# Minutes of the Monthly Meeting of the Conroe ISD Employee Benefits Committee January 10, 2024

Tiffany Mattfeld called the meeting to order at 4:30 p.m. The following members were present at the meeting: Jamie Almond, Jill Bartlett, Randy Bass, MaryEllen Bryant, Debbie Burns, Carol Carter, Cheryl Dentler, Natishia Freeny, Robin Funston, Karen Garza, Emily Gasper, Paula Green, Trevor Hautajarvi, Anne Kobitter, Tami Lowrie, Tiffany Mattfeld, Imelda Mercado-Uribe, Heather Paugh, Mechelle Perkins, Marsha Skinner, Yaddira Smalls, Janice Tantillo, and Taylor Turner. Also in attendance were: Mack Almendarez (First Financial), Derek Eacho (Gallagher), Matthew Moncivais (Gallagher), Yanelyz Rivera (First Financial), and Judy Wold (CISD Benefits).

# Welcome - Tiffany Mattfeld

Tiffany welcomed Committee members and guests to the meeting.

## Approval of September 2023 Meeting Minutes - Tiffany Mattfeld

The minutes from the September 2023 meeting were approved.

#### Financial Report on Self-Funded Health Insurance – Karen Garza

Karen shared that the final balance of the health insurance fund for the year ending August 31, 2023 was \$7,762.992. The fund balance as of September 1, 2022 was \$6,222,360, so the change in net position was \$1,540,632.

For December 2023, the total revenues were \$4,598,389, and the total expenses were \$4,193,582, which resulted in a positive balance of \$404,807. Year-to-date total revenues are \$18,344,622, and total year-to-date expenses are \$15,602,191, for a positive fund balance of \$2,742,431.

# Wellness Updates: Healthy You and Employee Health Fair – Jill Bartlett

Jill provided information to the committee about the upcoming employee health fair that will take place Saturday, January 27, 2024, at The Woodlands College Park High School from 8:30 a.m. to 12:00 noon. She also outlined the expectations and duties of Employee Benefits Committee volunteers during the fair. Jill also shared an overview about the next Healthy You wellbeing challenge, Time to Move, which begins January 29, 2024, and ends March 10, 2024. The challenge focuses physical activity and how many steps you walk each day. Registration for the challenge closes February 4, 2024. Additional details can be found at HealthyYouConroelSD.com. Employees can register for the challenge online or at the employee health fair on January 27, 2024.

## **Representative Reports**

**First Financial Administrators – Mack Almandarez:** Mack shared that he was looking forward to First Financial's involvement at the health fair, including sponsoring the coffee and hot chocolate station.

**Gallagher – Derek Eacho:** Tiffany informed the committee that at its December 2023 meeting, the Board of Trustees approved a recommendation to award the RFP for group health benefits consulting to Gallagher Benefit Services, the incumbent. Derek shared that Gallagher looks forward to its continued partnership with Conroe ISD and helping the District provide exceptional, financially sound health benefits.

## **Other Issues**

N/A

Agenda Items for Next Meeting - Tiffany Mattfeld

None

# **Adjournment**

4:55 PM