

**Minutes of the Monthly Meeting of the  
Conroe ISD Employee Benefits Committee  
January 8, 2014**

The meeting was called to order at 4:00 pm by Paula Green. In attendance were Nicole Anderson, Lacy Austin, Beth Blevins, Terry Brown, Debbie Burns, Shelly Cartwright, Ki Clarke, Cassandra Clevenger, Dan Cox, Robert Derheim, Janet Emmons, Thomas Eversdyke, Roger Garvey, Paula Green, Chris Hines, Ann Knoedl, Tiffany Mattfeld, John Nabors, Becky Page, Jan Frotteau, Darrin Rice, Julie Roth, Kathy Sharples, Todd Snider, Elizabeth Strickford, Janice Tantillo, and Rhonda Tate.

**Approval of Minutes**

Clarification was given for when bids will open. The minutes of November 13, 2013 meeting were approved.

**Health Fair**

Update about the Health Fair on Saturday, January 11, 2014

- Volunteer sign-up
- Volunteer t-shirts

**Live Healthy America 2014, Amazing Challenge**

Tiffany Mattfeld went over the Live Healthy America Amazing Challenge. It will be promoted at the Health Fair. An email will go out to the employees this week and pop-up will be sent about the challenge. It is a point based challenge. There is a website dedicated to Conroe at [www.livehealthyconroeisd.org](http://www.livehealthyconroeisd.org). Each month will have different destinations. Our first place will be New York. Destinations will have different themes to go with the challenges. There will be physical, mental health, and nutritional challenges. Employees are still able to participate as a team or individually. This year they are allowing spouses to compete also. There are apps available for your smartphone to track your progress.

**Revised Sick Leave Bank Proposal for 2014-2015**

Paula Green and Dr. Chris Hines presented another revised proposal to the current policy for leaves and absences. This is the second presentation this school year.

A copy of the Power Point will be sent to committee members to share with staff and personnel at campuses/departments. Any feedback should be sent to Paula Green.

**Representative Reports**

✓ **Aetna- Judy Haley**

We are really excited about the Health Fair and the booths. Chair massages will be provided at the fair on a first come, first serve basis. There are limited slots for the massage chairs.

✓ **Mack Whiteman, First Financial**

First Financial will provide a coffee cart during the Health Fair. An iPad will also be provided as a door prize for the event. Many thanks to First Financial for providing volunteer T-shirts for the Health Fair.

✓ **Terry Brown, Consultant**

CISD is out to bid for the medical plan. We are expecting good bids to review. We will not be ready for presentation of bid finalists by February like planned. It will be in March or by special meeting. Terry Brown shared that large, self-funded plans may not be affected by Obamacare, but there will be some changes to the plan to conform to new state regulations. If our plan loses Grandfather status, preventative care will be covered at 100% for the plan member.

**Other Issues**

An email will be sent out to committee members with volunteer information and times to help at the fair.

**Agenda Items for the Next Meeting**

None

**Date for Next Meeting ~ February 12, 2014**

**Adjournment**

The meeting was adjourned.