



CONROE
INDEPENDENT
SCHOOL DISTRICT

School Health Advisory Council

Committee Minutes

Wednesday, October 2, 2019

- The meeting was called to order at 12:01 p.m. by Dr. Sharon Sterchy.
- Gregg Colschen, Assistant Superintendent of Secondary Schools, called for introductions of participants.
- Dr. Sharon Sterchy, Coordinator of Physical Education, was thanked for her years of service to the School Health Advisory Committee. The committee wished her well on her upcoming retirement at the end of the semester.
- Shellie Winkler, Director of Elementary Education, provided an overview of the SHAC purpose, roles and responsibilities. Voting members were identified.
- The committee was asked to elect a co-chair. Lindsay Lionudakis, parent, was elected by unanimous vote (19-0) to co-chair the 2019-2020 SHAC.
- Gregg Colschen shared a tobacco survey sponsored by Texas A&M. The District was asked to distribute this survey to 6th graders and high school students in order to capture their views regarding tobacco use.
 - The committee was concerned about the language and length of the survey for 6th graders.
 - The committee voted 19-0 to not give the tobacco survey to sixth graders. The committee voted 19-0 in favor of offering it high school students. Parents must ultimately give permission for the student to participate in the survey.
- Sharon Sterchy presented information on opioids and reviewed the required law associated with opioids through SB 435: *appropriate grade level and curriculum for instruction regarding opioid addition and abuse methods of administering an opioid antagonist, as defined by 483.101, Health and Safety Code.*
 - Online curriculum from Everfi was presented to the committee. Committee members were given a login to further investigate this curriculum and asked to bring back feedback to the next meeting.
 - Rod Chaves asked for an electronic reminder before the next meeting to review curriculum
 - Eric Rex Youth Substance Abuse Manager from Tri-County presented an overview on what opioid drugs are, how they are made, effects of these drugs, how students typically gain access to these substances and potential antagonist for an overdose
- The meeting was adjourned at 1:35 p.m.