

Minutes



June 14, 2022

Members in Attendance

Parents:

- Bryce Speer
- Sam Tworek
- Misty Westover
- Tonia Rolle Jones
- Sameera Zaidi
- Ana Lanni

Community/Business:

- Jill Barrera
- Michele Scaife

District Committee Members:

- Dr. Robert Horton
- Jessy Orlando
- Robyn Hughes
- Lindsey Taylor
- William Kelly
- Manuel Texidor
- Joe Daw
- Deborah Kubicek

District Administration:

- Dr. Shellie Winkler - Assistant Superintendent for Elementary Schools
- Chris McCord - Assistant Superintendent of Operations
- Rodrigo Chaves - Director of Community Outreach and Dropout Prevention
- Dayren Carlisle - Director of Curriculum, Instruction and Professional Learning

Facilitator:

- Wade Haymark – Coordinator of Physical Education and Health

Call to Order

Mr. Haymark called the meeting to order at 3:30 p.m. and thanked everyone for attending.

Approval of Minutes

The minutes of the April 26, 2022 SHAC meeting were reviewed by Misty Westover and approved as submitted.

- Motion: Joe Daw
- Second: Jill Barrera

School Health Survey 2021-2022

Mr. Haymark presented the annual School Health Survey. The purpose of the survey is to gather data to allow the TEA and other policy makers to better address the health-related needs of Texas public schools and students. Results for Conroe ISD included:

- SHAC meetings and representatives
- Physical activity requirements
- Equipment, facilities, and accommodations for Physical Education
- Policies regarding e-cigarettes, tobacco products, and requesting FitnessGram results
- Suicide prevention programs and training
- Health education, C.A.T.C.H. program, and USDA smart snack requirements
- CISD local wellness policy
- CISD school bullying policy

SHAC Vision, Mission, and Bylaws Update

Mrs. Westover provided an overview of the vision, mission, and bylaws and introduced additions to the bylaws. The additions included:

- Establishing the position of SHAC Secretary and a Membership Subcommittee
- The creation of a membership application
- Membership term of service
- Member attendance expectations
- Representation across all CISD feeder zones.

Dr. Winkler asked about references used to guide the Vision, Mission, and Bylaws Subcommittee's creation of the new bylaws. Mrs. Westover explained that the subcommittee spent time researching other SHACs throughout the state and used CISD Board Policy as the foundation for the bylaws. Mrs. Westover confirmed that the bylaws are in line with other school districts' SHAC bylaws, and that assistant superintendents and directors will continue to be non-voting members who will act as a resource of information during the meetings. Bryce Speer asked about the language of the statement regarding representation across all feeder zones. Joe Daw recommended that the word "shall" in the statement regarding parent representation be changed to "actively pursue" parent representation across all CISD feeder zones. William Kelly recommended adding wording to include an appointed representative (school administrator, teacher, etc.) in the case a parent representative from one of the CISD feeder zones is unable to be added to the SHAC. Robert Horton recommended that the appointed representative follow the same application process to maintain consistency. Members of the Vision, Mission, and Bylaws subcommittee agreed to include the recommended changes to the bylaws.

The Conroe ISD School Health Advisory Council Vision, Mission, and Bylaws were approved and adopted by unanimous vote.

- Motion: Joe Daw
- Second: Jill Barrera

Supporting Our Children's Wellbeing During the Summer Break

Lindsey Taylor, Conroe ISD Mental Health Specialist, presented information about how to encourage child wellbeing throughout the summer months. Mrs. Taylor provided information on the developmental stages of children, transition from school to summer routines, and tips to encourage child wellbeing. Emphasis was placed on establishing structure and routines during the summer months, making nutrition and physical activity a priority, and limiting screen time.

Overview of Future Meetings

The meeting dates for the 2022-2023 school year were shared. The plan is to conduct all meetings in person. The location is the Conroe ISD Board Room. The time will be 4:30 PM to better accommodate the schedules of the SHAC members. Fliers with meeting information will be posted at all CISD campuses.

Future Meeting Dates

The School Health Advisory Council will meet on the following dates for the 2022-2023 school year:

- October 11, 2022
- January 24, 2023
- April 25, 2023
- June 13, 2023

All meetings are scheduled for 4:30 PM in the Conroe ISD Board Room.

Adjournment

Mr. Haymark adjourned the meeting at 4:18 PM.