

**Minutes of the Monthly Meeting of the  
Conroe ISD Employee Benefits Committee  
January 9, 2013**

The meeting was called to order at 4:00 p.m. by Tim Douglas. The following members were present: Beth Blevins, Debbie Burns, Shelly Cartwright, Ki Clarke, Cassandra Clevenger, Dan Cox, Robert Derheim, Tim Douglas, Donna Fisher, Roger Garvey, Paula Green, Chris Hines, Holly Kinsey, Ena McFarland, Larry Moore, Becky Page, Jan Protteau, Darrin Rice, Kathy Sharples, Sharon Sterchy, Elizabeth Strickford, Rhonda Tate, and Dale Ward.

**Approval of the Minutes**

The minutes of the October 12, 2012 meeting were approved.

**Financial Report on Self-Funded Health Insurance (handout)**

Darrin Rice shared financial information through the month of December 2012:

Total revenues \$9,416,083

Total expenses \$10,322,039

Loss \$905,956

The district is working on making up for this loss in revenues.

**Health Fair – January 12, 2013:**

**Dr. Kathleen Sharples:**

Special thanks are given to Ki Clarke for all of the work put into signage, maps, etc. 165 gift cards are available for door prizes. Exhibitors will also donate door prizes. Visitors will sign-in electronically this year. Volunteers are needed to for an hour of work time.

Eligibility for door prizes:

- ✓ If employees wear their badges, they will be eligible to win a door prize.
- ✓ All employees who scan in to enter the fair will receive an electronic survey. Completion of the survey makes the employee eligible for a door prize.
- ✓ Employees will be eligible for winning a door prize for attending lecture series.

Health Fair hours are 9 am to 12 pm. It has been shortened by one hour. Quest screening is available for up to 250 employees free of charge. The wellness budget is used to pay for this benefit. Screening appointments start at 8:30 am.

There will be three types of sign-ins for employees:

1 – Employee badge

2 – No employee badge

3 – Visitors

The map of the floor layout for the fair was reviewed. The lecture series is a new item this year. A pop-up will be sent to district employees on Thursday, January 10, 2013, with lecture times. Committee members are encouraged to attend lecture series and to provide feedback.

With fewer volunteer assignments, committee members are requested to mingle and help people as needed. No food will be provided but vending machines are available. Electronic evaluations will be available for employees and exhibitors to complete.

**Dr. Sharon Sterchy:**

Five stations will be set up in library. Tickets will be used to select door prize winners for attending lectures. There will be a variety of presenters. Student helpers will help unload items for exhibitors.

**Rhonda Tate:**

Rhonda shared that the new map is a "good idea" that serves several purposes ~ map, signatures from exhibitors and the door prize ticket. As committee members wander around, they can attend lecture series.

**Live Healthy America, January 28 – April 5**

A pop-up will be sent Monday, January 14, 2013. Start setting up teams!

**Paula Green**

A second Financial Planning Retirement Seminar is planned for January 29, 31, and February 5.

**Representative Reports****✓ Mack Whiteman, First Financial**

Things are working well between CISD and First Financial. There will be a meeting with software people next week to see if the system can be improved during Open Enrollment.

**✓ Judy Haley, Aetna**

Health Fair – Be sure to visit the lecture series presented by Aetna at 10:30 am. Disease Management Program

- Why Aetna calls employees?
- Beginning Right Program – expecting mothers

Navigator – employees can find out the following information:

How to find if Aetna has paid a claim? How Aetna paid? How to contact customer service?

How to find a doctor?

**✓ Terry Brown, Consultant**

Financial planning reviewed/approved by this committee – good response. There will be a budget meeting with the Board to discuss the benefit plan.

**Other Issues/Agenda Items for Next Meeting**

A brief discussion was held about new government requirements for health insurance and their impact on taxes paid by citizens.

Dr. Sharples will discuss results of the Health Fair at next meeting.

Dan Cox shared that the Health and Wellness Center is clearly at a level of generating savings. It has had good participation.

Meeting adjourned at 4:38 pm.