

CONROE ISD REFERRAL SOURCES

Private Practice Counseling –Mental Health Services Career Counseling/Cognitive Skills Training

61:3 Counseling, a Ministry of Gateway Church

Shannon Hand, LPC – Intern
2930 Rayford Rd
Spring 77386
281-363-4500
Child, Adolescent, Adult,
Family
Adoption, Anger, Anxiety,
ADHD, Bipolar, Blended
Family, Cutting, Depression,
Divorce, Eating Disorder,
Gender Identity, Grief, OCD,
ODD, Parenting, PTSD,
School Refusal, Sexual
Abuse, Substance
Abuse, Suicide Ideation,
Trauma

Abundant Life Therapeutic Services

15355 Vantage Parkway,
suite 380
Houston, TX 77060
832-300-8680
<http://abundantlifets.com/texas/>
Child/Adolescents/Families
Medicaid

Achieve Balance

Kate Walker, Ph.D., LPC,
LMFT Supervisor
9595 Six Pines Dr. Suite 8210
The Woodlands, TX 77380
936-697-2822
Adolescent/Adult/Family
Cash Only
www.achievebalance.org

Achieve Fulfillment

Kathy Gray, MA, LPC, LMFT,
OTA, Imago, EMDR
1525 Lakeville Dr, Suite 217

Kingwood, TX 77339
281-223-3421
Child, Adolescent, Adult,
Family
EMDR, PTSD, Sensory
Processing, Eating Disorder,
Addiction, Anxiety,
Depression, ADHD, OCD,
Trauma
Cash or card
Kdgray8@gmail.com
Kathygrayachievefulfillment.com

Advantage Center Consulting and Psychotherapy Services

Vicki Simmons, LCSW-S
2441 High Timbers Dr., Suite
420
The Woodlands, TX 77380
281-494-8701
Adults
Anger/Anxiety/Bipolar/Depres
sion/EMDR/Grief –
Loss/PTSD/Trauma/Shame/R
esilience/ Leadership
Development/Faith-base
Cash only
Vickisimmons.com
vicki@vickisimmons.com

Akay-Sullivan Child and Adolescent Counseling

Sinem Akay-Sullivan, PhD,
LPC-S & RPT
2219 Sawdust Rd. Suite 1101
The Woodlands, TX 77380
936.337.8068
[www.counselingandplaythera
py.com](http://www.counselingandplaytherapy.com)
sinem.akay@live.com
Child/Adolescent/Family
Certified in Trauma-Focused
Cognitive Behavioral Therapy,

EMDR, Play Therapy,
Sandtray & Expressive Arts
Cash/sliding scale

Jennifer Aune Counseling

Jennifer Aune, LPC
25329 Budde Rd, Suite 503
The Woodlands, Texas 77380
832-704-4320
Jenaune@gmail.com
Child, Adolescent, Adult,
Family
Adoption, Anger
Management, Anxiety, ADHD,
Bipolar, Blended Family,
Depression, Divorce,
Grief/Loss, ODD, Parenting,
Suicide Ideation, Trauma
Cash, TriCare, Value Options,
BCBS, Telehealth available

Becoming You Counseling Trauma Services

Ashely Ward, LPC
3500 W. Davis St.
Conroe, TX 77304
713-899-9567
www.BYCTS.org
Children 7 and up,
Adolescents, Adults, Family
Anger Management, Anxiety,
Blended Family, Depression,
Divorce, EMDR, Parenting,
PTSD, Sexual Abuse/Trauma,
Suicide Ideation, Trauma
BCBS, Magellan, UBHC,
Cigna

Bethany Anderson Coaching, LLC

Bethany Anderson, Certified
Professional Coach, ACTP
[www.bethanyandersoncoachi
ng.com](http://www.bethanyandersoncoaching.com)

CONROE ISD REFERRAL SOURCES

Private Practice Counseling –Mental Health Services Career Counseling/Cognitive Skills Training

bethanyandersonlc@gmail.com
Virtual Zoom or Facetime
Cash only

Better Life Wellness Center
Lisa Ford, Life Coach
15260 Hwy. 105 W. Ste. 230-G
Montgomery, TX 77356
936.900.8469 (Lisa)
Child, Adolescent, Adult,
Family
Cash
lisa@betterlifewellnesscenter.com
www.betterlifewellnesscenter.com

Beyond Your Best Counseling
1544 Sawdust Road Suite
402
The Woodlands, Texas
77380936.900.8566
www.beyondyourbestcounseling.com
pamela@beyondyourbestcounseling.com
Adolescent/Family/Bilingual
Addiction, Co-Dependency
Sliding scale

Margaret Hood Black & Associates PC
Margaret H. Black, MA, LPC - S
19222 Tomball Parkway
Houston, TX 77070
713.562.7819
www.margarethoodblack.com
mblack@margarethoodblack.com
Child/Adolescent/Adult/Family

Oppositional Teenage boys;
cutters/parenting/ADHD/Marital/Infidelity and Telehealth
Sliding Scale/Cash and Credit Card

Brand New You Counseling
Cynthia Head, LPC
945 Sgt. Ed Holcomb
Conroe, TX 77304
936-520-9124
Brnadnewyoucounseling@aol.com
www.brandnewyou1.com
Adolescent, Adult, Children,
Play Therapy, EMDR,
Relationship issues, trauma,
anxiety, depression.
Medicaid, insurance and self pay, sliding scale

Brenda Booth, LPC
226113 Oak Ridge Dr., Suite C
The Woodlands, TX 77380
281.813.2860 Child, Adolescent,
Adult Autism Spectrum,
Dyslexia, ADHD, Behavior
issues, Learning disabilities,
Academic underachievers
Insurance, sliding scale
atthecrosscounseling@gmail.com

Cal Farley's Boys Ranch and Girls town, USA
Jacqueline Elmore, LBSW
600 West 11th/ PO Box 1890
Amarillo, TX 79174
800-657-712
Boys ages 5-17; Girls ages
11-17 Free www.calfarley.org

Kenikor Foundation /
Odyssey House

Erin Wolfe – Business
Development Manager, M.A.,
LCDCI 5629 Grapevine St.
Houston, Texas 77085
713-726-0922
Outpatient/In-Patient
Treatment Adolescent and
Adults Substance/Alcohol
Insurance, Sliding Scale,
Free

The Center for Hope and Healing
Lauren Hollis, MA, LPC,
CCLS, RPT
25511 Budde Road, Suite
3501
Woodlands, Texas 77380
832-299-4830
www.thecenterforhopeandhealing.net
Lauren.holliscounseling@gmail.com
Child (3 and up), Adolescent,
Adult, Couples
Anxiety, ADHD, Autism,
Blended Family, Cutting,
Depression, Divorce,
Grief/Loss, Parenting, Play
Therapy, PTSD, Sexual
Abuse, Suicide Ideation,
Trauma
Cash only

Champion Christian Counseling
Cynthia Head, LPC
Clare Ramos, LPC
Sheela Trivedi, LPC
Stephanie Suchon, LPC
Jeanne Stadler, LPC
333 S. Cherry St.
Tomball, TX 77375
281-357-4111

CONROE ISD REFERRAL SOURCES

Private Practice Counseling –Mental Health Services Career Counseling/Cognitive Skills Training

www.cccctomball.com
Adolescent, Adult, Children
Play therapy, relationship
issues, trauma, anxiety,
depression.
Medicaid, Insurance and self
pay
cccctomball@gmail.com

Christian Life Counseling
Carlos Calderon, LPC-S
Board Certified Professional
Christian Counselor, EMDR
Therapist
25602 Oakhurst Dr.
Springs, TX 77386
281-419-2323
Child/Adolescent/Adult/Family
/Female issues/Abuse &
Trauma/Parenting
ADHD/Special Education
concerns/Marriage
Bilingual - Spanish
carlos.calderon@christianlifec
ounseling.com
www.Christianlifecounseling.c
om
Cash, credit, check and out of
network insurance

Clearfork Academy
Andre Bennett
7820 Hanger Cutoff rd
Fort Worth, Texas 76135
817-382-8463
817-980-3143
Adolescents

Complete New Care LLC
*Gerald H. Scott, Jr, LPC
3431 Rayford Rd. Ste 200
Spring, Texas 77386
281-910-5205

info@completewcare.com
Adult and Family
Anger Management, Anxiety,
ADHD, Blended Family,
Depression, Divorce, Greif,
Parenting
Cash & Insurance.

Connect Psychological
Services, PLLC
James G. Ryan, PsyD.
BCBA-D, LSSP
Joy Ryan, MA, LPC
Kellie Cole, M.ED., LPC,
RPT-S
Ann Caballero, PsyD, LSSP
Derek G. Prins, MA, LPC
Wendy Breuckner, MA, LPC
Traci Schindewolf, MA, LPC
215511 Budde Rd, St. 3601
The Woodlands, TX 77380
832-534-3993
Child, Adolescent, Adult,
Family
Psychological evaluations and
treatment, Registered Play
Therapist, Behavior
Management Training, CBT
Martial Counseling, Exposure
Response Prevention (for
OCD)
Private Pay
www.connectps.org

Connect 2 Counseling
Sally E. James, LPC, NCC
504 Spring Hill Drive, Suite
360
The Woodlands, TX 77386
281-536-9223
Child (10 and under)
Adult/Family
Play Therapy/Grief/Trauma
Insurance

sally@connect2counseling.co
m
www.connect2counseling.co
m

Connections Child and Family
Center
Psychologists & Family
Counselors
25511 Budde Rd, Ste. 1303
Spring, TX 77380
281-210-6677
[admin@connectionsfamilycen
ter.com](mailto:admin@connectionsfamilycenter.com)
Connectionsfamilycenter.com
Child, Adolescent, Adult,
Family, Couples
Anxiety, ADHD, Trauma,
Depression, Autism, Women's
Issues, Grief. Specialty
Services: Play Therapy,
Group Therapy &
Psychological testing.
Languages: Spanish &
English
Insurance: BCBS, United,
Cigna. Also out of network.

Cornerstone Psychiatry
Associates, PA
Susan Kiefaber, M.A., LFMT
Associate, NCC
14340 Torrey Chase, Suite
160
Houston, TX 77014
281-580-8086 Child (10-up)
/Adult/Adolescent/Family
Marriage and family,
parenting/grandparents
parenting, ADHD, Autism,
Bipolar, depression, anxiety,
trauma, play therapy, EMDR
Cash, credit card, checks

*CISD School Counselor

CONROE ISD REFERRAL SOURCES

Private Practice Counseling –Mental Health Services Career Counseling/Cognitive Skills Training

www.familyconnectioncounseling.com
susan@familyconnectioncounseling.com

Counseling Center of Montgomery County

Rebecca Smith, MA, LPC
*Ashley Wright, M.Ed., LPC, SC
212 Conroe Drive.
Conroe, TX 77301
936-444-3546 or 936-760-1880
Child/Adult/Adolescent/Family
High conflict issues/anger management/divorcing family/custody issues/depression/anxiety/learning disabilities
Insurance/cash Interns at a reduced rate
www.counselingcenterMC.com

Crossroads Christian Counseling Center

Bobby Squire, MA, MS, LPC
Kelley Greenwood
2203 Timberloch Place, Suite 211
The Woodlands, TX 77380
281-948-4241
Adolescent/Adult/Family/Blended Families/Abuse Issues/Impact of Divorce/Sexually Compulsive Behavior/
Addiction Issues/Anger management/Anxiety & Phobic Issues/Depression
Cash Only/Sliding Scale
bnsquire@yahoo.com

Cypress Creek Hospital

17750 Cali Drive
Houston, TX 77090
281-586-7600
Adolescent/Adult/Family/Bilingual
Cash/ Insurance

Kelley Dawson, Licensed Professional Counselor

Eating Disorders, Body Image, Anxiety & Depression Specialist, Faith-Based Adolescents & Adults
2323 S. Shepherd Dr., Suite 1012, Houston, TX 77019
281-785-2273
kelley.dawson.counseling@gmail.com
<http://www.kelleydawsoncounseling.com>

Angela Doolittle, LPC-S

504 Spring Hill Dr., Ste 360
The Woodlands, TX 77386
832-779-4194
Adolescent (13+)/Adult EMDR Therapy (Eye Movement Desensitization and Reprocessing) for PTSD, Anxiety, Stress
Cash, Aetna, BCBS, Cigna, Magellan, Humana
www.lpcangela.com / angelad.lpc@gmail.com
832-779-4194

Eating Recovery Center

17350 St. Luke's Way Ste. 220
The Woodlands, TX. 77380
281-407-1760
Jamie.freels@EatingRecovery.com

Eatingrecoverycenter.com/recovery-centers/the-woodlands
Adult and Adolescent eating disorder. 11 and up
Most Major insurance, Tricare, and Cash

Embrace Your Life, PLLC

Julia Ayraud, LPC – S
Jayme Smith, LPC – S
Almaas Raziuddin, LPC
Haley Way, LPC
Scarlett Badal- Oroumich, LCSW
25301 Borough Park Dr, Ste. 221
The Woodlands, Texas 77380
936-777-3940
Adults, Teens
Adoption, Anger Management, Anxiety, ADHD, Blended Family, Cutting, Depression, Divorce, Eating Disorder, EMDR, Grief/Loss, OCD, Parenting, PTSD, School Refusal, Suicide Ideation, Trauma, Infertility, Couples
www.embraceyourlifecounseling.com
info@embraceyourlifecounseling.com
Cash, Insurance (BCBS, Aetna, Magellan, Beacon)

Family Help Counseling & Seminars

Mary J. Lambrecht, M.S., LMFT
26205 Oak Ridge Dr., Ste. 109-B
Spring, Texas 77380
832-953-4030

*CISD School Counselor

CONROE ISD REFERRAL SOURCES

Private Practice Counseling –Mental Health Services Career Counseling/Cognitive Skills Training

Child, Adolescent, Adult,
Family
Adoption, Anger
Management, Anxiety, ADHD,
Blended Family, Cutting,
Depression, Divorce, Grief,
OCD, Parenting, Play
Therapy, Suicide Ideation,
Trauma, Faith Based
Self-pay & Insurance – BCBS
+ Value Options, Beacon
Health
www.familyhelpcounseling.com
mlambrecht@familyhelpcounseling.com

Family and Youth Institute, LLC

1. Mary Ann Sartori, ED.D.,
MA, LPC-S, CSC Doctor of
Educational Leadership
President
Parenting, ADHD, Mental
Health, Adults,
Youth/Adolescents
Familyandyouth1@gmail.com
2. Ariel Batton, M.A., LPC
Adolescent, stress, self
esteem, LGBTQIA, Eating
Disorder, Sexual Assault,
Self-Harm, Domestic Violence
713-965-4590
3. Dr. Sharese Martin, Ph.D.,
LPC
Autism, ADHD, Domestic
Violence, Child abuse, anger
management, anxiety,
depression, bipolar
281-748-0233
4. Fernanda Havemann, M.
ED, LPC-Intern
Career, Career guidance,
women's issues, anxiety,

depression, grief, CBT,
Family, Couples, Parenting
Spanish and Portuguese
Speaker
832-543-1189
havemannlpc@gmail.com
5. Amanda Norminton, M.A.,
LMFT, LPC
ADHD, Autism, Aspergers,
ODD, Women's issues,
parenting, anxiety, depression
832-271-7780
amandanorminton@gmail.com

6. Laura Henderson, MEd,
LPC
Mental Health, School Issues,
Adults, Couples,
Youth/Adolescent, Christian
281-748-0233

7. Connie Hoagland, MEd,
LPC
Mental Health, School
Issues,
Adults, Couples,
Youth/Adolescents, Christian
271-748-0233

8. Charles Odom, MS, LPC –
Intern
Pre K- young adult
ADHD, ODD, Anxiety,
Depression, Eating disorder,
autism, video game addiction
chadodom@outlook.com
832-510-6505
25511 Budde Rd., Marimed
Bldg. Suites 401-402
The Woodlands, TX 77380
281-748-0233

Family Enrichment and Play
Therapy Center
Evelyne Fitzgerald, Ph.D.,
LPC-S RPT-S, LCDC

1300 South Frazier #114
Conroe, Texas 77301
281-785-6451
www.family-enrichment.org
kim@family-enrichment.org
Child, Adolescent, Family
Adoption, Anger
Management, Anxiety, ADHD,
Autism, Blended Family,
Cutting, Depression, Divorce,
EMDR, Equine Therapy,
OCD, ODD, Parenting, Play
Therapy, School Refusal,
Sexual Abuse, Substance
Abuse, Suicide Ideation,
Trauma
Sliding Scale, Insurance,
Medicaid

Family Services of Greater Houston

Adrian Lira, MA, LPC, NCC
1600 Lake Front Circle, Ste
200
The Woodlands, 77380
713-861-4849
Child, Adolescent, Adult,
Family & Marriage
Depression, Anxiety, Grief,
Trauma, Parent/Child Conflict,
and School related
Difficulties, Divorce
Sliding scale, Insurance,
Medicaid
jgimmler@familyhouston.org
www.familyhouston.org

Family Time Crisis and
Counseling Center
Christina Allen, Executive
Director
1203 S. Houston Ave,
Humble, TX 77338
281-446-2615

*CISD School Counselor

CONROE ISD REFERRAL SOURCES

Private Practice Counseling –Mental Health Services Career Counseling/Cognitive Skills Training

Adult/Family/Child/Adolescent
Bilingual
Victims of Abuse
Sliding Scale/Free for victims
www.familytimeccc.org

Christie Farris Counseling
Christie Farris, LPC, LMFT
26205 Oak Ridge Dr.
The Woodlands, TX 77380
832-752-0706
www.chrisitefarriscounseling.com
christiefarriscounseling@gmail.com
Adolescent/Adult/Family
Cutting, Depression, Divorce,
EMDR, Grief/Loss, PTSD,
Sexual Abuse, Suicide
Ideation, Trauma. Faith-based
Cash, Sliding Scale

Elizabeth A. Felthous, LPC
212 Conroe Dr.
936.445.7816
Child/Adolescent/Adult/Family
Pet Assisted Therapy, ADHD,
Foster Children
Cash/Insurance/Medicaid

Finding Peace Counseling
Center
John Loh, LMFT – Associate
2001 Timberloch Place, Suite
500
The Woodlands, TX 77380
832-306-2969
jloh@findingpeacecc.com
12 & Up
Anxiety, Divorce, Parenting,
Substance Abuse
Sliding Scale

Forge My Path

Bridget K. Caletka, LPC,
MEd, CAGS, NCC, CCMHC
10210 Grogans Mill Rd., Suite
193
The Woodlands, TX 77380
607.237.3938
bridget@forgemypath.com
Adolescent, Adult
Anger Management, Anxiety,
ADHD, Bipolar, Cutting,
Depression, Divorce, DMDD,
EMDR, Grief/Loss, OCD,
ODD, Parenting, PTSD,
School Refusal, Substance
Abuse, Suicide Ideation,
Trauma, Chronic/serious
illness,
Christian/Catholic/Faith
Based
Cash only

Roy Garcia, MDiv, MA, LPC
Yolanda Garcia PC
20614 Misty Crossing Lane
Spring, TX 77379
713-412-5019
Roygarcia43@comcast.net
Adult/Family/Bilingual
Anger Management, Anxiety,
Cutting, Depression, Divorce,
Parenting, Sexual Abuse,
Porn Addiction
Cash and some insurances

Yolanda Garcia PC
Yolanda Garcia, LPC
26133 Oak Ridge Dr., Suite C
The Woodlands, TX 77380
713-412-7071
Ygarcia431@gmail.com
Child/Adolescent/Adult/Family
Gender Identity, Suicide
Ideation, Anger Management,
Bipolar, Grief/Loss, PTSD,

Anxiety, Blended Family,
Faith-based, ADHD, Cutting,
Depression, Parenting,
Substance Abuse, Faith-
based
Cash Only

Genette Stanton Therapy,
LLC
Genette Stanton, LPC, NCC
2219 Sawdust, Suite 1801
The Woodlands, TX 77380
713-819-8663
www.stantontherapy.com
genette.stantontherapy@gmail.com
Adolescent, Adult, Family
Anger, Anxiety, ADHD,
Blended Family, Depression,
Divorce, PTSD, Trauma
Insurance

Beatriz Gonzales
Life and Family Coach
Bilingual
409-333-0567
Beatrizharrison.lifecoach@gmail.com

Grace & Guidance, PLLC
Lona Snell, MED, EMDR,
LPC, CCTP, CART, BC-TMH
2219 Sawdust Rd, Building
12, Suite 1201
The Woodlands, TX 77380
832-998-6345
ADHD Testing, Child,
Adolescent, Adult & Family
ADHD, Adolescent issues,
Adoption, Anger issues,
Anxiety, Asperger, Autism, Bi-
polar, Coping Skills,
Depression, Divorce/Blended
Families, DMDD, Grief, Self-

*CISD School Counselor

CONROE ISD REFERRAL SOURCES

Private Practice Counseling –Mental Health Services Career Counseling/Cognitive Skills Training

defeating & Self-harm
thoughts, Solution Focused,
Trauma Certified
Cash or Credit Card
www.elevateyourlifecounselin
g.com
Isnell@counselingmail.com

Grace Psychological Services, PLLC

Dr. Gracie Reyes-McDonald,
PhD., LSSP
Dr. Charles Hallmark, PhD.,
LSSP
Dr. Anita Payan, PhD., LSSP
Dr. Evelyn Perez, PhD., LSSP
Jennifer Langley, LPA, LSSP
Sal Carbonaro, LCDC
Brittney Allen, PhD, LSSP
Jennifer Stillman, LSSP
26010 Oak Ridge Drive, Suite
107
The Woodlands, TX 77380
281-815-0899
Child/Adolescent/Adult/Family
Bilingual (Ages 2-26)
Dyslexia, Autism, ADHD,
Anxiety, Anger Management,
Depression, Bi-Polar, DMDD,
Mood Disorders, OCD, ODD,
Learning Disability,
Grief/Loss, Parenting,
Trauma, Girl Power -(Middle
school & Teens)
Psychological Evaluations,
Cash/Check/Credit
Card/Insurance (Aetna and
BCBH PPO)
www.gracepsychological.com
graciela@gracepsychological.com

Matt Hines Counseling PLLC Matt Hines, LPC

2219 Sawdust Road, Suite
105
The Woodlands, TX 77380
936-697-1633
Thewoodlandscounseling.co
m
[matt@compasstreecounselin
g.com](mailto:matt@compasstreecounselin
g.com)

Adolescent & Adult
Anxiety, ADHD, Autism,
Depression, Gender Identity,
OCD, PTSD, Trauma
BCBSTX, Aetna, United
Healthcare

Richard H. Hodgins, MA, LPC

2203 Timberloch
Place Suite 125
Spring, TX 77380
281-703-0190
Adult, Adolescent, Family
Anger, Bipolar, Divorce, Grief,
PTSD, Suicide Ideation
Insurance/Sliding Scale
RHodgin106@aol.com

Janet Hoffmann

2219 Sawdust Rd., Suite
1101
The Woodlands, Texas 77380
651-815-2124
Adolescent, Bilingual
(Spanish), Adult, Family
Anger Management, Anxiety,
ADHD, Autism, Cutting,
Depression, EMDR,
Grief/Loss, Parenting, PSD,
School Refusal, Sexual
Abuse, Substance Abuse,
Trauma
BlueCross, Aetna, Cash

Houston Area Support Services, LLC

Brandon King, LPC
25511 Budde Road, Bldg
2802
The Woodlands, TX 77380
281-330-6090
bking@counselingmail.com
Adolescent, Adult, Family
Adoption, Anger
Management, Anxiety,
Blended Family, Cutting,
Depression, Divorce,
Grief/Loss, Parenting, PTSD,
School Refusal, Substance
Abuse, Trauma
Medicare, Cigna, United
Sliding Scale

Houston Behavioral Healthcare Hospital

2801 Gessner Road
Houston, TX 77080
832-834-7710 or 877-489-
4707
Houstonbehavioralhealth.com
[Laura.morais@houstonbehavi
oral.com](mailto:Laura.morais@houstonbehavi
oral.com)
Inpatient/Outpatient facility
Kids 5-12, Adolescents,
Adults, Geriatrics.
Insurance

Insight Behavioral Health

17350 St. Luke's Way, Suite
220
The Woodlands, TX 77380
281-407-1760
www.insightbhc.com
[Jamie.freels@eatingrecovery.
com](mailto:Jamie.freels@eatingrecovery.
com)
Adolescent Mood, Anxiety
and Trauma. Partial
hospitalization and Intensive
outpatient
12-18 years of age

*CISD School Counselor

CONROE ISD REFERRAL SOURCES

Private Practice Counseling –Mental Health Services Career Counseling/Cognitive Skills Training

Most Major Insurance, Tricare
and Cash

Intracare North Hospital

Susan Cohen
1120 Cypress Station Drive
Houston, TX 77090
281-893-7200
Medicare/Medicaid, Insurance

Ivy Organics & Holistic Wellness, PLLC

Stephanie Powers, LCDC
512-222-3763
Ivyholisticwellness.com
Adult, Substance Abuse
Cash

Joyful Hearts Play Therapy & Counseling

Amy Drury, M.A., LPC-I, NCC
2219 Sawdust Rd., suite 1003
The Woodlands, TX 77380
281-719-0341
amydrury@swbell.net

The Joy Effect @ CompassTree Counseling

Carolyn Robistow, M.Ed.,
CSC, LPC
2219 Sawdust Rd., Ste. 105
The Woodlands, TX 77380
832-241-8003
www.joyeffectcounseling.com
carolyn@joyeffectcounseling.com
Adolescent & Adult
Brainspotting Anxiety, OCD,
Perfectionism
Cash only

Kate Funk Counseling

Kate Funk – LMFT

25511 Budde Rd. Office F,
suite 3601
The Woodlands, TX 77380
609-602-5667
kate@katefunkmft.com
Eating Disorder, Addiction
Sliding Scale

KB Counseling PLLC

Kristen Brennan
2508 W. Davis, Ste 105
Conroe, Texas 77304
430-558-0916
kbrennancounselor@gmail.com

Child, adolescent, adult
Anger Management, Anxiety,
ADHD, Cutting, Depression,
Grief, OCD, Parenting,
Telehealth
Cash, insurance and Sliding
Scale

Kemah Palms Recovery

Lew Mickley, LLDC
1013 Delesandri Lane
Kemah, TX 77565
832-496-6813
Lew.mickley@kemahpalms.com
Adults – Outpatient, Inpatient
(under 30 days & residential
over 30 days)
Anxiety, Depression, EMDR,
Substance
Abuse, Trauma

Kingwood Oaks - ADULT WOMEN ONLY (18+)

Kendall Webb, Public
Relations
4107 Acorn Lane
Porter, TX 77369
281.747.9330

Chemical dependency
Medical evaluations,
Outpatient
Counseling, In-Patient
Counseling and Residential
Facility
www.kingwoodoaks.com
Sliding Scale and Insurance

Kingwood Pines Hospital

2001 Ladbrook Drive
Kingwood, TX 77339
281-358-1495
Medicare/Medicaid, Insurance

Amy Rising-Langdon, LPC

EMDR, RPT
1075 Kingwood Drive, Suite
202
Kingwood, TX 77339
832-797-5515
Child/Adolescent/Adult/Family
Trauma, Autism, Play
Therapy, Telehealth
Sliding scale (call for details)
www.risingcounseling.com

Christina Kranz, MA, LPC, LMFT

25511 Budde Rd., Suite 3501
Spring, TX 77380
936-537-4797
Family therapy, parenting,
divorce/blended families,
anxiety, adolescents, young
adults, women, marriage.
christinamkranz@gmail.com
Cash only

LaRoe Therapy Services, PLLC

Adrienne LaRoe, LMFT

*CISD School Counselor

CONROE ISD REFERRAL SOURCES

Private Practice Counseling –Mental Health Services Career Counseling/Cognitive Skills Training

2203 Timberloch Place, Suite
100, The Woodlands TX
77380
346-367-5117
laroetherapyservicepllc.com
12 and Up
Anger Management, Anxiety,
Bipolar, Blended Family,
Depression, Divorce, Grief,
OCD, Parenting, PTSD,
Trauma
Sliding scale, cash

Lake Conroe Counseling Center

Amy R. Dean, M.A., LMFT
Dr. Lindsey Mitchell, PhD,
LPC
Angel De La Rosa, MA, LPC
Lisa Vanderpool, MS., LPC –
I
123 Blue Heron Dr, Suite 104
Montgomery, TX 77316
936-449-8053
adean@lakeconroecounseling.com
lmitchell@lakeconroecounseling.com
adelarosa@lakeconroecounseling.com
lvanderpool@lakeconroecounseling.com
www.lakeconroecounseling.com
Child, Adolescent, Adult,
Family
Grief, Behavioral Issues,
LGBTQ, Third Culture Kids,
Repatriation, Trauma, Play
Therapy, PTSD, Sports
performance, veterans' issues
Cash/Insurance

Lakeview Health Addiction Treatment and Recovery – The Woodlands

Taylor Livoti
281-549-8195
281-923-0264
Substance Abuse
www.lakeviewhealthwoodlands.com

Learning Rx

1719 11th Street, Suite 103
Huntsville, TX 11340
936-295-4579
10857 Kuykendahl
The Woodlands, TX 77382
832.482.3082
9720 Cypresswood, Suite 140
Houston, TX 77370
832-698-2450
COGNITIVE TRAINING for
Improved Learning
Child/Adolescent/Adult
DHD, ADD, Dyslexia,
Reading or Math struggles,
TBI
Cash/Credit Card
lbranch@learningrx.net

Leger Counseling

Jessica Leger, LCSW, RPT
26411 Oakridge Drive,
Spring, TX 77380
832-773-4638
www.legercounseling.com
Jessica@legercounseling.com
Child, Adolescent
Anxiety, Blended family,
Depression, Divorce, Grief,
Parenting, Play Therapy,
PTSD, School Refusal,
Trauma
Insurance

Lone Star Family Health Center

Camille Guillame, LPC
Jorge Cea, LPC
605 S. Conroe Medical Dr.
Conroe, Texas 77304
www.Lonestarfamily.org
936-539-4004

Megan A. Mooney, PhD.

Licensed Psychologist
14550 Torrey Chase Blvd.,
Ste. 630
Houston, Texas 77014
281-444-4494
meganmooney@sbcglobal.net
Child, Adolescent, Family
Psychological Testing
Specialties: Adoption, Anger
Management, Anxiety, ADHD,
Blended Family, Cutting,
Depression, Gender Identity,
Grief/Loss, ODD, Parenting,
PTSD, School Refusal,
Sexual Abuse, Suicidal
Ideation, Trauma
Cash Only

Memorial Hermann Prevention and Recovery Center (PaRC)

Amber Johnson-Cell (936)-
697-3325
1733 Woodstead Court #102
The Woodlands, TX 77380
or
3043 Gessner Rd
Houston TX 77080
Admissions/inquiries 713-939-
7272
www.parc.memorialhermann.org

*CISD School Counselor

CONROE ISD REFERRAL SOURCES

Private Practice Counseling –Mental Health Services Career Counseling/Cognitive Skills Training

Services Offered:

Free Assessments for
Adolescents
Drug and Alcohol
assessments and treatment;
detox, residential, partial,
outpatient and aftercare
Locations: The Woodlands,
Cypress, Katy, Clear Lake,
Pearland, Sugarland,
Baytown, Dickinson, Gessner,
Austin and San Antonio
www.parc.memorialhermann.org

Methodist Children's Home

5005 Mitchelldale #119

Houston, TX 77092

713-682-8911

Boys and girls ages 6-18

Free/Sliding Scale

Mindful Transformations Spring Counseling Center

Erica Cleveland, LPC

20008 Champion Forest Dr.

Spring, TX 77379

281-892-9986

www.mtspringcounseling.com

Child, Adolescent, Adult,
Family

Adoption, Anger

Management, Anxiety, ADHD,

Blended Family, Cutting,

Depression, Divorce, EMDR,

Grief/Loss, OCD, ODD,

Parenting, Play Therapy,

PTSD, Sexual Abuse,

Substance Abuse, Trauma

Medicaid, Sliding scale,

Insurance

Mission Wellness Centers

Dr. Shaun Lester, PhD., LPC-
S

2219 Sawdust, Ste 1303

The Woodlands, TX. 77380

936.900.5921 or

713.292.4647

Child/Adolescent/Adult/Family
Conduct

issues/depression/anxiety/dru

g abuse/gender issues/social

skills/ADHD/grandparents

parenting/Faith Based

Cash only, sliding scale

<http://missionwellnesscenters.com>

shaun.lester@missionwellnesscenters.com

Miracle Farm, Inc.

Robbie Fuller, Clinical

Director

10802 FM 2621

Brenham, TX 77833

979-836-0901

Boys ages 13-16

Sliding Scale

Equine programs/Transitional

Living Program

www.miraclefarm.org

robbiefuller@miraclefarm.org

Montgomery County Counseling Works, PLLC

Karen R. Gresham, LPC,

NCC, ASCA Stress

Management and Anxiety

Specialist, EMDR

25511 Budde Rd, Ste 3601,

Office I

The Woodlands, TX 77380

979-235-0447

www.montgomerycountycounselingworks.com

Counselingworks15@gmail.com

Anger, Anxiety, ADHD,

Blended Family, Cutting,

Depression, Divorce, EMDR,

Gender Identity, Grief, OCD,

ODD, Parenting, PTSD,

School Refusal, Suicide

Ideation, Trauma

Cash, Medicaid, Sliding Scale

Montgomery County Women's Center

Arthenia Peavy, LCSW

Counseling Manager

1600 Lake Front Circle, suite

100

The Woodlands, TX 77380

936-441-4044 ext 37

Child/Adolescent/Adult/Bilingu
al

Divorce, PTSD, Trauma,

EMDR, Sexual Abuse (both

males and females)

Free

Move Forward with ADHD

Julie Janorschke, Certified

ADHD Coach, MS Ed.,

832-510-6330

Child/Adolescent/Adult/Family

ADD, ADHD, Executive

Function Challenges

Cash or Visa

julie@moveforwardwithADHD.com

.com

www.moveforwardwithadhd.com

om

New Clarity Counseling

Dave Waxler, MA, LPC

26314 Oak Ridge Dr.

The Woodlands, TX 77380

832-510-0488

CONROE ISD REFERRAL SOURCES

Private Practice Counseling –Mental Health Services Career Counseling/Cognitive Skills Training

Child, Adolescent, Adult & Family
ADHD, Anxiety, Grief, Depression, Suicide, Self-Harm, LGBTQ, Divorce, Trauma
Cash Only and Sliding Scale, BCBS PPO, Telehelp
www.Newclaritycounseling.com
newclaritycounseling@gmail.com

New Beginnings – Adolescent Recovery Center
1649 Linwood Loop
Opelousas, Louisiana 70570
www.newbeginningsteenhel.com
1-800-706-1870

New Day Family Counseling
Stephanie Walsh, LPC, NCC
26205 Oak Ridge Dr.
The Woodlands, TX 77380
281-301-1843
Family, Child, Parenting
Play therapy, EMDR, Trauma
Faith-based, Solution Focused
Kids 3 – 10
Cash, Medicaid, BCBS
www.ndfcounseling.com

New Dimensions Day Treatment Centers of The Woodlands
Stephanie Quintanilla
25511 Budde Road, Suite 2401
The Woodlands, TX 77380
800-685-9796

www.nddtreatment.com
Outpatient
Adolescent/Adult/Family Insurance

Elizabeth (Sisi) Nicolau
Psychologist, LMFT
46 N Lamerie Way
The Woodlands, TX 77382
936-525-8481
enicolau@iph.org.mx
Child, Adolescent, Bilingual (Spanish)
Divorce, Grief/Loss, Parenting, Play Therapy, PTSD, Trauma
Cash & Check

Janet Nicholas, LPC, LCDC, EAP
26113 Oak Ridge Dr., Suite C
The Woodlands, TX 77380
713-882-4268
janet@janetnicholas.com
www.janetnicholas.com
www.trails-less-traveled.com
Adolescent/12 and up/Adult/Family
Anger Management, Anxiety, ADHD, Bipolar, Blended Family, Cutting, Divorce, EMDR, Equine Therapy, OCD, School Refusal, Substance Abuse, Suicide Ideation, Trauma, Therapeutic Placement Consulting, Comprehensive Career Assessments, Faith-based
Cash/Insurance (Beacon Only)

On the Mend Counseling
Adam Bertoch, LCDC, LMFT
8111 Ashlane Way, Suite 102

The Woodlands, TX 77382
832-246—8806
Adolescent, Adult, Family Trauma, Addiction, Depression, Anxiety, Sex Addiction, Grief-loss Groups
www.onthemendcounseling.com
onthemendcounseling@gmail.com
Cash, FSA/HSA

Julie Parkin, MS, LMFT
26203 Oakridge Dr.
The Woodlands, TX 77380
281-221-7543
Child, Adult, Adolescent, Family
Yoga for mental health. Life transitions: Fertility, pregnancy loss, teen pregnancy, infertility, adoption, military families, grief and loss, third party reproduction, egg/sperm donor, gestational carrier (surrogate). Monthly fertility support group (free of charge).
Cash, credit cards, sliding scale
www.julieparkin.com
julie@julieparkin.com

Palmer Drug Abuse Program
Maria Fountain
840 Gessner, Suite 1400
Houston, TX. 77024
281-589-4833
Alternative peer group, support group, drug abuse
www.pdahouston.org
join@pdahouston.org
Free

*CISD School Counselor

CONROE ISD REFERRAL SOURCES

Private Practice Counseling –Mental Health Services Career Counseling/Cognitive Skills Training

Melissa Paris Counseling

Melissa S. Paris, MS. Ed,
LPC
250 Ed English Dr. Buidling 3,
Suite B
585-259-8389
Adolescent, Adult
Anger Management, Anxiety,
ADHD, Bipolar, Blended
Family, Cutting, Depression,
Divorce, Grief/Loss,
Parenting, School Refusal,
Suicide Ideation, Trauma
Sliding Scale
paris.melissa11@gmail.com
www.melissaparcounseling.com

David Parmer Counseling, LLC

David Parmer, MA, LPC
26113 Oak Ridge Drive, Suite
C,
The Woodlands 77380
281-907-1314
Adolescent, Adult, Family
Depression, Anxiety, ADD,
ODD and OCD
Insurance - Aetna, Beacon,
BCBS & United Healthcare
www.lifecangetbetter.com
parmercounseling@gmail.com

Vanessa Pate Counseling

Vanessa Pate, MA, LPC
504 Spring Hill Dr. Suite 360
The Woodlands, TX 77381
713-376-0427
www.vanessapatematpc.com
Child, Adolescent, Adult,
Family, Bilingual

Anger Management, Anxiety,
ADHD, Art Therapy,
Depression, Grief, Parenting,
Play Therapy, PTSD, Trauma

Kristi Patterson Family & Play Therapy, PLLC

Kristi Patterson, MA, LMFT-S,
LPC-S, RPT-S, ICST
26310 Oak Ridge Dr., Suite
39
Springs, Texas 77380
713-817-7896
Child, Adolescent, Adult,
Family
Anxiety, Parenting, Play
Therapy, Adjustment Issue,
Attachment Issues, Sandtray,
Play therapy.

Cash, Insurance (BCBS,
Cigna, American Behavioral &
United Healthcare)
www.kristipattersontherapy.com

Peace and Purpose Counseling, PLLC

Brittany Gilchrist, MA, LPC,
CEDS
250 Ed English Dr., Building
3, Suite B, office 3
Shenandoah, TX 77385
832-901-6416
Brittany.gilchrist@peacheandpurposecounseling.com
Adolescent/Adult/Family
Anxiety, Art Therapy,
Depression, Eating Disorder,
Faith-based
Cash

Phoenix House

Alison Broussard, Outreach

501 Garden Oaks Blvd,
Houston, TX 77018 (IOP)
400 W. Live Oak St.
Austin, TX 78704
(Residential -- Male) 2345
Reagan St.
Dallas, TX 75219
(Residential -- Male &
Female)
281.841.1224 (Alison
Broussard - Outreach)
214.999.1044 X 4958 (Chris
Gilchrist - Admissions)
Adult, Adolescent, Family
Substance Abuse and Co-
occurring
disorders Insurance
www.phoenixhouse.org

Jennifer Piede, LPC, NBCC

2219 Sawdust Rd, Suite 1801
The Woodlands, TX 77380
281-907-8355
Jenniferpiedecounseling@gmail.com
Adolescent, Adult, Anxiety,
Cutting, Depression,
Grief/Loss, OCD, Parenting,
Suicide Ideation, Trauma
Cash, BCBS & United
Healthcare
www.jenniferpiedecounselingandmedication.com

Monica Morales Polonyi, Ph.D., LPC-S, EMDR Trained

250 Ed English Drive, Bldg. 3,
Suite B
The Woodlands, TX 77385-
8020
832-998-0028
Child, Adolescent, Adult,
Family, Bilingual

CONROE ISD REFERRAL SOURCES

Private Practice Counseling –Mental Health Services Career Counseling/Cognitive Skills Training

Private Pay/Cash only
Christian Counseling,
Complex Trauma/PTSD,
Mood and Anxiety Disorders,
Life Transitions, Eating
Disorders
info@drpolonyi.com
http://www.drpolonyi.com

Prevail Counseling & Forensic Mental Health Consulting, P.C.

Stephanie J. Kosut, LPC-S,
M.A.
620 Longmire Rd.
Conroe, TX 77304
936-443-9629
info@prevailcounseling.com
ADHD Testing/Psych
Educational Testing, Child,
Adolescence and Adult
Therapy
Insurance

Psychology Houston

Dr. Rosie Lasiter
8111 Ashlane way
The Woodlands, TX 77382
713-914-9944
www.psychologyhoustonpc.com
m
drrosie@psychologyhoustonpc.com
Child, Adolescent, Adult,
Family
Anger Management, Anxiety,
ADHD, Bipolar, Blended
Family, Cutting, Depression,
DMDD, OCD, ODD,
Parenting, School Refusal,
Suicide Ideation, Tics,
Tourette's
Cash only

Red Oak Psychiatry
Associates, PA
Lawrence D. Ginsberg, MD
17115 Red Oak Drive, Suite
109
Houston, TX 77090
281-893-4111
Adolescent/Adult/Child/Family
Psychopharmacology
Cash/Insurance
Larrydg@earthlink.net

Positive Recovery Center
3500 W. Davis suite 300
Conroe, TX 77304
936-828-3908
Adult/Family
Bilingual
Substance abuse/chemical
dependency/addictions/alcoholism
Cash/Insurance

Jody Reed

Jody Reed, MA, LPC
P.O. Box 405
Dobbin, TX 77333
281-780-2425
Telehealth Only, 13 & up
ADHD, Adoption, Anger
Management, Anxiety,
Autism, Blended Family,
Depression, Grief/Loss,
Parenting & Trauma.
BCBS / Cash Only
support@jodyreedlpc.com
www.jodyreedlpc.com

Refuge Trauma & Counseling Center

Shannon Brown, LPC, LCDC
Paula Curry
3513 No. Frazier St.
Conroe, TX 77303

936.648.5379
Trauma, crisis, managing
ADHD, parent-child
relationships
Sliding Scale/Cash/Insurance
www.refugetraumacenter.com
shannon@refugetraumacenter.com
Paula@refugetraumacenter.com

Restoration Counseling

Alyssa Meyers, MA, LPC,
NCC (EMDR trained)
250 Ed. English Drive,
Building 3, Suite B5
Shenandoah, TX 77385
936.203.1772
alyssa@restorationcounsel.com
m
www.restorationcounsel.com
Depression, Anxiety, Trauma.
PTSD
Cash only

SHR Counseling Services, LLC

Sandy Robinson, LPC, NCC
1790 Hughes Landing, Suite
400
The Woodlands, TX 77380
832-752-4140
Shrcounseling.robinson@gmail.com
il.com
Adolescent/Adult/Family
Anxiety, Depression,
Behavioral issues, DMDD,
ODD, OCD, Parenting, Grief,
Family Issues, Teacher
Support.
www.sandyrobinsoncounseling.com

CONROE ISD REFERRAL SOURCES

Private Practice Counseling –Mental Health Services Career Counseling/Cognitive Skills Training

The Semicolon Group
Whitcomb Terpening, MSW,
LCSW
2203 Timberloch Pl
Spring, TX
281-475-6760
Thesemicolongroup.com
Adolescent, Adult, Family
Grief/Loss, Suicide Ideation

Serenity House Detox
Kimm Krafft
9714 S. Gessner Rd
Houston, TX 77071
1-888-960-7798
kkrafft@serenityhousedetox.com
18 and up
Anxiety, Art Therapy, Blended
Family,
Depression, OCD, PTSD,
Substance Abuse,
Trauma
Cash, Insurance

Serenity Light Recovery
1820 County Road 36
Angleton, TX 77515 337-349-
0224
www.serenitylightrecovery.com
Adult/Family/Bilingual
Cash, Sliding Scale,
Insurance and 2 scholarships

Serenity Place Family
Therapy
Jaime Guajardo, LCSW,
CART
Most insurances
2219 Sawdust rd, Suite 1101
The Woodlands, TX 77380
832-264-1928

Jaime.guajardo85@gmail.com

Shawn M. Keith, MS, LPC
26411 Oak Ridge Dr.
Spring, TX 77380
281-352-9398
Shawnkeithcounseling.com
shawn@shawnkeithcounseling.com

Adolescents, Adult, Family
Divorce, Grief, Substance
Abuse, Trauma, Self-esteem
& life transitions
Insurance

Shekinah Ranch of Texas
Melanie Irby
11173 Crockett Martin Rd.
Conroe, TX 77306
713-875-6009
MENTORING using animal
interaction/riding to provide a
bridge to reaching emotional
issues
\$20 or donations of feed or
hay
Child, Adolescent, Adult,
Family
www.shekinahranctx.com
hello@shekinahranctx.com
mjirby0612@gmail.com

SHSU Jack Staggs
Counseling Clinic
Rich Bruhn, EdD
3380 College Park
Drive OR
1932 Bobby K. Marks Dr.
The Woodlands, TX
77384 Huntsville,
TX 77341
936.496.5012
936.294.1121

Child/Adolescent/Adult/Family
– FREE

Spring Grove Counseling
Sarah Dunn, MA, LPC
Heidi C. Grover, LPC
Alicia Horn, MA, LPC
Carolina Luna, LCSW-S
Sarah Whitmire, LPC, Art
Therapy
James Mena, LPC
Eugene Harvie, LCSW
Amanda Buswell, LMFT
Melissa Abbot
Jennifer Morgan
Lauren Cloward
Kristy Cheney
8104 Spring Cypress Rd.
Spring, TX 77379
281.205.8786
Therapists@springgrovecounseling.net
www.springgrovecounseling.net
Child, Adolescent, Adult,
Family, Bilingual Play therapy,
substance abuse,
trauma/abuse/neglect; infant
mental health; Adolescents
w/illegal sexual behavior,
Trauma, Anger Management,
Anxiety, Bipolar, Cutting,
Depression, Grief/loss, OCD,
Parenting, Suicide Ideation,
PTSD, Sexual Abuse,
Trauma, Expressive Art
Flexible hours
Sliding scale, cash, accepts
most insurance

Starlight Recovery Center
Krystle Allison
230 Mesa Verde Dr.,
Center Point, TX 78010

CONROE ISD REFERRAL SOURCES

Private Practice Counseling –Mental Health Services Career Counseling/Cognitive Skills Training

800-292-0148
832-993-1762
Krystle.allison@starliterecovery.com
18 years and older
Substance Abuse, Chemical Dependency
(including alcohol)
Insurance/Cash

Summit Counseling PLLC
Mark Crowe, MEd, LPC
295 Sawdust Road
The Woodlands, TX 77380
440.212.3643
www.seethesummit.com
markcrowe@seethesummit.com
Adult, Adolescent, Family
Depression, Anxiety, Divorce,
Grief and Loss, Adolescent
Issues, Faith-based
Cash only

Symetria Recovery
Monica Garcia-Guinessey
635 Rayford Rd.
Springs, Texas
832-823-2640
www.symetriarecovery.com
mgarcia@symetriarecovery.com
Adult
Substance Abuse
Cash or Insurance

Teen & Family Services
George Youngblood, LCDC,
ADCIII, CCS
1733 Woodstead Ct. Ste 102
The Woodlands, TX 77380
93376 Katy Fwy.
Houston, TX 77024
713-464-3950

Substance
Abuse/Adolescent/Family
Sliding Scale

Cindy Thornby, MA, LPC
25511 Budde Rd., #2802
The Woodlands, TX 77380
281.755.3561
cindy@creativelifecounseling.com
Child, Adolescent, Adult,
Family
Mental/emotional disorders
and behavioral problems
individual and family therapy.
Cash, Sliding Scale, BCBS,
Aetna, Cigna, EAP's and
several of the Medicaid

Laura Thorsten, M.Ed. LPC
25511 Budde Rd, Suite 3501
Spring, TX 77380
832-563-4279
laurathorstenlpc@yahoo.com
www.laurathorstenlpc.com
Adolescent/Adult/Family/Couples
EMDR trained, CBT Certified.
anxiety and anxiety disorders;
mood disorders, including
major depression and bipolar
disorder; thought disorders,
including schizophrenia and
schizoaffective disorder;
PTSD and other trauma-
related disorders; stress
management; grief work;
relationship conflicts; anger
management; assertiveness
training; low self-esteem;
substance use and abuse;
couples counseling.
Insurance, Cash

TriCounty Behavioral
Healthcare
233 Sgt. Ed Holcomb Blvd.
936-521-6100
www.tcbhc.org
Child, Adolescent, Adult,
Family, Bilingual
Anger, Anxiety, ADHD,
Autism, Bipolar, Cutting,
Depression, DMDD, ODD,
Parenting, PTSD, Substance
Abuse, Suicide Ideation,
Trauma
Medicaid and Sliding Scale

True North, The Woodlands
Cheryl Butler, LPC
Molly Cunningham, LPC
Dana Spinler, LPC
Heidi Espegren, LPC – I
Bibi Ladipo-Ajayi (Grad Level
student)
2219 Sawdust Rd, Suite 103
The Woodlands, TX 77380
936-213-3130
Child, Adolescent, Adult,
Family
Adoption, Anger
Management, Anxiety, ADHD,
Bipolar, Blended Family,
Depression, Divorce, Eating
Disorder, Grief/Loss, OCD,
Parenting, PTSD, School
Refusal and Trauma
Cash

Kate Turner, LPC
Independent Facilitator for
Love & Logic Curricula
Family Navigator at Mosaics
of Mercy
346-703-0051

CONROE ISD REFERRAL SOURCES

Private Practice Counseling –Mental Health Services Career Counseling/Cognitive Skills Training

Unbridled Possibilities LLC at
Forever Faithful Ranch-
Equine Assisted
Psychotherapy
Teri Matter, BA
Marla Neely, LPC
Kahra Dunkerson, Equine
Specialist
13955 Lake Mount Pleasant
Montgomery, TX 77356
936.520.2956
Child, Adolescent, Adult,
Family
Adoption, Anger
Management, Anxiety, ADHD,
Autism, Blended Family,
Cutting, Divorce, Eating
Disorder, Equine Therapy,
Gender Identity, Grief/Loss,
OCD, ODD, Parenting, PTSD,
School Refusal
www.unbridledpossibilitiesllc.com
www.foreverfaithfulranch.com
info@theupteam.net
Cash, check, Credit Card

WestBridge Recovery Center
Dr. Anthony West
4107 Acorn Lane
Porter, Texas 77365 713-538-
0196
tonyw@westbridgerecovery.com
Sober recovery 17 and up,
outpatient counseling (all
ages), medical evaluations
and treatment, in-patient and
residential treatment.
Cash, Sliding Scale

West Texas Boys Ranch
Debra Elder, Treatment
Director

10223 Boys Ranch Road
San Angelo, TX 76904
325-949-1936/ 1-800-756-
9827
Long term residential for Boys
ages 6-17
Sliding Scale
www.wtbrjw@wtbr.org

Woodland Spring Behavioral
Health
15860 Old Conroe Rd
Conroe, Texas 77384
936-270-7520
www.woodlandsspringshealth.com
Adolescent & Adults
Insurance/Medicaid

The Woodlands Behavioral
Health & Wellness Center
Sarah Holub
2700 Research Forest Dr.,
Suite 130
The Woodlands, TX 77381
281-528-4226
CS@addwoodlands.com
Child, Adult, Adolescent,
Family
www.addwoodlands.com
Adoption, Anger, ADHD,
Anxiety, Art Therapy, Autism,
Bipolar, Blended Family,
Cutting, Depression, Divorce,
DMDD, Eating Disorder,
Gender Identity, Grief, OCD,
ODD, Parenting, PTSD,
School Refusal, Sexual
Abuse, Substance Abuse,
Suicide Ideation, Trauma
Cash only

The Woodlands Center for
Families, PLLC

Dana Hahn, MS, LPC-S,
LMFT-S
2203 Timberloch Pl., Suite
100
The Woodlands, TX 77380
832-702-7590
www.thewoodlandscenterforfamilies.com
Adolescent, Adult, Family
Dialectical Behavioral
Therapy, Gottman Couples
Therapy, Adult & Adolescent
Skills Classes (12 and up)
Cash, Insurance (Beacon
Health Options & ComPsych)

Woodlands Counseling
Association, LLC
Sarah Whitmire, PhD, LPC-S,
LMFT, RPT
9595 Six Pines Dr. ste. 8210
The Woodlands, TX 77380
832-515-0494
Child, Adolescent, Adult,
Family, Bilingual
Couples therapy, play therapy
Cash Only, Insurance
sarah@wca-tx.com

Woodlands Family Institute
Josh Parham, MA, LPC-S
Melissa Engel, LPC, NCC
Stephen Parham, PhD
Joanne Parham, PhD
Lesley Compton, PhD, NCSP
Robyn Fairchild, MSW,
LCSW, LPC, LMFT
Theora Noble, MA, LPC,
LCSW
Joshua Brown, MA, LPC,
RPT
Tessa Stuckey, LPC, NCC
Susan Bajza, MA, PhD

*CISD School Counselor

CONROE ISD REFERRAL SOURCES

Private Practice Counseling –Mental Health Services Career Counseling/Cognitive Skills Training

Geo-Anna Q. Hirshenbaum,
PhD.

Leah Pudester, PhD

Nicole Suarez-Bronfman,
MSW, LCSW

Ali Lichty, LPC

Kristen Tripp, LPC-I

1610 Woodstead Ct. #420

The Woodlands, TX 77380

281-363-4220

Child, Adolescent, Adult,
Family

Trauma, Grief and Loss, Teen

Pregnancy, General

Counseling-related issues.

Alcohol/drugs, eating

disorders, anxiety, autism,

bipolar, DMDD, ODD, PTSD,

depression, suicide, serious

mental illness /family

issues/blended

families/anxiety/women's

issues/psychotic disorders,

Psychological evaluations,

bilingual

teddy.noble@woodlandsfamilyinstitute.com

melissa@wfipc.com

josh@woodlandsfamilyinstitute.com

veroniquetx@yahoo.com

dr.geo@geotherapy.info

www.woodlandsfamilyinstitute.com

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Cash/Sliding scale (call to set
up scale)

The Woodlands Recovery & Wellness

Kelsie Brenner, LCSW

26113 Oak Ridge Dr., Unit A

The Woodlands, TX 77380

kelsie@thewoodlandsrecovery.com

713-897-9989

Adolescent, Adult, Family

Intensive Outpatient

Programs for adolescents.

Individual therapy for anxiety,
depression and trauma.

Registered Dietitian on staff

Insurance and sliding scale

Yes to Youth, Montgomery

County Youth Services

105 W. Lewis St.

Conroe, Texas 77301

281-292-6471

Bridgeway Youth Shelter

4501 N. Frazier

Conroe, TX 77303

936-890-1132

Child/Adolescent

Temporary Residential

Placement/CPS placement

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