



## Meeting Minutes February 5, 2020

The meeting was called to order at 12:04 p.m. on February 5, 2020 by chair Lindsey Lionudakis.

Laura Gold, Coulson Tough PE teacher, and her student teacher presented "Table Ball." This activity focuses on fine and gross motor skills as well as continuous, vigorous exercise. They explained how it correlated to the Texas Essential Knowledge and Skills. Ms. Gold also explained to committee members how they differentiated this activity at a Kinder through sixth campus.

Paul Mooneyham and Bret Butler from the Montgomery/Dallas Regional Census Center presented on the upcoming 2020 Census and how it connects to school. School funding can be effected by the results of the census. It also impacts the school district review program.

Denise Cipolla, CISD Coordinator of Guidance and Counseling, presented information on TeleMental Health, a program to provide virtual therapy sessions. Mrs. Cipolla discussed the issues that would have to be addressed before bringing this service into a school setting such as confidentiality, staff support and technological needs. Services would be provided by Baylor University. Students would have 10-12 sessions and could access appointments at school and home. This service would be an option for immediate crisis. The pilot would consist of 3 sites in CISD. A motion and a second was made with no further discussion. The SHAC 15-0 voted for the Counseling Department to explore the potential outcomes, potential challenges and logistical issues of providing these services. Mrs. Cipolla and her team will provide the committee with information at the June SHAC meeting.

Dr. Sharon Sterchy led a discussion on the opioid education required by Senate Bill 435. At the last meeting, committee members were asked to review the EverFi program for content and appropriateness of the curriculum. This vendor meets the technology vendor protocols for Conroe ISD and would be provided at no charge. The committee felt the content was appropriate. Concerns were that the course was long and students wouldn't have the opportunity to see lessons out of order. The online lessons also addressed alcohol. Student

committee members felt like the content was of importance to be educated on types of drugs and their effects. District personnel shared that students may be more engaged through an online platform and provide a consistent message. Kelly Locke, Crisis Specialist, updated the committee on additional face-to-face presentations on opioid addiction. Voting members of the committee were given a ballot to submit their vote. The committee 15-0 to implement the EverFi program.

Denise Cipolla thanked Barbara Robertson, Coordinator of Health Services, of the reminders for staff that their mental health is important. These can be found in each of the staff restrooms on the mirrors. It also contains information and contact numbers on how to see help.

The meeting was adjourned at 1:31 p.m.