

Q: What is step therapy?

A: Step therapy requires a “step” approach to receive coverage for certain high-cost medicines under your benefit plan. This means that you may need to use a safe, lower-cost preferred drug before your benefit plan may cover another less preferred medicine included in the step therapy program.

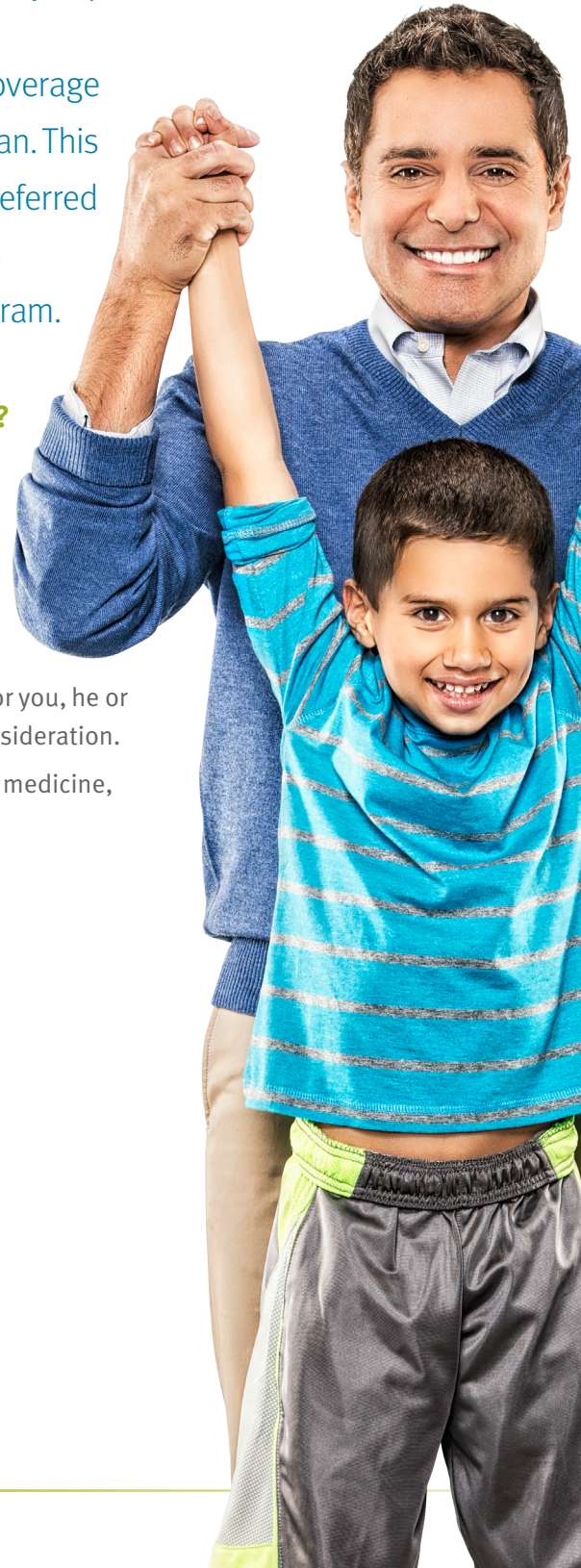
How do you know if your medicine requires step therapy?

When your doctor sends a prescription to the pharmacy, the pharmacist will be alerted and will let you know the steps you need to follow.

If your medicine does require step therapy:

- Contact your doctor and discuss your path forward.
- If you and your doctor feel that the original medicine is best for you, he or she can submit a prior authorization request for coverage consideration.
- If you have any questions regarding step therapy or a specific medicine, call the number listed on the back of your member ID card.
- Go to **MyPrime.com** for more information.

As always, cost is only one factor in choosing a medicine. Treatment decisions are between you and your doctor. Coverage is based on the limitations and exclusions noted in your benefit plan. See your plan materials for details.



Talk to your doctor or pharmacist to see if your medicine requires step therapy.

