

LOCAL RESOURCES

Private Practice Counseling–Mental Health Services Career Counseling/Cognitive Skills Training

This list is provided as a courtesy. Conroe Independent School District does not endorse, approve, or recommend any provider on the list. This list is not inclusive of all community agencies, services, or organizations that provide the particular service. Omission from the list is not a reflection of the quality of a service.

61:3 Counseling, a Ministry of Gateway Church

Shannon Hand, LPC
2930 Rayford Rd
Spring 77386
281-363-4500
Child, Adolescent, Adult, Family
Adoption, Anger, Anxiety, ADHD,
Bipolar, Blended Family, Cutting,
Depression, Divorce, Eating Disorder,
Gender Identity, Grief, OCD, ODD,
Parenting, PTSD, School Refusal,
Sexual Abuse, Substance
Abuse, Suicide Ideation, Trauma

A New Chapter Counseling Services

Carolina Luna, LCSW
20333 State Highway 249, Ste. 200
Houston, Texas 77070
832-947-3993
contact@newchaptercounselingservices.com
Virtual, in-person, bilingual
18 and up
Anxiety, Bipolar, Depression, OCD,
Parenting, PTSD, Suicide Ideation,
Trauma
Cash only, sliding scale

Akay-Sullivan Child and Adolescent Counseling

Sinem Akay-Sullivan, PhD, LPC-S & RPT
2219 Sawdust Rd. Suite 1101
The Woodlands, TX 77380
936.703-7753
www.counselingandplaytherapy.com
sinem.akay@live.com
Child/Adolescent/Family
Certified in Trauma-Focused Cognitive Behavioral Therapy, EMDR, Play Therapy, Sandtray & Expressive Arts
Cash/sliding scale

Alexander Jacobsen (LPC - A)

8900 Research Park Dr.
The Woodlands, TX 77381
832-299-5387
alexandergjacobsen@gmail.com
13 and up
Adoption, Anger Management, Anxiety,
Bipolar, Blended Family, Cutting,
Depression, Divorce, DMDD, Eating Disorder, Grief, OCD, Parenting, PTSD,
Sexual Abuse, Substance Abuse,
Suicide Ideation, Trauma

Jennifer Aune Counseling

Jennifer Aune, LPC
25329 Budde Rd, Suite 503
The Woodlands, Texas 77380
832-704-4320
help@jenniferaune.com

Guidance & Counseling Department

Child, Adolescent, Adult, Family
Adoption, Anger Management, Anxiety,
ADHD, Bipolar, Blended Family,
Depression, Divorce, Grief/Loss, ODD,
Parenting, Suicide Ideation, Trauma
Cash, TriCare, Value Options, BCBS,
UHC, Cigna.
Telehealth available

Susan Bajza, PhD, LPC-S, LMFT
1095 Evergreen Circle, Suite 200
The Woodlands, TX 77380
979-308-1588
susan@susanbajza.com

All ages
Anger Management, Anxiety, ADHD,
Blended Family, Depression, Divorce,
EMDR, Grief, Parenting, PTSD, Trauma,
Relationship Issues
Credit Card Only

Becoming You Counseling Trauma Services

Ashely Ward, LPC
Robyn Gould
336 ½ Main Street, Suite 210
Conroe, TX 77301
713-899-9567
www.BYCTS.org
Children 14 and up, Adolescents,
Adults, Family
Anger Management, Anxiety, Blended
Family, Depression, Divorce, EMDR,
Parenting, PTSD, Sexual
Abuse/Trauma, Suicide Ideation,
Trauma
Aetna, BCBS, UHC

Behavioral Counseling Services

Susan Good, LPC, RPT
14541 Lake Business, suite 401
Conroe, TX 77304
936-827-9544
sgood@sgoodtherapy.com
Virtual and In person

Adolescents and up
Anger Management, Anxiety, ADHD,
Blended Family, Cutting, Depression,
Divorce, Grief, OCD, ODD, Parenting,
Play Therapy, PTSD, Substance Abuse,
Suicide Ideation
Cash and Insurance

BetterSelf Counseling formerly known as Family and Youth Institute, LLC

Catherine Gentry, M.S., LPC-Associate,
LCDC, CCTP Vice President, CFO,
Counselor, Trauma, Substance Use,
Mental Health, Anxiety, Depression,
Adults, Youth/Adolescents
catherinegentry@betterself.care
info@betterself.care
281-748-0233

Cody Glover, M.Ed., LPC, LCDC,
CCTP-II Member, Counselor LGBTQIA+
affirming, Poly, Kink Adults
Mary Ann Sartori, ED.D., MA, LPC-S,
Parenting, ADHD, Mental Health,
Adults, Youth/Adolescents
Kristi Evans, LPC - Associate ADHD,
Anxiety, Depression, Grief
Mary Margaret Bollato, LPC, CSC
Anxiety, Depression, Trauma, Behavior,
Family, Parenting, CBT, CT, Relationship
Daniel Bernard, LPC Mental Health,
Divorce, Family conflict, Adults,
Couples, Youth/Adolescents
Connie Hoagland, M.Ed., LPC Mental
Health, School Issues, Adults, Couples,
Youth/Adolescents, Christian
Hannah Shaw, LPC Anxiety,
Depression, Relationship, Faith-Based,
Grief

Jonesa Cochran, Life Coach Behavior
Analyst, Certified Managing Yourself
Behavior, Analyst, Life Coach all ages,
ADHD, Consultant and Coach.
26009 Budde Rd., Suite A300
The Woodlands, TX 77380

Guidance & Counseling Department

Beyond Your Best Counseling

Pamela Ball, BA LCDC Trauma
Informed

Virtual Sessions

Trauma Informed approach specializing
in Substance Abuse

Cash, Sliding Scale

346-328-0333

Margaret Hood Black & Associates PC

Margaret H. Black, MA, LPC - S

19222 Tomball Parkway

Houston, TX 77070

713.562.7819

www.margarethoodblack.com

mblack@margarethoodblack.com

Child/Adolescent/Adult/Family

Oppositional Teenage boys;

cutters/parenting/ADHD/Marital/Infidelity
and Telehealth

Sliding Scale/Cash and Credit Card

Brand New You Counseling

Cynthia Head, LPC

945 Sgt. Ed Holcomb

Conroe, TX 77304

936-520-9124

Brandnewyoucounseling@aol.com

www.brandnewyou1.com

Adolescent, Adult, Children, Play
Therapy, EMDR, Relationship issues,
trauma, anxiety, depression.

Medicaid, insurance and self-pay, sliding
scale

Breakthrough Counseling, PLLC

Lori Van Dresar, LPC

100 Commercial Circle, Building B

Conroe, TX 77304

832-299-4802

lorivandresar@counselingmail.com

Child, Adolescent, Adult

Anxiety, Cutting, Divorce, EMDR,

Faith-based, Grief, Parenting, PTSD,

Sexual Abuse, Suicide Ideation, Trauma

Cash, Sliding Scale, Aetna, Cigna,
BCBS, United Health Care, Optum,
Oscar

Brenda Booth, LPC

226113 Oak Ridge Dr., Suite C The
Woodlands, TX 77380

281.813.2860 Child, Adolescent, Adult

Autism Spectrum, Dyslexia, ADHD,

Behavior issues, learning disabilities,

Academic underachievers Insurance,

sliding scale

atthecrosscounseling@gmail.com

Cal Farley's Boys Ranch and Girls town, USA

600 West 11th/ PO Box 1890

Amarillo, TX 79174

800-657-712

Boys age 5-17; Girls ages 11-17 Free

www.calfarley.org

Carrera Counseling Services, PLLS

Priscilla Carrera

Gabriela Westbrook

Ashley Stakes

David Christopher Estes

10210 Grogans Mill Rd, ste. 145

The Woodlands, TX 77380

13 and Up

Virtual and in-person

Anger Management, Anxiety, Blended

Family, Divorce, Depression, Grief,

OCD, Phobia, PTSD, Sexual Abuse,

Substance Abuse, Suicide Ideation,

Trauma

Cash, FSA, HSA, Insurance

Cenikor Foundation / Odyssey House

Manager, M.A., LCDCI 5629 Grapevine
St.

Houston, Texas 77085

713-726-0922

Guidance & Counseling Department

Outpatient/In-Patient Treatment
Adolescent and Adults
Substance/Alcohol
Insurance, Sliding Scale, Free

The Center for Hope and Healing

Lauren Hollis, MA, LPC, CCLS, RPT
25511 Budde Road, Suite 3501
Woodlands, Texas 77380
832-299-4830

www.thecenterforhopeandhealing.net

Lauren.holliscounseling@gmail.com

Child (3 and up), Adolescent, Adult,
Couples
Anxiety, ADHD, Autism, Blended Family,
Cutting, Depression, Divorce,
Grief/Loss, Parenting, Play Therapy,
PTSD, Sexual Abuse, Suicide Ideation,
Trauma
Cash only

Charlie Health

Hillary Wylie
108 Wild Basin Rd. S, Ste 250
Austin, TX 78746
4698835550

www.charliehealth.com

Hillary.wylie@charliehealth.com

Adolescent, Adult, Bilingual, Family
Anger, Anxiety, ADHD, Art Therapy,
Autism, Bipolar, Blended Family,
Cutting, Depression, Divorce, DMDD,
Eating Disorder, EMDR, Gender Identity,
Grief, OCD, ODD, Parenting, PTSD,
School Refusal, Sexual Abuse,
Substance Abuse, Suicide Ideation,
Trauma

Medicaid, Sliding Scale, Most
insurances

(On-Line Therapy and Groups)

Christian Life Counseling

Carlos Calderon, LPC-S
Board Certified Professional Christian
Counselor, EMDR Therapist

25602 Oakhurst Dr.
Springs, TX 77386
281-419-2323
Child/Adolescent/Adult/Family/Female
issues/Abuse & Trauma/Parenting
ADHD/Special Education
concerns/Marriage
Bilingual - Spanish
carlos.calderon@christianlifecounseling.com
www.Christianlifecounseling.com
Cash, credit, check and out of network
insurance

Clearfork Academy

7820 Hanger Cutoff rd.
Fort Worth, Texas 76135
817-382-8463
817-980-3143
Adolescents

Compassion Child and Family Counseling

Kellie Cole, M.Ed., LPC, RPT-S
11100 Egypt Lane Ste. L400
Magnolia, Texas
77354
832-928-6757
Specializing in children ages 3-18 and
parent coaching
kcole@ccfcounseling.com

Connect Psychological Services, PLLC

James G. Ryan, PsyD. BCBA-D, LSSP
Joy Ryan, MA, LPC
Courtney Crawford, MA, LPC, RPT
Luis Aguerreve, PhD, LPA
Derek G. Prins, MA, LPC
Wendy Breuckner, MA, LPC
Traci Schindewolf, MA, LPC
215511 Budde Rd, St. 3601
The Woodlands, TX 77380
832-534-3993
Child, Adolescent, Adult, Family

Guidance & Counseling Department

Psychological evaluations and treatment, Registered Play Therapist, Behavior Management Training, CBT Marital Counseling, Exposure Response Prevention (for OCD)
Private Pay
www.connectps.org

Connect 2 Counseling

Sally E. James, LPC, NCC
719 Sawdust Rd, Suite 104
The Woodlands, TX 77380
281-536-9223
Child (10 and under) Adult/Family
Play Therapy/Grief/Trauma
Insurance
sally@connect2counseling.com
www.connect2counseling.com

Connecting Minds Counseling & Play Therapy Center, PLLC

Sherri Sawyer, LPC, RPT
Abigail DeGuenther, LPC A
33300 Egypt Lane, Ste B700
Magnolia, TX 77354
713-909-4207
admin@connectingMindsTx.com
Child, Adolescent, Adult
Anger, Anxiety, ADHD, Autism,
Self-Harm, Depression, Divorce, DMDD,
EMDR, Gender Identity, Grief, ODD,
Parenting, Play Therapy, PTSD, Sexual
Abuse, Suicide Ideation, Trauma,
AutPlay Therpay, Domestic Violence,
Sandtray Therapy
Aetna, BCBS, UHC, Cash and Sliding
Scale

Connections Child and Family Center

Psychologists & Family Counselors
25511 Budde Rd, Ste. 1303
Spring, TX 77380
281-210-6677
info@connectionsfamilycenter.com
Connectionsfamilycenter.com

Child, Adolescent, Women, Family,
Couples (birth and up)
Anxiety, ADHD, Trauma, Depression,
Autism, Maternal Mental
Health/Parenting, Self-harm, Eating
Disorder, Nutritional Counseling.
Specialty Services: Play Therapy,
Comprehensive DBT, Eating Disorder
Assessments, & Psychological testing.
Languages: Spanish & English
Insurance: Aetna BCBS, United, Cigna.
Also out of network.

The Family Connection Counseling Center

Susan Kiefaber, M.A., LFMT Associate,
NCC
2001 Timberloch Suite 500
The Woodlands, TX 77380
713-527-2349
(10-up) /Adult/Adolescent/Family
Marriage and family,
parenting/grandparents parenting,
ADHD, Autism, Bipolar, depression,
anxiety, trauma, play therapy, EMDR
Cash, credit card, checks
www.familyconnectioncounseling.com
susan@familyconnectioncounseling@gmail.com

Counseling Center of Montgomery County

Rebecca Smith, MA, LPC
212 Conroe Drive.
Conroe, TX 77301
936-444-3546 or 936-760-1880
Child/Adult/Adolescent/Family
High conflict issues/anger
management/divorcing family/custody
issues/depression/anxiety/learning
disabilities
Insurance/cash Interns at a reduced
rate
www.counselingcenterMC.com

Guidance & Counseling Department

Courageous Connections Counseling & Consulting

Lisa McCormick, LPC-S, RPT, ACS,
IMH-E NCC
21325 Eva Street
Montgomery, TX 77356
936-337-3756
lmccormick@courageousconnectionscc.com

Child, Adolescent, Family
Adoption, Anxiety, ADHD, EMDR,
Parenting, Play Therapy, PTSD, Sexual
Abuse, Trauma
Cash only

Cypress Creek Hospital

17750 Cali Drive
Houston, TX 77090
281-586-7600
Adolescent/Adult/Family/Bilingual
Cash/ Insurance

Discovery Behavioral Health - PaRC

Discovery Mood & Anxiety, Center for
Discovery - Eating Disorders, Anew
ERA Psychiatry & TMS
3043 Gessner Rd
Houston, TX 77043
346-500-3989
Outpatient and Residential
Anger, Anxiety, Bipolar, Depression,
Eating Disorder, Equine Therapy, PTSD,
Substance Abuse, Suicide Ideation,
Trauma
Insurance

Angela Doolittle, LPC-S

504 Spring Hill Dr., Ste 360
The Woodlands, TX 77386
832-779-4194
Adults
EMDR Therapy (Eye Movement
Desensitization and Reprocessing) for
PTSD, Anxiety, Stress

Cash, Aetna, BCBS, Cigna,
www.lpcangela.com
angelad.lpc@gmail.com
832-779-4194

Eating Recovery Center

17350 St. Luke's Way Ste. 220
The Woodlands, TX. 77380
281-407-1760
amber.clark@ercpahtlight.com
Eatingrecoverycenter.com/recovery-centers/the-woodlands
Adult and Adolescent eating disorder.
12 and up
Partial Hospitalization, Intensive
Outpatient Program
Most Major insurance and Cash

Ellie Mental Health

Brooke Johnson, LPC A
Shelby Doyle, LCSW
Sheri Dunn, MED, LPC A
Mandy Schramm, LPC
Heather Kamiski, LPC A
128 Vision Park Blvd., Suite 230
Shenandoah, TX 77384
832-810-7840
832-346-8082
Virtual and In person
13 and up
Anxiety, ADHD, Anger Management, Art
Therapy, Bipolar, Blended Family,
Cutting, Depression, Divorce, DMDD,
Eating Disorder, EMDR, Gender Identity,
Grief, OCD, ODD, Parenting, PTSD,
Sexual Abuse, Suicide Ideation,
Substance Abuse, Chronic
illness/cancer of child, or in family
member, Trauma
Sliding scale, Insurance, FSH

Embrace Your Life, PLLC

Julia Ayraud, LPC – S, CGR
Halee Furlow, LPC

Guidance & Counseling Department

Scarlett Badal-Oroumieh, LCSW
Almaas Raziuddin, LPC
Michael Browning, LPC
Lori Mondshine, LPC A
Sarah Peck LPC A
Lorna Hutt LPC A
25301 Borough Park Dr, Ste. 221
The Woodlands, Texas 77380
936-777-3940
Adults, Teens
Adoption, Anger Management, Anxiety,
ADHD, Blended Family, Cutting,
Depression, Divorce, Eating Disorder,
EMDR, Grief/Loss, OCD, Parenting,
PTSD, School Refusal, Suicide Ideation,
Trauma, Infertility, Couples
www.embraceyourlifecounseling.com
info@embraceyourlifecounseling.com
Cash, Insurance (United, Cigna, BCBS,
Aetna, Magellan, Beacon)

Evergreen Counseling Center
Shirley Sammons, M.Ed., LPC, LMFT,
LCDC
Sheri Rutledge, M. Ed., LPC-A
Telehealth ONLY
979-393-0230
Child, Adolescent and Adult
Anxiety, ADHD, Depression, Divorce,
Parenting, Substance Abuse, Suicide
Ideation.
Cash Only

Family 1st Counseling Center, Inc.
Ashley Reece, LPC - S
3730 Cypress Creek Ste 103
Houston, TX 77068
832-602-5023
info@family1stcounseling.com
4 and Up
Anger Management, Anxiety, ADHD,
Cutting, Depression, DMDD< ODD,
PTSD, School Refusal, Substance
Abuse, Suicide Ideation, Trauma

Pro Bono, Medicaid, United Health
Care, BCBS

Family Time Crisis and Counseling
Center
Christina Allen, Executive Director
1203 S. Houston Ave,
Humble, TX 77338
281-446-2615
Adult/Family/Child/Adolescent
Bilingual
Victims of Abuse
Sliding Scale/Free for victims
www.familytimececc.org

Evergreen Family Therapy
Christie Farris, LPC, LMFT
10210 Grogans Mill Rd #355
The Woodlands, TX 77380
832-752-0706
www.evergreenfamilytherapy.org
Christie@evergreenfamilytherapy.org
Adolescent/Adult/Family/Couples
Depression, Family of origin issues,
Divorce, Trauma/PTSD (EMDR and
Brainspotting trained), Grief/Loss,
Sexual/emotional Abuse, Faith-based
Cash, Sliding Scale (associate clinicians
and practicum student available at
reduced cost).

Elizabeth A. Felthous, LPC
212 Conroe Dr.
713.679.8599
Child/Adolescent/Adult/Family
Anxiety, Depression, LGBTQ, Grief
Cash/BCBS, Aetna
elizabethfelthous.lpc@gmail.com

Finding Peace Counseling Center
John Loh, LMFT
28811 Budde Rd., Suite 1901
The Woodlands, TX 77380
832-306-2969
information@findingpeacecc.com

Guidance & Counseling Department

12 & Up
Anxiety, Divorce, Parenting, Substance Abuse
Sliding Scale

Forge My Path

Bridget K. Caletka, LPC, MEd, CAGS, NCC, CCMHC
10210 Grogan's Mill Rd., Suite 193
The Woodlands, TX 77380
607.237.3938
bridget@forgemypath.com
Adolescent, Adult
Anger Management, Anxiety, ADHD, Bipolar, Cutting, Depression, Divorce, DMDD, EMDR, Grief/Loss, OCD, ODD, Parenting, PTSD, School Refusal, Substance Abuse, Suicide Ideation, Trauma, Chronic/serious illness, Christian/Catholic/Faith Based
Cash only

Dana Futrell, PLLC

9595 Six Pines Dr. #8210
The Woodlands, TX 77381
832-509-8390
Danafutrell.com
danafutrell@gmail.com
12 and up
Anger, Anxiety, ADHD, Bipolar, Blended Family, Cutting, Depression, DMDD, EMDR, Grief, ODD, Parenting, PTS, Substance Abuse, Suicide Ideation, Trauma & Life Transitioning
Sliding Scale, BCBS & Aetna

Michelle Garcia, PsyD & Associates

P.O. Box 8915
The Woodlands, TX 77387
713-397-3104
www.drmgarcia.com
michelle@drmgarcia.com
All ages
Social Media Safety and Healthy Relationships Groups, Social Skills

Groups, Psychological evaluations, Adoption, Anger Management, Anxiety, ADHD, Autism, Bipolar, Depression, DMDD, Grief, OCD, ODD, Parenting, PTSD, School Refusal.
Cash & Sliding Scale

Genette Stanton Therapy, LLC

Genette Stanton, M.Ed, LPC, NCC
Telehealth Only
713-819-8663
www.stantontherapy.com
genette.stantontherapy@gmail.com
12 and up, Family, Individual and Couples Counseling
Anger, Anxiety, ADHD, Blended Family, Depression, Divorce, PTSD, Trauma Insurance (Aetna BCBS, United, Cigna, Tricare)

Beatriz Gonzales

Life and Family Coach
Bilingual
WhatsApp 50937275560
<https://www.beatricegonzales.com/>

Grace & Guidance, PLLC

Lona Snell, MED, EMDR, LPC, CCTP, CART, BC-TMH
25329 Budde Rd, St. 401
The Woodlands, TX 77380F
832-998-6345
ADHD Testing, Child, Adolescent, Adult & Family
ADHD, Adolescent issues, Adoption, Anger issues, Anxiety, Asperger, Autism, Bi-polar, Coping Skills, Depression, Divorce/Blended Families, DMDD, Grief, Self-defeating & Self-harm thoughts, Solution Focused, Trauma Certified
Cash or Credit Card
www.elevateyourlifecounseling.com
lsnell@counselingmail.com

Guidance & Counseling Department

CISD students reduced/half price sessions

Grace Psychological Services, PLLC

Dr. Gracie Reyes-McDonald, PhD., LSSP

Dr. Charles Hallmark, PhD., LSSP

Dr. Jennifer Spillman, LPC, LSSP

Dr. Anita Payan, PhD., LSSP

Dr. Catherine Abrahamson, PhD, LSSP

Laura Stark, LPC

Lauren Prince, LCSW

Jennifer Diaz, LPC

Tiffany Keith, LPC

Dr. Melissa James, Post Doctoral Fellow

Nichol Gladney, Post Doctoral Fellow

Blaine Cordova, LPA

Dr. Latanya Henry-Smith, Post Doctoral Fellow & LSSP

Anne Oeswein, LPC

26010 Oak Ridge Drive, Suite 107

The Woodlands, TX 77380

281-815-0899

Child/Adolescent/Adult/Family Bilingual (Ages 2-26)

-Specialties in Child and Adult psychological evaluations and therapy services

-Dyslexia, Autism, ADHD, Anxiety, Anger Management, Depression, Bi-Polar, DMDD, Mood Disorders, OCD, ODD, Learning Disability, Grief/Loss, Parenting, Trauma

-IQ Testing and 2E

Ages 4-99

Cash/Check/Credit Card/Insurance

Aetna and BCBS, Cigna

www.gracepsychological.com

admin@gracepsychological.com

Healing Rivers Counseling, LLC

Dr. Sharese Martin, Ph.D., LPC

26411 Oak Ridge Drive

The Woodlands, TX 77380

9950 Cypresswood Drive, Ste 200

Houston, TX, 77070

281-382-1474

www.healingriverscounseling.net

Child, Adolescent, Adult and Family

Virtual & In-person

Anger management, Anxiety, ADHD,

Autism, Bipolar, Cutting, Depression,

PTSD, Sexual Abuse, Suicide Ideation

& Trauma.

Sliding Scale, Insurance and FSA/HSA

Groups: Self-esteem and anger

management

Matt Hines Counseling PLLC

Matt Hines, LPC

2219 Sawdust Road, Suite 105

The Woodlands, TX 77380

936-697-1633

Thewoodlandscounseling.com

matt@venturetherapy.co

Adolescent & Adult

Anxiety, ADHD, Autism, Depression,

Gender Identity, OCD, PTSD, Trauma

BCBSTX, Aetna, United Healthcare

Richard H. Hodgins, MA, LPC

2203 Timberloch Place Suite 125

Spring, TX 77380

281-703-0190

Adult, Adolescent, Family

Anger, Bipolar, Divorce, Grief, PTSD,

Suicide Ideation

Insurance/Sliding Scale

RHodgin106@aol.com

Home Body Counseling, PLLC

Sarah Shelton, LPC

1801 Lexington Street

Houston, TX 77095

737-356-2380

Homebodycounseling.com

sarah@homebodycounseling.com

14 and up

Virtual and in person

Guidance & Counseling Department

Anxiety, Depression, EMDR, Grief,
PTSD, Sexual Abuse, Trauma.
Sliding Scale/Cash

Houston Behavioral Healthcare Hospital
2801 Gessner Road
Houston, TX 77080
832-834-7710 or 877-489-4707
Houstonbehavioralhealth.com
Inpatient/Outpatient facility
Kids 5-12, Adolescents, Adults,
Geriatrics.
Insurance

Inner Acceptance Therapy
719 Sawdust Rd., Ste 309
The Woodlands, TX 77380
832-511-2228
www.inneractnow.com
Child, Adolescent, Adult, Family,
Bilingual
Anger Management, Anxiety, ADHD,
Autism Bipolar, Blended Family, Cutting,
Depression, Divorce, Eating Disorder,
EMDR, Gender Identity, Grief, OCD,
ODD, Parenting, PTSD, School Refusal,
Sexual Abuse, Substance Abuse,
Suicide Ideation, Trauma
Cash and Sliding Scale, Most
Insurances
Discount for teachers, students,
veterans, first responders, and seniors

Ivy Holistic Wellness, PLLC
Stephanie Powers, MSc, LCDC, CADC
II
512-222-3763
Ivyholisticwellness.com
Adult, Substance Abuse
Cash

Joshua Tree Counseling, PLLC
Donna Wilson, LPC - A
506 Honey Egypt Rd, Suite 203
Magnolia, TX 77354

832-479-0035
www.joshuatreemagnolia.com
donna@joshuatreemagnolia.com
18 and up
Anxiety, Depression, Grief, Parenting,
Sexual Abuse, Trauma
Cash and FSA/HSA

Joyful Hearts Play Therapy &
Counseling Center, LLC
Amy Drury, MA, LPC, RPT, EMDR
Associate
2219 Sawdust Road, Suite #1001
The Woodlands, TX 77380
281-719-0341
amy@joyfulhearts.us

Joy Ride Center Inc.
29550 Tudor Way
Magnolia, TX 77355
281-356-5900
www.joyridecenter.org
Contactus@joyridecenter.org
All ages
Equine-Assisted Mental Wellness
Program, Autism, Anxiety, Depression,
PTSD
Cash only

Kate Funk Counseling
Kate Funk – LMFT
25511 Budde Rd. Office F, suite 3601
The Woodlands, TX 77380
518-302-1879
kate@katefunkmft.com
Eating Disorder, Addiction
Sliding Scale

KB Counseling PLLC
Kristen Brennan
2508 W. Davis, Ste 105
Conroe, Texas 77304
430-558-0916
kbrennancounselor@gmail.com
www.kbrennancounselor.com

Guidance & Counseling Department

Child, adolescent, adult
Anger Management, Anxiety, ADHD,
Cutting, Depression, Grief, OCD,
Parenting, Telehealth
Cash, Aetna, BCBS, UHC, Optum,
Oscar and Sliding Scale

Kemah Palms Recovery

1013 Delesandri Lane
Kemah, TX 77565
855-568-0218
info@kemahpalms.com
Adults – Outpatient, Inpatient (under 30
days & residential over 30 days)
Anxiety, Depression, EMDR, Substance
Abuse, Trauma

Kind Counseling Services

Jamie Simmons, LMSW
Cecilia Andrews, LPC - A
1135 Grand Central Parkway, Ste 220 &
221
Conroe, TX 77304
936-333-4744
13 and Up
Adoption, Anxiety, Bipolar, Blended
Family, Cutting, Depression, Divorce,
Grief, Parenting, Suicide Ideation,
Trauma, Chronic Illness, Relationship
self esteem, Relation to disabled/family
dynamics
Cash only

Kingwood Pines Hospital

2001 Ladbrook Drive Kingwood, TX
77339
281-358-1495
Medicare/Medicaid, Insurance

Lake Conroe Counseling Center

Amy R. Dean, M.A., LMFT
Angel De La Rosa, MA, LPC
Lisa Vanderpool, MS., LPC
Shayla Schmidt, M.A., LPC,
LMFT-Associate

Tiffany Stout, M.A., LPC
Aimee Castillo, M. Ed., LPC-Associate
Shelby Frazier, M.A., LPC-Associate
123 Blue Heron Dr, Suite 104
Montgomery, TX 77316
936-449-8053

admin@lakeconroecounseling.com
www.lakeconroecounseling.com

Child, Adolescent, Adult, Family
Grief, Behavioral Issues, LGBTQ, Third
Culture Kids, Repatriation, Trauma, Play
Therapy, PTSD, veterans' issues
Cash/Insurance

Sarah Lea Counseling, PLLC

Sarah Lea, LPC - A
33130 Magnolia Circle Ste., A #10
Magnolia, TX 77354
713-909-0951

Sarah@sarahleacounseling.com

Virtual and in person
Adolescent and Adults
Anxiety, ADHD, Blended Family, Cutting,
Depression, Divorce, Eating Disorder,
Parenting, Athletics, Faith
Cash only & sliding scale

Leger Counseling

Jessica Leger, LCSW, RPT
26411 Oakridge Drive,
Spring, TX 77380
832-773-4638

www.legercounseling.com

Jessica@legercounseling.com

Child, Adolescent
Anxiety, Blended family, Depression,
Divorce, Grief, Parenting, Play Therapy,
PTSD, School Refusal, Trauma
Insurance

Life Spring Behavioral Health

Hillary Butella
719 Sawdust Rd, suite 207
Spring, TX 77380
281-528-1523, 713677-3137

Guidance & Counseling Department

hbutella@lifespringbehavioral.com

14 and up
Anxiety, ADHD, BiPolar, Cutting,
Depression, DMDD, OCD, ODD, PTSD,
Substance Abuse, Suicide Ideation
Cash Only

Light Path Counseling

Giovanni Valdivia, LPC
2219 Sawdust Rd., Suite 1101
The Woodlands, TX 77380
832-205-8615
gvaldivia@lightpathcounselingtx.com

9 and Up
Virtual, Bilingual
Anxiety, Depression, Grief, PTSD,
Trauma, Identity, Self-esteem, Career
Insurance: BCBS, Aetna, UHC, and
more

Lone Star Family Health Center

605 S. Conroe Medical Dr.
Conroe, Texas 77304
www.Lonestarfamily.org
936-539-4004

Kirby Luna Counseling & Playing Therapy, PLLC

P.O. Box 832
New Waverly, TX 77358
281-826-6898
www.Kirbylunacounseling.com
Kirby@kirbylunacounseling.com

All ages
Anxiety, ADHD, Art Therapy, Autism,
Blended Family, Depression, Divorce,
Grief, Parenting, Play Therapy
Cash and FSA/HSA

Magnolia Creek Counseling

Julie Crocker, LPC A
33300 Egypt Lane, Suite K 200
Magnolia, TX 77354
832-422-5470
Magnoliacreekcounseling.com

julie@magnoliacreekcounseling.com

Preschool & Up
Adoption, Anger Management, Anxiety,
ADHD, Autism, Depression, Divorce,
Grief, OCD, ODD, Parenting, Play
Therapy, Suicide Ideation, Trauma.
Cash, Sliding Scale, HSA Account.

Magnolia Psychiatry

Chris Kos, Psychiatric Nurse
Practitioner
1904 Longmire rd., Suite 401 building
400
Conroe, TX 77304
281-724-7890
Chris@magnoliapsychiatry.clinic
Virtual, in person, Medical Evaluation &
Treatment
All ages

Anger Management, Anxiety, ADHD,
Bipolar, Blended Family, Cutting,
Depression, DMDD, Eating Disorder,
Grief, OCD, ODD, PTSD, School
Refusal, Sexual Abuse, Substance
Abuse, Suicide Ideation, Trauma
Cash, Insurance, FSA/HSA

Magnuson Mazzoni Center

Nora Magnuson Mazzoni, MA, LPC,
LADC, MH
25511 Budde Rd. Ste 2802
The Woodlands, TX 77380
281-407-4014

nora@magnusonmazzoni.com

www.magnusonmazzoni.com

3 & Up
RPT, SandTray, Gestalt, Experiential
Psychotherapy and Accelerated
Resolution Therapy
Anger Management, Anxiety, Autism,
Bipolar, Cutting, Depression, DMDD,
ODD, Parenting, Play Therapy, PTSD,
School Refusal, Sexual Abuse,
Substance Abuse, Suicide Ideation,
Trauma, Child & Human Development

Guidance & Counseling Department

Sliding Scale, FSA/HSA Credit Card
Groups available

Man 2 Man Counseling Center

Brandon King, LPC
25511 Budde Road, Bldg. 1902
The Woodlands, TX 77380
346-208-2942
bking@counselingmail.com
www.man2mancounseling.com
Adolescent, Adult, Family
Adoption, Anger Management, Anxiety,
Blended Family, Cutting, Depression,
Divorce, Grief/Loss, Parenting, PTSD,
School Refusal, Substance Abuse,
Trauma
Medicare, Cigna, United
Sliding Scale

McClelland Counseling

Maureen McClelland, LPC, RN, BSN
10210 Grogans Mill Rd., suite 300
The Woodlands, TX 77380
936-777-1457
www.mcclellandcounseling.com
mcclellandcounseling@gmail.com
Adolescent and up
Anxiety, Cutting, Depression, DMDD,
Parenting
Aetna, BCBS, Optum/United Healthcare

Mindful Movements Counseling Center

Amaris Molina, LPC A
Mikayla Williams, MA, LPC, NCC
2219 Sawdust Rd. Suite #1503
The Woodlands, TX 77380
210-716-0395
346-291-3832
Ages 3 and Up
Anger Management, Anxiety, ADHD,
Autism, Blended Family, Depression,
Divorce, Grief, High Conflict Divorce,
Parenting, Play Therapy, School
Refusal, Sexual Abuse, Suicide
Ideation, Trauma.

Virtual and In Person.
Cash and HSA

Megan A. Mooney, PhD.

Megan A. Mooney, PhD.
Licensed Psychologist
1454 Campbell Rd., Ste. 201
Houston, Texas 77055
281-444-4494
drmeganmooney@gmail.com
Child, Adolescent, Family
Specialties: Adoption, Anger
Management, Anxiety, ADHD, Blended
Family, Cutting, Depression, Sexual
Orientation/ Gender Identity, Grief/Loss,
ODD, Parenting, PTSD, School Refusal,
Sexual Abuse, Suicidal Ideation,
Trauma
Cash Only

Memorial Hermann Prevention and Recovery Center (PaRC)

1733 Woodstead Court #102
The Woodlands, TX 77380
or
3043 Gessner Rd
Houston TX 77080
Admissions/inquiries 713-939-7272
www.parc.memorialhermann.org
Services Offered:
Free Assessments for Adolescents
Drug and Alcohol assessments and
treatment; detox, residential, partial,
outpatient and aftercare
Locations: The Woodlands, Cypress,
Katy, Clear Lake, Pearland, Sugarland,
Baytown, Dickinson, Gessner, Austin
and San Antonio
www.parc.memorialhermann.org

Methodist Children's Home

5005 Mitchelldale #119
Houston, TX 77092
713-682-8911

Guidance & Counseling Department

Boys and girls ages 6-18
Free/Sliding Scale

Miracle Farm, Inc.

10802 FM 2621
Brenham, TX 77833
Boys age 13-16
Sliding Scale
Equine programs/Transitional Living
Program www.miraclefarm.org

Montgomery County Counseling Works, PLLC

Karen R. Gresham, LPC, NCC, ASCA
Stress Management and Anxiety
Specialist, EMDR
124 Mallard Creek Ct.
Montgomery, TX 77316
979-235-0447
www.montgomerycountycounselingworks.com

Counselingworks15@gmail.com
Anger, Anxiety, ADHD, Blended Family,
Cutting, Depression, Divorce, EMDR,
Gender Identity, Grief, OCD, ODD,
Parenting, PTSD, School Refusal,
Suicide Ideation, Trauma
Cash, Sliding Scale

Montgomery County Women's Center

1600 Lake Front Circle, suite 100
The Woodlands, TX 77380
936-441-4044 ext. 37
Child/Adolescent/Adult/Bilingual
Divorce, PTSD, Trauma, EMDR, Sexual
Abuse (both males and females)
Free

Move Forward with ADHD

Julie Janorschke, Certified ADHD
Coach, MS Ed.,
832-510-6330
Child/Adolescent/Adult/Family
ADD, ADHD, Executive Function
Challenges

Cash or Visa
julie@moveforwardwithADHD.com
www.moveforwardwithadhd.com

New Clarity Counseling

Dave Waxler, MA, LPC
5535 Memorial Dr.
Houston, TX 77007
832-510-0488
Child, Adolescent, Adult & Family
ADHD, Anxiety, Grief, Depression,
Suicide, Self-Harm, LGBTQ, Divorce,
Trauma
Cash, Sliding Scale, Aetna BCBS PPO,
UHC
Telehealth
www.Newclaritycounseling.com
newclaritycounseling@gmail.com

New Day Family Counseling

Stephanie Walsh, LPC, NCC
26205 Oak Ridge Dr.
The Woodlands, TX 77380
281-301-1843
Brianspotting, Family, Child, Parenting
Play therapy, EMDR, Trauma
Faith-based, Solution Focused
Kids 3 – 10
Cash, Medicaid,
www.ndfcounseling.com

New Dimensions Day Treatment Centers of The Woodlands

25511 Budde Road, Suite 2401
The Woodlands, TX 77380
800-685-9796
www.nddtreatment.com
Outpatient Adolescent/Adult/Family
Insurance

Elizabeth (Sisi) Nicolau

Psychologist, LMFT
46 N Lamerie Way
The Woodlands, TX 77382

Guidance & Counseling Department

936-525-8481

enicolau@iph.org.mx

Child, Adolescent, Bilingual (Spanish)
Divorce, Grief/Loss, Parenting, Play
Therapy, PTSD, Trauma
Cash & Check

Janet Nicholas, LPC, LCDC, EAP

15 Ranch Creek Way
Magnolia, TX 77354
713-882-4268

janet@janetnicholas.com

www.janetnicholas.com

www.trails-less-traveled.com

Adolescent/12 and up/Adult/Family
Anger Management, Anxiety, ADHD,
Bipolar, Blended Family, Cutting,
Divorce, EMDR, Equine Therapy, OCD,
School Refusal, Substance Abuse,
Suicide Ideation, Trauma, Therapeutic
Placement Consulting, Comprehensive
Career Assessments, Faith-based
Cash

Odyssey Behavioral Healthcare - Eating
Disorder Network

Jessica Shafer, MFTA
Birmingham, AL
334-436-1531

Jessica.shafer@odysseybh.com

Medical evaluation & RTC

All ages

Anxiety, ADHD, Art Therapy, Bipolar,
Blended Family, Cutting, Depression,
Divorce, DMDD, Eating Disorder,
EMDR, Equine Therapy, Gender
Identity, OCD, Parenting, Play Therapy,
PTSD, Sexual Abuse, Substance
Abuse, Suicide Ideation

The Olive Tree Counseling &
Supervision

Kayla Keller, LCSW
281-743-3468

kayla@theolivetreecounseling.com

VIRTUAL ONLY

18 and up

Anxiety, Depression, Suicide Ideation
Insurance

On the Mend Counseling

Adam Bertoch, LCDC, LMFT

8111 Ashlane Way, Suite 102

The Woodlands, TX 77382

832-246—8806

Adolescent, Adult, Family

Trauma, Addiction, Depression, Anxiety,

Sex Addiction, Grief-loss Groups

www.onthemendcounseling.com

onthemendcounseling@gmail.com

Cash, FSA/HSA

Julie Parkin, MS, LMFT

26203 Oakridge Dr.

The Woodlands, TX 77380

281-221-7543

Child, Adult, Adolescent, Family

Yoga for mental health. Life transitions:

Fertility, pregnancy loss, teen

pregnancy, infertility, adoption, military

families, grief and loss, third party

reproduction, egg/sperm donor,

gestational carrier (surrogate). Monthly

fertility support group (free of charge).

Cash, credit cards, sliding scale

www.julieparkin.com

julie@julieparkin.com

Palmer Drug Abuse Program

<https://pdaphouston.org/>

281-589-4833

Alternative peer group, support group,
drug abuse

Melissa Paris Counseling

Melissa S. Paris, MS. Ed, LPC

2219 Sawdust Rd. Ste. 1801

Spring, TX 77380

832-299-5304

mparis@melissaparis counseling.com

Guidance & Counseling Department

www.melissaparisounseling.com

Adolescent, Adult
Eating Disorders, Anxiety,
Perfectionism, Suicidal Ideation,
Depression

David Parmer Counseling, LLC

David Parmer, MA, LPC
26113 Oak Ridge Drive, Suite C,
The Woodlands 77380
281-907-1314
Adult & Couples
Depression, Anxiety, ADD, ODD and
OCD
Insurance - Aetna, Beacon, BCBS &
United Healthcare
www.lifecangetbetter.com
parmercounseling@gmail.com

Vanessa Pate Counseling

Vanessa Pate, MA, LPC
Bilingual: English/Spanish
719 Sawdust Rd. Suite 104
Spring, TX 77389
713-376-0427
www.vanessapatemalpc.com
All Ages (Virtual and In-Person) Play
Therapy 3-8 years old
Trauma (Brainspotting)
Anger Management, Anxiety, ADHD,
Blended Families, Divorce, Grief,
Suicide Ideation
Cash Pay

Pathlight Mood and Anxiety Center

17350 St. Luke's Way Ste. 320
The Woodlands, TX 77380
281-223-1388
amber.clark@ercpathlight.com
direct number 832-533-7341
www.pathlightbh.com
Adult and adolescent mood, anxiety,
trauma and OCD 12+
Partial Hospitalization and Intensive
Outpatient Program

Most Major Insurance and Cash

Kristi Patterson Family & Play Therapy,
PLLC

Kristi Patterson, MA, LMFT-S, LPC-S,
RPT-S, ICST
26310 Oak Ridge Dr., Suite 39
Springs, Texas 77380
713-817-7896
Child, Adolescent, Adult, Family
Anxiety, Parenting, Play Therapy,
Adjustment Issue, Attachment Issues,
Sandtray, Play therapy.
Cash, Insurance (Aetna, BCBS, Cigna,
American Behavioral & United
Healthcare)
www.kristipattersontherapy.com

Peace and Purpose Counseling, PLLC

Brittany Gilchrist, MA, LPC, CEDS
10210 Grogan's Mill Rd #315
The Woodlands, TX 77380
832-901-6416
Brittany.gilchrist@peacheandpurposecounseling.com
Adolescent/Adult/Family
Anxiety, Art Therapy, Depression, Eating
Disorder, Faith-based
Cash

Phoenix House

501 Garden Oaks Blvd, Houston, TX
77018 (IOP) 400 W. Live Oak St.
Austin, TX 78704 (Residential -- Male)
2345 Reagan St.
Dallas, TX 75219 (Residential -- Male &
Female)
281.841.1224 (Alison Broussard -
Outreach)
214.999.1044 X 4958 (Chris Gilchrist -
Admissions)
Adult, Adolescent, Family Substance
Abuse and Co-occurring
disorders Insurance
www.phoenixhouse.org

Jennifer Piede, LPC, NBCC

2219 Sawdust Rd, Suite 1801
The Woodlands, TX 77380
832-280-7427
jenniferpiede@piedecounseling.com
16 and up Anxiety, Parenting, Eating Disorder, Body Image
United Healthcare, Cash Pay
www.piedecounseling.com
Virtually ONLY

Monica Morales Polonyi, Ph.D., LPC-S, EMDR Trained

250 Ed English Drive, Bldg. 3, Suite B
The Woodlands, TX 77385-8020
832-998-0028
Adolescent, Adult, Family, Bilingual
Private Pay/Cash only
Christian Counseling, Complex Trauma/PTSD, Mood and Anxiety Disorders, Life Transitions, Eating Disorders
admin@drpolonyi.com
<http://www.drpolonyi.com>

Prevail Behavioral Health & Wellness Center

Multi-Specialty Group Practice.
Clinical Director Stephanie Kosut Gregory, MA, LPC-S
620 Longmire Rd., Conroe, TX, 77304
936-443-9629
frontoffice@pbhwc.com
www.pbhwc.com
Multi-specialty counseling for children 6 to adults, families, and couples. Specializing in evaluation and psychological testing for formal diagnosis, medication assistance, school accommodations, and genetic testing. Primarily Insurances based clinic accepting commercial plans and Medicaid

Psychology Houston

Dr. Rosie Lasiter
8111 Ashlane way
The Woodlands, TX 77382
713-914-9944
www.psychologyhoustonpc.com
drrosie@psychologyhoustonpc.com
Child, Adolescent, Adult, Family
Anger Management, Anxiety, ADHD, Bipolar, Blended Family, Cutting, Depression, DMDD, OCD, ODD, Parenting, School Refusal, Suicide Ideation, Tics, Tourette's
Cash only

Red Oak Psychiatry Associates, PA

Lawrence D. Ginsberg, MD
17115 Red Oak Drive, Suite 109
Houston, TX 77090
281-893-4111
Adolescent/Adult/Child/Family
Psychopharmacology
Cash/Insurance
Larrydg@earthlink.net

Positive Recovery Center

3500 W. Davis suite 300
Conroe, TX 77304
936-828-3908
Adult/Family
Bilingual
Substance abuse/chemical dependency/addictions/alcoholism
Cash/Insurance

Jody Reed

Jody Reed, MA, LPC
P.O. Box 405
Dobbin, TX 77333
281-780-2425
Virtual ONLY
18 & up
Depression, Anxiety, Life Transitions, Interpersonal Relationship, Women's Issues, Adoption, Behavioral,

Guidance & Counseling Department

Self-esteem, Parenting, Trauma, Anger Management.

BCBS / Cash / FSA/HSA / Credit Card

support@jodyreedlpc.com

www.jodyreedlpc.com

The Refuge Counseling Center

Anna Lohanna Dos Santos

3513 No. Frazier St.

Conroe, TX 77303

936.648.5379

Anger Management, Anxiety, Autism, Blended Family, ODD, PTSD, Parenting Trauma

Sliding Scale/Cash/Insurance

Virtual and in person.

Bilingual - Portuguese

Lohanna@therefuge.org.

Restoration Counseling

Alyssa Meyers, MA, LPC, (EMDR trained)

250 Ed. English Drive, Building 3, Suite B5

Shenandoah, TX 77385

936.203.1772

alyssa@restorationcounsel.com

www.restorationcounsel.com

BrainSpotting, Depression, Anxiety, Trauma. PTSD

Cash only

Sam Houston State University

Jack Staggs Counseling Clinic

A) 1932 Bobby K. Mark Drive

Huntsville, TX 77341

936-294-1121

B) 3380 College Park Drive

Conroe, TX 77384

936-202-5012

Child, Adolescent, Adult, Family
Anger Management, Anxiety, ADHD,
Blended Family, Depression, Divorce,
Grief, Parenting, Play Therapy

Pro Bono, Sliding Scale
GROUPS - FREE

Sante Center for Healing

914 Country Club Rd.

Argyle, TX 76226

866-238-3154

www.santecenter.com

RTC & Counseling

18 and up

Depression, Eating Disorder, EMDR,
Sexual Abuse, Gambling Addiction,
Social Media Addiction, Problematic
Sexual Behavior

Insurance & sliding scale

SHR Counseling Services, LLC

Sandy Robinson, LPC, NCC

1790 Hughes Landing, Suite 400

The Woodlands, TX 77380

832-752-4140

Shrcounseling.robinson@gmail.com

Adolescent/Adult/Family

Anxiety, Depression, Behavioral issues,
DMDD, ODD, OCD, Parenting, Grief,
Family Issues, Teacher Support.

www.sandyrobinsoncounseling.com

The Semicolon Group

Whitcomb Terpening, MSW, LCSW

77069 Timberloch Pl

Spring, TX

281-475-6760

Thesemicolongroup.com

Virtual and In person

Adolescent, Adult, Family

Grief/Loss, Suicide Ideation

Serenity Light Recovery

1820 County Road 36

Angleton, TX 77515 337-349-0224

www.serenitylightrecovery.com

Adult/Family/Bilingual

Cash, Sliding Scale, Insurance and 2
scholarships

Guidance & Counseling Department

Serenity Ranch Wellness

Tony Brans, LPC - A
Elizabeth Cox, LMFT, LPC
Monique Mitchell, LPC
902 North San Jacinto St.
Conroe, TX 77301
979-997-8087
tbrans@serenityranchwellness.org
ecox@serenityranchwellness.org
Virtual and in person
7 and up
Anger Management, Anxiety, ODD,
Substance Abuse, Trauma, Complicated
cases, Couples, EMDR, Depression,
Family.
Cash, Medicaid & insurance (BCBS,
Aetna, Cigna, UHC, Optum, CHIP,
STAR, Superior, Ambetter)

Shawn M. Keith, MS, LPC

26411 Oak Ridge Dr.
Spring, TX 77380
281-352-9398
Shawnkeithcounseling.com
shawn@shawnkeithcounseling.com
Adolescents, Adult, Family
Divorce, Grief, Substance Abuse,
Trauma, Self-esteem & life transitions,
LGBTQIA + ally
Insurance

Shekinah Ranch of Texas

11173 Crockett Martin Rd.
Conroe, TX 77306
713-875-6009
MENTORING using animal
interaction/riding to provide a bridge to
reaching emotional issues
\$20 or donations of feed or hay
Child, Adolescent, Adult, Family
www.shekinahranchtx.com
/hello@shekinahranchtx.com
/mjirby0612@gmail.com

Skowronski Counseling

Kristen Skowronski, LMFT - A
10655 Six Pines Dr., Suite 150
The Woodlands, TX 77380
346-370-0028
kskowronski@sklmft.com
13 and up
Anxiety, Bipolar, Depression, Parenting,
Life transition
Virtual and in person
Cash, UHC

Spaulding Counseling Services

Danielle Spaulding
25511 Budde Rd, The Woodlands, TX
77380
1-409-225-8459
www.spauldingcounseling.com
daniellespauldinglpc@yahoo.com
VIRTUAL, 14 and up
Chronic pain, Chronic Illness, Anxiety,
ADHD, Autism, Bipolar, Blended Family,
Cutting, Depression, DMDD, Gender
Identity, Parenting.
BCBS and FSA/HSA

Spring Grove Counseling

8104 Spring Cypress Rd.
Spring, TX 77379
281.205.8786
Therapists@springgrovecounseling.net
www.springgrovecounseling.net
Child, Adolescent, Adult, Family,
Bilingual Play therapy, substance abuse,
trauma/abuse/neglect; infant mental
health; Adolescents w/illegal sexual
behavior, Trauma, Anger Management,
Anxiety, Bipolar, Cutting, Depression,
Grief/loss, OCD, Parenting, Suicide
Ideation, PTSD, Sexual Abuse, Trauma,
Expressive Art
Flexible hours
Sliding scale, cash, accepts most
insurance

Guidance & Counseling Department

Starlight Recovery Center

230 Mesa Verde Dr.,
Center Point, TX 78010
800-292-0148
8 years and older
Substance Abuse, Chemical
Dependency
(Including alcohol)
Insurance/Cash

Summit Counseling PLLC

Mark Crowe, MEd, LPC
602 Pruitt Rd.
The Woodlands, TX 77380
440.212.3643
www.seethesummit.com
markcrowe@seethesummit.com
Adult, Adolescent, Family
Depression, Anxiety, Divorce, Grief and
Loss, Adolescent Issues, Faith-based
Cash only

Symetria Recovery

635 Rayford Rd.
Springs, Texas
8662815927
www.symetriarecovery.com
mgarcia@symetriarecovery.com
Adult
Substance Abuse
Cash or Insurance

Teen & Family Services

Locations in Spring Branch, South
Houston and Katy
713-464-3950
Substance Abuse/Adolescent/Family
Sliding Scale

TX Harmony Counseling Center

Natalie Wilie, MS, LPC
110 Vision Park, Blvd., Ste 200
Shenandoah, TX 77384

832-352-1600

www.txharmony counseling.com

3 & Up

Anger Management, Anxiety, ADHD,
Bipolar, Blended Family, Cutting,
Depression, Divorce, DMDD, Eating
Disorder, Gender Identity, Grief, OCD,
Parenting, Play Therapy, PTSD, School
Refusal, Sexual Abuse, Suicide
Ideation, Trauma, Brainspotting
Cash & FSA/HSA

The Therapy Team

Erin Hill - Derkowski, MEd, LPC
Lizette Vasquez-Pinto, MEd, LPC
Paige Meyer, MS, LPC-A
1002 Village Square Dr.,
Tomball, TX 77375
346-273-7673
713-714-7303

www.thetherapyteamtexas.com

Children and up

Anxiety, Anger Management, ADHD,
Blended Family, Cutting, Depression,
Divorce, Equine Therapy, Grief,
Parenting, Play Therapy, PTSD, Suicide
Ideation, Trauma, Disabilities
Cash only, FSA/HSA
Virtual or in person

Therapy for Families

Amber Paker, Counselor Intern
2219 Sawdust Road, Suite 1101
The Woodlands, TX 77380
281-819-0308
Healingwholeness.com
therapyforfamiliestx@gmail.com
All ages (Virtual and In-Person)
Adoption, Anger Management, Anxiety,
ADHD, Blended Families, Divorce,
Grief, OCD, Suicide Ideation
Cash, Sliding Scale, FSA/HSA

Essentials

Jessica Shrieve, LPC

Guidance & Counseling Department

1776 Woodstead Ct
Suite 102
The Woodlands, TX 77380
409-242-0237
jessica@essentialsholistictherapy.com
Adolescents, adult, family
Anxiety, Grief, Parenting, Trauma,
Family Conflict
Cash Only

Thrive Therapy Mental Health & Wellness

Alyssa Biestek
26202 Oak Ridge Dr. Suite A -105
The Woodlands, 77380
281-595-8893
www.thrive-therapy.org
Anger, Anxiety, ADHD, Cutting,
Depression, Divorce, DMDD, Parenting,
Play Therapy, Sexual Abuse, Suicide
Ideation, Trauma, DBT
Cash Only

Cindy Thornby, MA, LPC
25511 Budde Rd., #2802
The Woodlands, TX 77380
281.755.3561
cindy@creativelifecounseling.com
14 and up
Mental/emotional disorders and
behavioral problems individual and
family therapy.
Cash, Sliding Scale, BCBS, Aetna,
Cigna, EAP's and several of the
Medicaid

Laura Thorsten, M.Ed. LPC
25511 Budde Rd, Suite 3501
Spring, TX 77380
832-563-4279
laurathorstenlpc@yahoo.com
www.laurathorstenlpc.com
Adolescent/Adult/Family/Couples
EMDR trained, CBT Certified.

anxiety and anxiety disorders; mood
disorders, including major depression
and bipolar disorder; thought disorders,
including schizophrenia and
schizoaffective disorder; PTSD and
other trauma-related disorders; stress
management; grief work; relationship
conflicts; anger management;
assertiveness training; low self-esteem;
substance use and abuse; couples
counseling.

Insurance, Cash

Transformation Psychotherapy

Michael K. Henson, LMFT
33300 Egypt Lane, Suite B-900
Magnolia, TX 77354
832-207-6064
www.transformationpsychotherapy.com
contact@transformationpsychotherapy.com

In person and virtual
Adolescent, Adults and Family
Anger Management, Anxiety, Autism,
Bipolar, Blended Family, Depression,
Grief, Parenting, PTSD, School Refusal,
Substance Abuse, Suicide Ideation,
Trauma
Cash, Medicaid, Sliding Scale &
Insurance

TriCounty Behavioral Healthcare

233 Sgt. Ed Holcomb Blvd.
936-521-6100
www.tcbhc.org
Child, Adolescent, Adult, Family,
Bilingual
Anger, Anxiety, ADHD, Autism, Bipolar,
Cutting, Depression, DMDD, ODD,
Parenting, PTSD, Substance Abuse,
Suicide Ideation, Trauma
Medicaid and Sliding Scale

True North, The Woodlands
Cheryl Butler, LPC

Guidance & Counseling Department

Lindsay Gentles, LPC
Molly Cunningham, LPC
Dana Spinler, LPC
Heidi Espegren, LPC
Julie Trushenski, LPC A
Samantha McCabe, LPC A
Jessica Beardon, LPC
Kelley Wolf, LPC - A
Diana Adams, MA Counseling
2219 Sawdust Rd, Suite 103
The Woodlands, TX 77380
936-697-5359

www.truenorthtw.com

Child, Adolescent, Adult, Family
Adoption, Anger Management, Anxiety,
ADHD, Bipolar, Blended Family,
Depression, Divorce, Eating Disorder,
Grief/Loss, OCD, Parenting, PTSD,
School Refusal and Trauma
Cash

In person and virtual

info@truenorthtw.com

Kate Turner, LPC

Independent Facilitator for Love & Logic
Curricula
Family Navigator at Mosaics of Mercy
346-703-0051

Unbridled Possibilities LLC at Forever
Faithful Ranch- Equine Assisted

13955 Lake Mount Pleasant
Montgomery, TX 77356
936.525.7558

Child, Adolescent, Adult, Family
Adoption, Anger Management, Anxiety,
ADHD, Autism, Blended Family, Cutting,
Divorce, Eating Disorder, Equine
Therapy, Gender Identity, Grief/Loss,
OCD, ODD, Parenting, PTSD, School
Refusal

www.unbridledpossibilitiesllc.com

www.foreverfaithfulranch.com

info@theupteam.net

Cash, check, Credit Card

West Texas Boys Ranch

10223 Boys Ranch Road
San Angelo, TX 76904
325-949-1936/ 1-800-756-9827
Long term residential for Boys ages
6-17

Sliding Scale

www.wtbrjw@wtbr.org

Willow Counseling Services

Jennifer Cain, LPC - S, RPT - S
719 Sawdust Road, Suite 104
The Woodlands, TX 77380
713-714-7126

www.willow-counseling.com

Anxiety, Divorce, Grief, Parenting, Play
Therapy, School Refusal, Sexual Abuse
Cash, FSA/HSA

Woodland Spring Behavioral Health

15860 Old Conroe Rd
Conroe, Texas 77384
936-270-7520

www.woodlandsspringshealth.com

Adolescent & Adults
Insurance/Medicaid

The Woodlands Behavioral Health &
Wellness Center

Sarah Holub
2700 Research Forest Dr., Suite 130
The Woodlands, TX 77381
281-528-4226

Child, Adult, Adolescent, Family
www.addwoodlands.com
Adoption, Anger, ADHD, Anxiety, Art
Therapy, Autism, Bipolar, Blended
Family, Cutting, Depression, Divorce,
DMDD, Eating Disorder, Gender Identity,
Grief, OCD, ODD, Parenting, PTSD,
School Refusal, Sexual Abuse,
Substance Abuse, Suicide Ideation,
Trauma

Guidance & Counseling Department

Cash only

The Woodlands Center for Families, PLLC

Dana Hahn, MS, LPC-S, LMFT-S
66 Winter Wheat Pl,
The Woodlands, TX 77381
832-702-7590
www.thewoodlandscenterforfamilies.com

Adolescent, Adult, Family
Radically Open DBT (RO DBT)
Dialectical Behavioral Therapy, Gottman
Couples Therapy, Adult & Adolescent
Skills Classes (12 and up)
Cash, Insurance, UHC, UBH, Optum
Behavioral Health, & ComPsych

The Woodlands Family Counseling Center

Jonathan Delgado, MA, LPC
Anna Catherine Lunde, Ed, LPC, CSC
Pamela McGee, MS, LPC
Andrea Mitchell, MA, LPC
Jalaine Pazer, MA, LPC
Chantel Smith, MS, LPC-S
33300 Egypt Lane, Suite I-420
Magnolia, TX 77354
936-463-8485
www.twfcc.com
info@twfcc.com

All ages
Adoption, Anger Management, Anxiety,
ADHD, Bipolar, Blended Family, Cutting,
Depression, DMDD, Gender Identity,
Grief, OCD, Parenting, PTSD, School
Refusal, Sexual Abuse, Suicide
Ideation, Trauma, Tourette
Insurance

Woodlands Family Institute

Josh Parham, MA, LPC
Melissa Engel, LPC, NCC
Stephen Parham, PhD
Joanne Parham, PhD

Robyn Fairchild, MSW, LCSW, LPC,
LMFT

Theora Noble, MA, LPC, LCSW

Tessa Stuckey, LPC, NCC

Ali Lichty, LPC

Alicia Gregg, LPC A

Melanie Lambardini, LPC A

Teresa Pace, Ph.D.

Allison Stephan, LPC - A

Darya Ross, LPC - A

John Beralas, LPC - A

1610 Woodstead Ct. #420

The Woodlands, TX 77380

281-363-4220

Child, Adolescent, Adult, Family

Trauma, Grief and Loss, Teen

Pregnancy, General Counseling-related

issues. Alcohol/drugs, eating disorders,

anxiety, autism, bipolar, DMDD, ODD,

PTSD, depression, suicide, serious

mental illness /family issues/blended

families/anxiety/women's

issues/psychotic disorders, play therapy,

psychological evaluations, bilingual

office@wfipc.com

www.woodlandsfamilyinstitute.com

Cash

The Woodlands Recovery & Wellness

Kelsie Brenner, LCSW

26113 Oak Ridge Dr., Unit A

The Woodlands, TX 77380

kelsie@thewoodlandsrecovery.com

713-897-9989

Adolescent, Adult, Family

Intensive Outpatient Programs for

adolescents. Individual therapy for

anxiety, depression and trauma.

Registered Dietitian on staff

Insurance and sliding scale

Yes to Youth, Montgomery County Youth Services

105 W. Lewis St.

Conroe, Texas 77301

Guidance & Counseling Department

281-292-6471
Bridgeway Youth Shelter
4501 N. Frazier
Conroe, TX 77303
936-890-1132
Child/Adolescent
Temporary Residential Placement/CPS
placement