



To: Dr. Chris Hines
Deputy Superintendent of Schools
From: Wade Haymark
School Health Advisory Council Co-Chair
Date: August 17, 2021
Subject: School Health Advisory Council (SHAC)
End of Year Reporting

The broad purpose of the School Health Advisory Council (SHAC) is to ensure that the District's health education instruction reflects local community values. The SHAC is also responsible for considering issues and making recommendations related to the following eight components:

- Health Education
- Healthy and Safe School Environments
- Counseling and Mental Health Services
- Parent and Community Involvement
- Staff Wellness Promotion
- Health Services
- Physical Education
- Nutrition Services

The School Health Advisory Council is a parent and community advisory group mandated by legal and local policies. The majority of SHAC members are parents; the remaining members include district coordinated school health representatives and community members (*Texas Education Code, Title 2, Chapter 28, Section 28.004*). Council members for the 2020-2021 school year are listed below.

Cindy Byer	Parent, Nutrition Specialist
Andrea Dulworth	Parent
Candace Franklin	Parent
Dr. Michelle Hanes	Parent, OB/GYN, Kelsey-Seybold Clinic
Stacie Jahn	Parent
Dr. Lata Joshi	Parent, Chief Medical Officer & Residency Program Dir., LSFHC
Ana Lanni	Parent
Lindsay Lionudakis	Parent
Corey Manley	Parent
Kimberley Manley	Parent
Sonja Otwell	Parent

Tonia Rolle Jones	Parent
Michele Scaife	Parent, Texas A&M AgriLife Extension Agent
Samantha Tworek	Parent
Pauline Veasey	Parent
Misty Westover	Parent
Nicholle Winger	Parent
Sameera Zaidi	Parent
Dr. Bryce Spear	Parent, Department of A&P Medicine, UT-MD Anderson
Barbara Robertson	Coordinator of Health Services
Chris McCord	Assistant Superintendent of Operations
Dr. Chris Povich	Principal, Grand Oaks High School
Danny Long	CISD Athletic Director
Deborah Kubicek	Physical Education Teacher
Denise Cipolla	Coordinator of Guidance and Counseling
Joe Daw	Principal, Knox Junior High School
Earlesia Shephard	Prof Specialist Attendance
Gregg Colschen	Assistant Superintendent for High Schools
Dr. Hedith Upshaw	Assistant Superintendent for Teaching and Learning
Janice Lovelace	Crisis Intervention Specialist
Katie Meyer	Health Teacher
Lisa Garrison	Director for Elementary Education
Manuel Texidor	Crisis Intervention Specialist
Dr. Robert Horton	Coordinator of Fine Arts
Robyn Hughes	Director of Child Nutrition
Rod Chaves	Director of Comm. Outreach, Dropout Prev. & Health Services
Shawn Creswell	Director of Curriculum, Instruction & Assessment
Stacy Inman	Physical Education Teacher
Jessy Orlando	Physical Education Teacher
Dr. Chris Hines	Deputy Superintendent
Dr. Shellie Winkler	Assistant Superintendent for Elementary Schools
Wade Haymark	Coordinator of Health and Physical Education
Lauren Earnst	Health Teacher
Ian Agmata	Student Representative
Omar Cabello	Student Representative
Joshua Martinez	Student Representative
Kennedy Powell	Student Representative
Abigail Stewart	Student Representative
Asia Washington	Student Representative

This year SHAC conducted five meetings: October 27, 2020; January 26, 2021; March 5, 2021; April 27, 2021; and June 17, 2021. Below is a summary of the meetings for the 2020-2021 school year:

October 27, 2020

Committee Presentations

- The SHAC Council members were introduced. Members of SHAC include parents, teachers, campus administrators, central office administrators, law enforcement, clergy and behavioral specialist and community/business members. This meets the requirements of Education Code 28.004c.
- Dr. Shellie Winkler presented the committee with information on their purpose as a District committee, as well as roles and responsibilities within the group. Parent, Dr. Michelle Hanes, was selected by unanimous vote to serve as the co-chair along with District representative, Wade Haymark.
- Wade Haymark provided an update on the SBOE's first reading and filed authorization proposal for the new K-12 Physical Education and Health TEKS. The public comment period is October 9, 2020 – November 13, 2020.

No Action Items

Information Items:

- Wade Haymark presented an overview of the current Physical Education and Health TEKS. The TEKS are divided into two categories: Knowledge and Skills. The Health TEKS are further divided into Health Behaviors, Health Information, Influencing Factors, and Personal/Interpersonal Skills. The Physical Education TEKS are further divided into Movement, Physical Activity and Health, and Social Development. Mr. Haymark also discussed the Physical Education classes currently offered to high school students.

January 26, 2021

Committee Presentations

- Wade Haymark provided an update on the Physical Education/Health remote learning curriculum development. Elementary, intermediate, junior high, and high school PE and Health teachers have neared the completion of the virtual curriculum for the first semester. Curriculum writing for the second semester will begin immediately after.
- Dr. Shukella Price updated the committee on Proclamation 2022 and provided information on how to volunteer to review the TEKS and instructional materials during June-July 2021.

No Action Items

Information Items:

- Wade Haymark presented the components of the Fitnessgram test administered to all students 3rd-12th grades. CISD was not asked to report results of the Fitnessgram to the state last year due to Covid. CISD is currently awaiting TEA guidance for Fitnessgram testing this school year.
- Kelly Locke, LPC/ Mental Health Specialist, presented Understand the Control of the Digital World Through the Eyes of Our Children. Mrs. Locke discussed the following topics:
 - Electronic Screen Syndrome

- Technology and Child Development
- Commonsensemedia.org; Value Systems for Parents
- Teen Social Media Statistics (What Parents Need to Know)
- Effects of Dopamine, Cortisol, and Adrenaline

March 5, 2021 (Special Meeting of the SHAC)

Committee Presentations:

- Barbara Robertson, Director of Health Services, provided an update and review of current Covid-19 mitigation and protocols. Topics included:
 - Face coverings and masks for employees and students
 - Social distancing
 - Employee on-line check-in
 - Covid-19 testing for employees
 - Isolation protocols
 - Rate of transmission in schools
- Dr. Chris Hines, Deputy Superintendent, led a discussion on the potential changes associated with Executive Order GA-34, lifting the mask mandate in Texas. Dr. Hines presented the following:
 - Protocols which have utilized throughout the District
 - Social-emotional needs of students
 - Equity of learning engagement
 - PPE distribution
 - Mask wearing as quarantine prevention technique
 - Enrollment impact
 - Partnership with Montgomery County health officials
 - Covid Dashboard and contact tracing
 - CISD has highest number of in-person learners in comparison to neighboring school districts

Action Item:

- CISD protocol states students in grades 3-12, as developmentally appropriate, will wear face covering in all areas including in classrooms. Pre-K through 2nd grade are asked to wear face coverings. All students Pre-K through 12th (as developmentally appropriate) will wear face covering on buses, during transitions and in school common areas. All CISD staff are required to properly wear a non-medical grade disposable face mask or cloth face mask/cloth face covering that covers the nose and mouth any time the employee is performing work related duties, inside or outside a CISD facility or at a school sponsored activity or event off school property, and the employee may come within 6 feet of another person. Committee members were asked if they would recommend the continued use of the protocols CISD has utilized this school year including the face covering protocols for students and staff. The Committee voted unanimously, 32-0, to continue the use of the protocols that CISD had in place for the remainder of the 2020-2021 school year.

April 27, 2021

Committee Presentations:

- Wade Haymark provided a brief overview of the District Wellness Plan presentation scheduled for the June meeting.

Action Item:

- Committee members were asked to vote on the planned meeting format for the 2021-2022 school year. Options included:
 - Virtual (Zoom)
 - In-person
 - Hybrid of both
- Committee majority vote for hybrid of both

Information Item:

- Yessica Colin Tablas with the *Texans Recovering Together Program* presented information on emergency preparedness. Topics included:
 - Thunderstorms
 - Hurricanes
 - Winter Storms
 - Create a Plan of Action
 - Common Reactions
 - Tips to Cope with Common Reactions

June 17, 2021

Committee Presentations:

- Dana Fisher, Health Services Specialist, provided a Health Services Update. Topics included:
 - Summer vaccination opportunities
 - *Roadmap to Reopening*
 - TEA, CDC, and Conroe ISD guidance
 - Covid testing for summer school students
- Robyn Hughes, Director of Child Nutrition, presented the District Wellness Policy Update. This triennial assessment was postponed last year due to Covid-19. Results from the 2020-2021 school year assessment included:
 - All four goals of the *Nutrition Guidelines* were *Acceptable* (Partially in Place)
 - All nine goals of the *Wellness Goals: Nutrition Promotion and Education* were *Acceptable* (Partially in Place) or *Exceptional* (Fully in Place)
 - All nine goals of the *Wellness Goals: Physical Activity* were *Acceptable* (Partially in Place) or *Exceptional* (Fully in Place)
 - All eleven goals of the *Other School Based and Community Based Activities to Promote Wellness* were *Acceptable* (Partially in Place) or *Exceptional* (Fully in Place)
- Kelly Locke, LPC/Mental Health Specialist, presented information on the Social Emotional Learning Student Outcomes. Mrs. Locke reviewed House Bill 1026, Senate Bill 11, and House Bill 18, and she presented how SEL will be implemented within the CISD Instructional Framework. Mrs. Locke reviewed the SEL “I can...” statements and the grade-level student outcomes.

Action Item:

- Members were asked to vote for the approval of the *Student Learning Outcomes Playbook Team Activity Creation Alignment to the Art and Science of Teaching Elements*. The committee voted unanimously, 19-0, to accept the *Student Learning Outcomes Playbook*.

No Information Items

Future Meetings:

- October 26, 2021
- January 25, 2022
- April 26, 2022
- June 14, 2022