



**CONROE**  
INDEPENDENT  
SCHOOL DISTRICT

**School Health Advisory Council**

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## Draft Meeting Minutes

Welcome and Call to Order      9:00 a.m.      Dr. Winkler and Mr. Haymark

### Review and Approval of Minutes from October 27<sup>th</sup> Meeting

Ms. Price

- Approved by Candace Franklin
- Voted in Favor - 13

### PE/Health Remote Learning Update: Presented by Mr. Haymark

- Volunteers Recommended Updates
  - Coaches and teachers
  - CISD coaches have updated Canvas courses
  - High school and elementary PE curriculum completed
  - Intermediate and JH completed curriculum for the 3<sup>rd</sup> grading period, curriculum writing for 4<sup>th</sup> grading period is in progress
- Technology Teams
  - Curriculum streamlined through SSO site
  - Activities written to address the needs of at-home learners

### Revision of Health and P.E. TEKS: Presented by Ms. Price

- **Proclamation 2022: Health and Physical Education**
  - Volunteers Needed
    - Available June and July 2021, proficient in Microsoft Excel, and able to read on computer screen for extended period
  - Committee Preference
    - Choose *Proclamation 2022 Instructional Materials Review (Summer 2021)*
  - Website: [tea.texas.gov/academics/instructional-materials](http://tea.texas.gov/academics/instructional-materials)
- **New Resource on the Publisher Portal**
  - Updated with the *Publisher Handbook and Checklist for Proclamation 2022*

## **FitnessGram: PowerPoint Presentation by Mr. Haymark**

- **Reporting**

- Last year, CISD was not asked to report findings to the state
- May be required this year / awaiting TEA guidance
- Required CISD Testing: Trunk Lift, Shoulder Stretch, Curl-Up, Push-Up, PACER (Progressive Aerobic Cardiovascular Endurance Run) Test

## **Understand the Control of the Digital World Through the Eyes of Our Children: PowerPoint Presentation by Mrs. Kelly Locke**

- **Topics**

- Electronic Screen Syndrome
- Technology and Child Development
- Commonsensemedia.org: Value Systems for Parents
- Teen Social Media Statistics 2020 (What Parents Need to Know)
- Dopamine, Cortisol, and Adrenaline

## **Meeting Adjourned**

- **Motioned by Mr. Haymark**

- Time: 10:00 AM

- **Future Topics:**

- Remote Learning in P.E.
- 2020-2021 Meeting Dates:  
April 27, 2021  
June 17, 2021

- **Attendance**

- Dr. Shellie Winkler
- Wade Haymark
- Dr. Chris Hines
- Gregg Colschen
- Dr. Hedith Upshaw
- Janice Lovelace
- Denise Cipolla
- Kella Price
- Ian Agmata
- Kelly Locke
- Chris McCord
- Candace Franklin
- Nicholle Winger
- Dr. Robert Horton
- Abby Stewart
- Omar Cabello
- Lauren Earnst
- Manuel Texidor
- Kennedy Powell
- Kyle Hendricks
- Ana Lanni

- Sameera Zaidi
- Joshua Martinez
- Sonja Otwell
- Deborah Kubicek
- Cindy Byer
- Shawn Creswell
- Katie Meyer
- Jessy Orlando
- Robyn Hughes
- Asia Washington
- Dr. Chris Povich
- Tonia Rolle Jones
- Michele Scaife
- Andrea Dulworth
- Rod Chavez
- Barbara Roberts
- Corey Manley
- Lisa Garrison