

Minutes of the Monthly Meeting of the Conroe ISD Employee Benefits Committee March 6, 2024

Tiffany Mattfeld called the meeting to order at 4:32 p.m. in classrooms 113-114 of the Jett Teacher Training Center. The following members were present at the meeting: Jill Bartlett, Randy Bass, Debbie Burns, Cheryl Dentler, Robin Funston, Karen Garza, Paula Green, Trevor Hautajarvi, Anne Kobitter, Tami Lowrie, Tiffany Mattfeld, Imelda Mercado-Uribe, Heather Paugh, Mechelle Perkins, Debbie Petry, and Taylor Turner. Also in attendance were: Becky Chmielewski (BCBSTX), JR Cornejo (First Financial), Derek Eacho (Gallagher), Yanelyz Rivera (First Financial), and Judy Wold (CISD Benefits).

Welcome – Tiffany Mattfeld

Tiffany welcomed Committee members and guests to the meeting.

Approval of January 2024 Meeting Minutes – Tiffany Mattfeld

The minutes from the January 2024 meeting were approved.

BCBSTX Mental Health Benefits and Programs – Becky Chmielewski

Becky presented information about the various mental health programs offered by BCBSTX, including Learn to Live, a free digital program for our BCBSTX plan members age 13 and older to obtain help with depression, insomnia, panic, resilience, social anxiety, substance use, and stress, anxiety, and worry. She also shared about Headway, an expanded network of mental health providers who are able to see patients quickly, usually within a few days. Finally, Becky reminded the Committee that mental health appointments are also available through Virtual Visits with MDLive, which are free to members on all CISD medical plans.

Financial Report on Self-Funded Health Insurance – Karen Garza

For January 2024, the total revenues were \$4,677,142, and the total expenses were \$5,230,608, which resulted in a negative balance of (\$553,466). For February 2024, the total revenues were \$4,610,868, and the total expenses were \$4,350,880, which resulted in a positive balance of \$259,988. The year-to-date total revenues are \$27,632,632, and total year-to-date expenses are \$25,183,679, for a positive fund balance of \$2,448,953.

Plan Designs and Premiums for 2024-2025 – Karen Garza and Derek Eacho

Based on data analysis of 2023-2024 plan performance and 2024-2025 projections, Karen recommended that there be no change to health plan premiums for 2024-2025. Derek presented ideas for several enhancements to the plan for consideration because the health plan is performing well.

Representative Reports

First Financial Administrators – JR Cornejo: JR shared that they are evaluating supplemental benefits for the next plan year and will present these findings at the next meeting. He also mentioned that FFGA has updated their logo, which will be rolled out on the website and other written materials.

Gallagher – Derek Eacho: Derek responded to Committee members' questions about the plan design enhancements, as well as premium rates and how those are determined.

Other Issues

N/A

Agenda Items for Next Meeting – Tiffany Mattfeld

None

Adjournment

5:42 PM