

Meet **John...**



Finding Peace
COUNSELING CENTER



John Loh, LMFT-A

Men's Issues | Anxiety | Depression | Relationship Issues

"Life hits hard sometimes and things are not always easy. In fact, sometimes trying to make a change can be scary. All is not lost! We can work together to help find you ways to cope with or resolve these intimidating issues and challenges that you're facing. You are the expert on your life experiences and as we work together, I will listen with without judgmental ears and help guide you towards finding solutions that will work best for you."

IN-PERSON AND ONLINE THERAPY

www.findingpeacecc.com

Now offering group therapy with a variety of topics, including coping with anxiety and groups just for teens. Call or email for details!

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