



School Health Advisory Council

October 3, 2018

My to-do list for today:

- Count my blessings
- Practice kindness
- Let go of what I can't control
- Listen to my heart
- Be productive yet calm
- Just breathe



Next Meeting Date is February 6, 2019

Agenda Welcome & Introductions

Safety Additions to Our Schools

Mr. Gregg Colschen,

Assistant Superintendent of Secondary Schools

CATCH My Breath

Dr. Sharon

Sterchy,

Coordinator of Health & PE