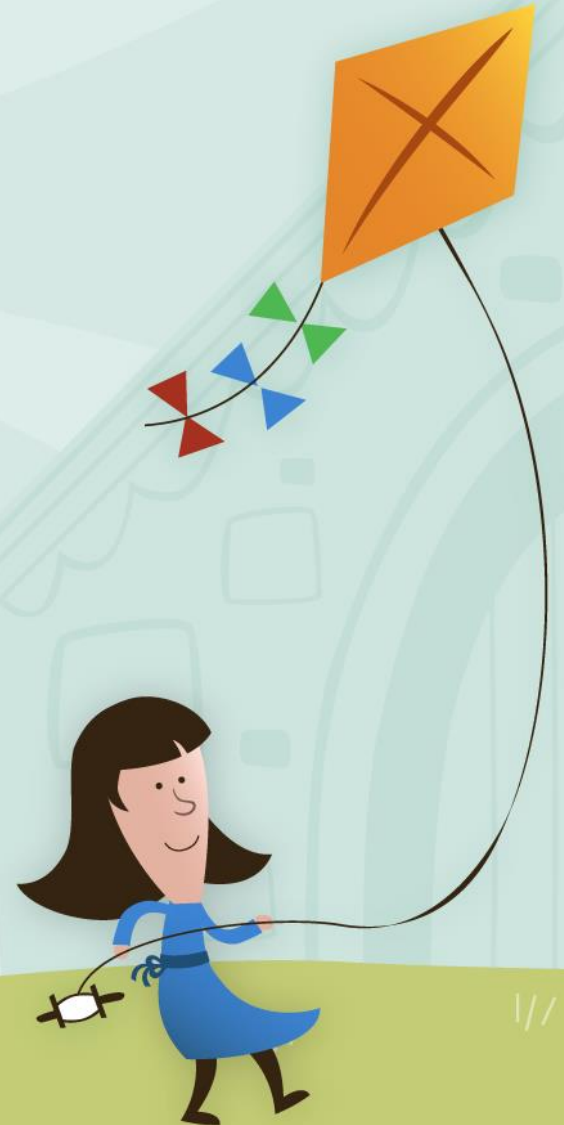


# School Health Advisory Council

Conroe ISD  
2021-2022



# What is SHAC?



# Requirements of SHAC

- SHAC must meet a minimum of four times a year.
- By Texas law, school districts are required to appoint at least five people to the local SHAC where the majority are parents and not employed by the district (*Texas Education Code, Section 28.004*). Local board policy BDF & EHAA also address SHAC.
- The committee must provide the Board of Trustees with recommendations on issues concerning the school's health education curriculum.
- SHAC will suggest modifications to previously adopted policy regarding health education and curriculum.
- An annual report outlining the council's activities over the course of the year will be provided to the Board of Trustees.
- Recent legislation requires SHAC to operate under the Open Meetings Act.



# Who else makes up the committee?

- **parents (majority)**
- **public school teachers**
- **public school administrators**
- **district students**
- **health care professionals**
- **the business community**
- **law enforcement**
- **senior citizens**
- **the clergy**
- **nonprofit health organizations**



# Why am I on SHAC?

- ✓ To represent our community in a way that reflects our community's values and beliefs.
- ✓ To serve at the district level, providing advice to the district on coordinated school health programming and its impact on student health and learning.
- ✓ To assist the district in ensuring that local community values are reflected in the district's health education instruction.



# Duties of SHAC

The local school health advisory council's duties include recommending:

- 1) The number of hours of instruction to be provided in health education
- 2) Health education curriculum appropriate for specific grade levels that may include a coordinated health education program designed to prevent obesity, cardiovascular disease, and Type II diabetes through coordination of:
  - health education
  - physical education
  - nutritional services
  - parental involvement
  - instruction to prevent the use of tobacco and opioid abuse
- 3) Appropriate grade levels and methods of instruction for human sexuality instruction



# What can I expect at meetings?

- ✓ For a chair (to be determined today) to call the meeting to order.
- ✓ A review & approval of the minutes from the previous meeting.
- ✓ Agenda Items
  - Informational or community outreach organizations may present to our committee so that we are making informed decisions.
  - Call to vote on items. Some members are voting members and others are here to provide information when needed.



# What else can I expect at meetings?

- Sub committees may be formed when the need arises.
- Future meetings may include forming a mission and a vision statement for SHAC.
- Active discussion on items brought to the committee or those topics committee members would like to see addressed that are within the scope of SHAC.
- We will be reviewing Proclamation 2022 which will address Health & P.E. instructional materials.





# 2021-2022 Meeting Dates

October 26, 2021 – via Zoom @ 3:30 p.m.

January 25, 2022 – CISD Board Room @ 3:30 p.m.

February 28, 2022 - CISD Board Room @ 3:30 p.m.

April 26, 2022 - CISD Board Room @ 3:30 p.m.

June 14, 2022 – via Zoom @ 3:30 p.m.

