

Minutes of the Monthly Meeting of the Conroe ISD Employee Benefits Committee March 30, 2022

Julie Roth called the meeting to order at 4:00 p.m. The following members were present via a Zoom webinar: Jill Bartlett, Karen Brown, Mary Ellen Bryant, Debbie Burns, Carol Carter, Shelly Cartwright, Courtney Collatos, Stephanie Cooke, Cheryl Dentler, Donna Fisher, Caitlin Garrett, Paula Green, Lanell James, Tami Lowrie, Stephanie Malone, Christell Marshall, Tiffany Mattfeld, Heather Paugh, Lora Pennington, Debbie Petry, Darrin Rice, Julie Roth, Yaddira Smalls, Kris Smith, Brandon Stiles, and Dale Ward. Also in attendance were: Mack Almandarez (First Financial), Kortney Bowie (CISD Benefits), JR Cornejo (First Financial), Emily Fertitta (Gallagher), Essence Ford-Wright (CISD Benefits), Karen Garza (CISD Finance), Maggie Parker (Gallagher), and Judy Wold (CISD Benefits).

Welcome – Julie Roth

Julie welcomed Committee members and guests to the meeting.

Approval of Meeting Minutes – Julie Roth

The minutes from the February 2022 meeting were approved.

Healthy You Wellness Program Update – Jill Bartlett

Jill shared information about the newest wellness challenge, Best Kept Self, which is a mindfulness challenge designed to help employees with stress reduction, relaxation techniques, organization ideas, and other ways to improve mental and emotional health. This is an individual challenge where successful completion will qualify employees to be entered into a drawing to win 5,000 credits in the Rewards Mall. Multiple winners will be awarded. Registration dates for the challenge are March 28-April 10, 2022, and the challenge dates are April 4-May 1, 2022.

Committee Bylaws – Tiffany Mattfeld

Tiffany stated that the Committee's bylaws need to be updated, and a subcommittee is required to review the bylaws and suggest revisions. Tiffany asked for volunteers and will contact them directly about participating on the subcommittee.

Health Plan Designs and Premiums for 2022-2023 – Darrin Rice

Darrin presented the following plan recommendations under Blue Cross and Blue Shield of Texas:

- Blue Premier HMO:
 - This option has the most limited network and is similar to Tier 1 of the UHC Nexus plan, but it will not have a Tier 2 network option. Memorial Hermann is a preferred provider.
 - Costs will mirror the current plan design of the UHC Charter Kelsey-Seybold Clinic plan, with an increase to the coinsurance from 10% to 20%. Premium decrease.
- Blue Essentials HMO:
 - This option is similar to the UHC Charter Kelsey-Seybold plan and has broader network options for physicians and hospitals.
 - Costs will mirror the plan design of the UHC Nexus plan Tier 1 benefits. Premium decrease.
- Blue Choice PPO:
 - This is the High Deductible Health Plan option and has the largest provider network.
 - The only cost change is a slight increase in out-of-pocket maximums. No premium change.

The committee approved the medical plan recommendation, which will be an agenda item at the Board of Trustees workshop on April 5, 2022, and the Board of Trustees meeting on April 19, 2022.

Representative Reports

First Financial Administrators – JR Cornejo and Mack Almendarez: Mack and JR reported that there will be no plan or rate changes to the supplemental plans offered for the 2022-2023 school year.

Gallagher Benefit Services – Maggie Parker and Emily Fertitta: None

Other Issues

No additional issues

Agenda Items for Next Meeting – Tiffany Mattfeld

Tiffany asked that any agenda items for our next meeting be emailed to her directly.

Adjournment

4:54 PM