

# **Minutes of the Monthly Meeting of the Conroe ISD Employee Benefits Committee January 22, 2020**

Julie Roth called the meeting to order at 4:00 p.m. The following members were present: Jamie Almond, Jill Bartlett, Debbie Burns, Shelly Cartwright, Cheryl Dentler, Robert Derheim, Donna Fisher, Roger Garvey, Paula Green, Joni Hamilton, Chris Hines, Lanell James, Tiffany Mattfeld, Melissa Mitchell, Nolan Neugebauer, Lora Pennington, Jan Protteau, Darrin Rice, Julie Roth, Kathy Sharples, Yaddira Smalls, Janice Tantillo, Brittany Theiss, Franique Wallace, Dale Ward, Eve Whiteside, and Denae Wilker.

Also in attendance were: Terry Brown (T. Ross Brown & Associates), Angela Burk (CISD Benefits), Charles Carter (UHC), Marcy Egras (UHC), and Carolina Walker (UHC).

## **Approval of Meeting Minutes – Julie Roth**

The minutes from the November 2019 meeting were approved.

## **Financial Report of Self-Funded Health Insurance – Darrin Rice**

Total revenue for November 2019 was \$4,087,460 and total expenses were \$4,148,663, which resulted in a fund balance of (\$61,203). Total revenue for December 2019 was \$4,059,532 and total expenses were \$4,196,654, resulting in a fund balance of \$137,122. Year to date, total revenue was \$16,288,208 and total expenses were \$15,270,485, leaving a fund balance of \$1,017,723.

The total number of visits to the CISD Employee Health & Wellness Center for November and December were 596 and 555, respectively, for a total of 2,302 visits year-to-date.

## **Employee Health Fair – Jill Bartlett**

Jill provided information to the committee about the upcoming employee health fair that will take place Saturday, January 25, 2020, at The Woodlands College Park High School from 8:30 a.m. to 12:00 noon. She also outlined the expectations and duties of Employee Benefits Committee volunteers during the fair.

## **Representative Reports**

### **UnitedHealthcare (UHC) – Marcy Egras, Carolina Walker, Charles Carter**

Tiffany introduced Carolina Walker, CISD's new strategic account executive, who has replaced Darlene Holleman. Marcy reviewed Rally, UnitedHealthcare's wellness portal, which is available to all UHC members. Rally calculates a person's Wellness Age based on responses to various confidential health questions. It then provides ideas for lowering your Wellness Age and developing healthier habits.

Charles Carter gave an update on the ongoing contract negotiations with Houston Methodist Hospital System and their physicians. No agreement has been reached yet but discussions continue.

### **T. Ross Brown & Associates – Terry Brown**

Terry shared additional thoughts on the contract negotiations with Methodist and indicated his hope that UHC and Methodist come to an agreement soon. He also asked the Committee for feedback on the new UHC plan. Committee members expressed positive experiences overall.

### **Other Issues**

No additional issues

### **Agenda Items for Next Meeting – Tiffany Mattfeld**

Tiffany asked committee members to send any agenda items to her prior to the next meeting scheduled for February 12, 2020, at 4:00 p.m.

### **Adjournment**

4:52 PM

