

# **Minutes of the Monthly Meeting of the Conroe ISD Employee Benefits Committee November 9, 2022**

Tiffany Mattfeld called the meeting to order at 4:01 p.m. The following members were present via a Zoom webinar: Jamie Almond, Jill Bartlett, Karen Brown, MaryEllen Bryant, Debbie Burns, Carol Carter, Shelly Cartwright, Cheryl Dentler, Courtney Dzialo, Vanessa Enciso, Donna Fisher, Karen Garza, Paula Green, Tami Lowrie, Christell Marshall, Tiffany Mattfeld, Brittany McCorstin, Imelda Mercado-Uribe, Heather Paugh, Debbie Petry, Yaddira Smalls, Brandon Stiles, Janice Tantillo, Brittany Vinson, and Aimee Weldon.

Also in attendance were: Mack Almandarez (First Financial), Essence Aust (CISD Benefits), Natlie Bishop (BCBSTX), Janelle Boardman (BCBSTX), Becky Chmielewski (BCBSTX), JR Cornejo (First Financial), Alyssa Edwards (BCBSTX), Amalia Parker (Gallagher), and Maggie Parker (Gallagher).

## **Welcome and Introductions – Tiffany Mattfeld**

Tiffany welcomed Committee members and guests to the meeting, shared the purpose and function of the Committee, and attendees introduced themselves to the group.

## **Bylaws and Meeting Norms – Tiffany Mattfeld**

Tiffany shared the purpose of the Committee bylaws, and reviewed the Committee norms.

## **Selection of Committee Chairperson – Tiffany Mattfeld**

Tiffany shared that the Committee needed to select a chairperson for this year and that an existing member had volunteered to serve. A vote was approved to elect Christell Marshall as the Committee's chairperson.

## **Approval of May 2022 Meeting Minutes – Tiffany Mattfeld**

The minutes from the May 2022 meeting were approved.

## **Financial Report on Self-Funded Health Insurance – Karen Garza**

Total revenue for September and October 2022 was \$8,789,839 and total expenses were \$8,114,398, which resulted in a positive year-to-date fund balance of \$675,441.

## **Pharmacy Benefits Manager RFP – Karen Garza**

Karen explained that CISD is sending our Pharmacy Benefits Manager (PBM) contract out for bid, as our contract with OptumRx will expire at the end of this school year. Karen reviewed the bid process, and stated that more information will be forthcoming.

## **Current Enrollment Statistics – Tiffany Mattfeld**

Tiffany shared current enrollment statistics based on the annual enrollment period held during July 2022. For the employees who did not participate in annual enrollment, most plans would continue on a post-tax basis; if they were enrolled in the CISD Alternate Plan, Health Savings Account, Dependent Care FSA, or Health FSA, those plans were terminated. Their next opportunity to enroll or make changes will be July 2023. Employees not enrolled in the health plan are also required to complete and return a group health plan waiver for ACA reporting purposes. Overall plan enrollment percentages remained relatively consistent with the prior year, with 5,922 employees enrolling in the three Blue Cross and Blue Shield medical plans (Blue Premier: 1,114; Blue Essentials: 3,857; Blue Choice PPO: 1,021).

## Wellness Updates: Healthy You and Employee Health Fair – Jill Bartlett

Jill shared an overview about Healthy You, CISD's wellness program, including how to earn points in order to be eligible for a drawing for Rewards Mall Credits that can be redeemed for prizes. Also, information was shared about the upcoming wellbeing challenge, Be the Spark, which begins November 14, 2022, and ends December 11, 2022. The challenge focuses on incorporating positivity into your daily life. Registration for the challenge closes November 20, 2022. Additional details can be found at [Conroe.livehealthyignite.com](http://Conroe.livehealthyignite.com).

Jill also shared that CISD will be offering a full health fair on January 28, 2023, at The Woodlands College Park High School, and additional details will be shared at the January 2023 meeting.

## Representative Reports

**BCBSTX Team and Member Tools & Programs – Natlie Bishop, Janelle Boardman, Becky Chmielewski, and Alyssa Edwards:** The BCBSTX team introduced themselves and shared a presentation about the online tools and resources available to BCBSTX members, including how to find doctors and facilities through Provider Finder, the online member account through Blue Access for Member (BAM), the fitness program through Tivity Health, digital mental health resources through Learn to Live, and virtual visits through MDLive.

**First Financial Administrators – JR Cornejo and Mack Almandarez:** JR introduced himself and explained FFGA's role with CISD as a third-party administrator (TPA). Mack also introduced himself to the committee.

**Gallagher Benefit Services – Maggie Parker and Amalia Parker:** Maggie introduced herself and explained Gallagher's role with the District as our group benefits consultant.

## Other Issues

No additional issues

## Agenda Items for Next Meeting – Tiffany Mattfeld

Tiffany indicated that there would be no meeting during the month of December, and the Committee's next meeting will be held on January 11, 2023.

## Adjournment

4:57 PM