com

Las solicitudes de papel también están disponibles en las oficinas del escuela o en la oficina de Departamento nutrición infantil.

**¿Necesita ayuda or tiene preguntas?
Llame al servicio de asistencia del
Departamento de Nutrición Infantil
(936) 709-8197**

Income Eligibility Guidelines Effective July 1, 2022 – June 30, 2023					
# Household Members	Annual	Monthly	Twice Per Month	Every Two Weeks	Weekly
1	\$25,142	\$2,096	\$1,048	\$967	\$484
2	\$33,874	\$2,823	\$1,412	\$1,303	\$652
3	\$42,606	\$3,551	\$1,776	\$1,639	\$820
4	\$51,338	\$4,279	\$2,140	\$1,975	\$988
5	\$60,070	\$5,006	\$2,503	\$2,311	\$1,156
6	\$68,802	\$5,734	\$2,867	\$2,647	\$1,324
7	\$77,534	\$6,462	\$3,231	\$2,983	\$1,492
8	\$86,266	\$7,189	\$3,595	\$3,318	\$1,659
For each additional family member, add:	\$8,732	\$728	\$364	\$336	\$168

Your privacy is important to us. All information is kept confidential. Federal regulations do not allow the Department of Education to share your information with any other agency.

Su privacidad es importante para nosotros. Toda la información se guardará de forma confidencial. Las leyes federales no permiten que el Departamento de Educación comparta su información con ninguna otra agencia.

Campus Codes	
High School	
Caney Creek.....	011
Conroe.....	001
Conroe-9th.....	009
Grand Oaks.....	016
Washington.....	002
Oak Ridge.....	005
Oak Ridge-9th.....	015
The Woodlands.....	003
The Woodlands-9th.....	012
TW College Park.....	014
Junior High	
Irons.....	054
Knox.....	046
McClough.....	053
Moorhead.....	051
Peet.....	041
Stockton.....	055
York.....	049
Intermediate	
Bozeman.....	078
Clark.....	080
Collins.....	050
Cox.....	077
Cryar.....	073
Grangerland.....	068
Mitchell.....	067
Travis.....	070
Vogel.....	069
Wilkinson.....	045
Elementary	
Anderson.....	101
Armstrong.....	107
Austin.....	102
Bimham Woods.....	129
Bradley.....	132
Broadway.....	127
Bucklew.....	123
Bush.....	121
Craigton.....	106
David.....	118
Derechin K-6.....	074
Ford.....	112
Galatas.....	120
Giesinger.....	119
Glen Loch.....	116
Halley.....	113
Hope.....	134
Houser.....	111
Houston.....	104
Kaufman.....	125
Lamar.....	108
Milam.....	105
Oak Ridge.....	109
Patterson.....	128
Powell.....	122
Reaves.....	124
Rice.....	114
Ride.....	117
Runyan.....	103
San Jacinto.....	103
Snyder.....	131
Stewart.....	130
Suchma K-6.....	033
Tough K-6.....	071
Wilkinson.....	126

Dear Parent/Guardian:

The questions and answers that follow and attached directions provide additional information on how to complete the application. Complete only ONE online application for ALL the students in the household. Paper applications may be picked up at Child Nutrition, 3205 W. Davis, Conroe, Texas 77304. If you have questions about applying for free or reduced-price meals contact Nazia Nizam, Free/Reduced Specialist, 936-709-8197.

Please submit only one (1) application per household.

1. Who can qualify?

- **Income**—Children can get free or reduced-price meals if a household's gross income is within the limits described in the Federal Income Eligibility Guidelines.
- **Special Assistance Program Participants**—Children in households receiving benefits from the Supplemental Nutrition Assistance Program (SNAP), Food Distribution Program on Indian Reservations (FDPIR), or Temporary Assistance for Needy Families (TANF), are eligible for free meals.
- **Foster**—Foster children who are under the legal responsibility of a foster care agency or court are eligible for free meals.
- **Head Start, Early Head Start, and Even Start**—Children participating in these programs are eligible for free meals.
- **Homeless, Runaway, and Migrant**—Children who meet the definition of homeless, runaway, or migrant qualify for free meals. If you haven't been told about a child's status as homeless, runaway, or migrant or you feel a child may qualify for one of these programs, please call or email Lynda Gowin, Homeless Liaison, 936-709-7831, lgowin@conroeisd.net or Floribeth LozadaDeNovas, Migrant Coordinator 936-709-7244, flozadadentovas@conroeisd.net.

• **WIC Recipient**—Children in households participating in WIC may be eligible for free or reduced-price meals.

2. What if I disagree with the school's decision about my application?

Talk to school officials. You also may ask for a hearing by calling or writing to Director of Child Nutrition 3205 W. Davis, Conroe, TX 77304, 936-709-8185.

3. My child's application was approved last year. Do I need to fill out a new one?

Yes. An application is only good for that school year and for the first few days of this school year. Send in a new application unless the school has told you that your child is eligible for the new school year.

4. If I don't qualify now, may I apply later?

Yes. Apply at any time during the school year. A child with a parent or guardian who becomes unemployed may become eligible for free and reduced-price meals if the household income drops below the income limit.

5. What if my income is not always the same?

List the amount normally received. If a household member lost a job or had hours/wages reduced, use current income.

6. We are in the military. Do we report our income differently?

Basic pay and cash bonuses must be reported as income. Any cash value allowances for off-base housing, food, or clothing, or Family Subsistence Supplemental Allowance payments count as income. If housing is part of the Military Housing Privatization Initiative, do not include the housing allowance as income. Any additional combat pay resulting from deployment is excluded from income.

7. May I apply if someone in my household is not a U.S. citizen?

Yes. You, your children, or other household members do not have to be U.S. citizens to apply for free or reduced-price meals.

8. Will application information be checked?

Yes. We may also ask you to send written proof of the reported household income.

9. My family needs more help. Are there other programs we might apply for?

To find out how to apply for other assistance benefits, contact your local assistance office or 2-1-1.

10. How can I apply?

Visit www.myschoolapps.com to begin or to learn more about the online application process. Contact Nazia Nizam, 936-709-8197, nnizam@conroeisd.net, if you have questions about the online application.

Sincerely,
Nazia Nizam,
Free/Reduced Specialist

*If you have other questions or need help,
call Nazia Nizam, 936-709-8197
or nnizam@conroeisd.net.*

**For faster processing, you may apply online at:
www.myschoolapps.com**

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TADDEI Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 696-7442; or email: program.intake@usda.gov

This institution is an equal opportunity provider.



CONROE
INDEPENDENT
SCHOOL DISTRICT

Child Nutrition

3205 W. Davis • Conroe, TX 77304
(936) 709-8197