



To: Dr. Chris Hines
Deputy Superintendent of Schools
From: Wade Haymark
School Health Advisory Council Co-Chair
Date: September 1, 2022
Subject: School Health Advisory Council (SHAC)
End of Year Reporting

The broad purpose of the School Health Advisory Council (SHAC) is to ensure that the District's health education instruction reflects local community values. The SHAC is also responsible for considering issues and making recommendations related to the following eight components:

- Health Education
- Healthy and Safe School Environments
- Counseling and Mental Health Services
- Parent and Community Involvement
- Staff Wellness Promotion
- Health Services
- Physical Education
- Nutrition Services

The School Health Advisory Council is a parent and community advisory group mandated by legal and local policies. The majority of SHAC members are parents; the remaining members include district coordinated school health representatives and community members (*Texas Education Code, Title 2, Chapter 28, Section 28.004*). Council members for the 2021-2022 school year are listed below:

Cindy Byer	Parent
Andrea Dulworth	Parent
Candace Franklin	Parent
Dr. Michelle Hanes	Parent
Stacie Jahn	Parent
Dr. Lata Joshi	Parent
Ana Lanni	Parent
Lindsay Lionudakis	Parent
Corey Manley	Parent

Kimberley Manley	Parent
Sonja Otwell	Parent
Tonia Rolle Jones	Parent
Michele Scaife	Parent
Samantha Tworek	Parent
Dr. Rolly Chawla	Parent
Misty Westover	Parent
Nicholle Winger	Parent
Sameera Zaidi	Parent
Dr. Bryce Spear	Parent
Dr. Chris Povich	Principal, Grand Oaks High School
Deborah Kubicek	Physical Education Teacher
Denise Cipolla	Coordinator of Guidance and Counseling
Joe Daw	Principal, Knox Junior High School
Earlesia Shephard	Prof Specialist Attendance
Janice Lovelace	Crisis Intervention Specialist
Katie Meyer	Health Teacher
Manuel Texidor	Crisis Intervention Specialist
Dr. Robert Horton	Coordinator of Fine Arts
Jessy Orlando	Physical Education Teacher
Lauren Earnst	Health Teacher
Matt Blakelock	CISD Police Captain
William Kelly	Principal/HM, Academy for Science and Health Professions
Wade Haymark	Coordinator of Physical Education and Health
Jill Phillips-Barrera	Sr. CSR-QC Tech, Maximus-Texas Health Steps
Erika Alaman	Nutrition Education Coordinator, Montgomery County Food Bank
Kathryn Quarles	Student Representative
Marie Ashby	Student Representative
Kailyn Harrison	Student Representative

This year, SHAC conducted five meetings: October 26, 2021; January 25, 2022; February 28, 2022; April 26, 2022; and June 14, 2022. Below is a summary of the meetings for the 2021-2022 school year:

October 26, 2021

Committee Presentations

- The SHAC Council members were introduced. Members of SHAC include parents, teachers, campus administrators, central office administrators, law enforcement, behavioral specialists, and community/business members. This meets the requirements of Education Code 28.004c.
- Parent, Misty Westover, was selected by unanimous vote to serve as the co-chair along with District representative, Wade Haymark.

- Dr. Hedith Upshaw presented the timeline for the CISD Health and Physical Education instructional materials selection process as a part of Proclamation 2022. Dr. Upshaw explained the role of the SHAC in the adoption process.

No Action Items

Information Items:

- Jessy Orlando shared a presentation on implementing the CATCH Program on CISD campuses. Mrs. Orlando explained how to use the resources and how to grow interest in the program amongst students, teachers, and parents.
- Kimberley Earthman provided information on Social Emotional Learning in CISD. Mrs. Earthman shared the SEL vision statement and a timeline of the SEL curriculum process.

January 25, 2022

Committee Presentations

- Wade Haymark provided an update on the Proclamation 2022 process. Mr. Haymark's presentation included a review of the instructional materials timeline, reminders about the dates for public comment, and the location of the draft copy of the new Health and Physical Education TEKS. Mr. Haymark also provided directions on how to locate the instructional materials under review.

No Action Items

No Information Items

February 28, 2022

Committee Presentations:

- Wade Haymark provided an update on the Proclamation 2022 process and presented the District Instructional Materials Selection Committee's final review and recommendation. Mr. Haymark also reviewed House Bill 1525 and Senate Bill 9 with the SHAC committee. Mr. Haymark explained that the CISD Board of Trustees will consider the SHAC's recommendation at the next board meeting and that the IMA Committee will meet to discuss the approval of purchase. Dr. Chris Hines provided an explanation of the IMA Committee.

Action Item:

- Committee members were asked to vote for the approval of the SHAC recommendation to the CISD Board of Trustees their consideration of the Goodheart-Willcox instructional materials for Middle School Health, High School Health, and Lifetime Fitness and Wellness Skills. The motion passed, 12 in favor, 2 opposed.

No Information Items

April 26, 2022

Committee Presentations:

- Wade Haymark informed the committee that the SHAC's recommendation for the adoption of the Goodheart-Willcox instructional materials for Health and Physical Education was approved by the Board of Trustees. Mr. Haymark explained the role of the IMA Committee in purchasing the instructional materials, which includes the purchase of the CATCH program for elementary physical education and intermediate-junior high coordinated approach to student health.
- Misty Westover provided an update on subcommittee work to develop a SHAC vision statement, mission statement, and by-laws. Once completed and approved, the vision, mission, and by-laws will be posted on the SHAC webpage.

No Action Items

Information Item:

- Captain Matt Blakelock presented on the dangers of opioid use and abuse. Captain Blakelock shared state and local statistics and led a discussion on prevention.

June 14, 2022

Committee Presentations:

- Wade Haymark shared the results of the annual School Health Survey. Mr. Haymark explained that the purpose of the survey is to gather data to allow the TEA and other policy makers to better address the health-related needs of schools and students.
- Misty Westover provided an overview of the vision, mission, and by-laws and introduced additions to the by-laws. Committee members recommended further changes to the by-laws to ensure equal representation and maintain consistency. Subcommittee members agreed to amend the by-laws.

Action Item:

- Members were asked to vote for the approval of the Conroe ISD School Health Advisory Council Vision, Mission, and By-laws. The motion passed by unanimous vote.

Information Item:

- Lindsey Taylor presented information on how to encourage child well-being throughout the summer months. Emphasis was placed on establishing structure and routines, making nutrition and physical activity a priority, and limiting screen time.

Future Meetings:

- October 11, 2022
- January 24, 2023
- April 25, 2023
- June 13, 2023