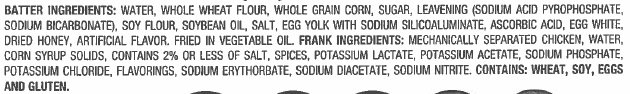
2018-2019 Lunch Ingredients Labels

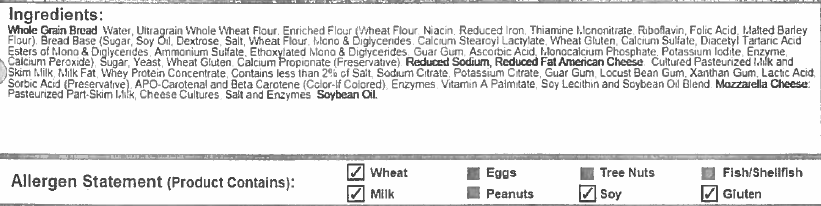
# **Lunch Items- All Grades**

Mini Corn Dogs

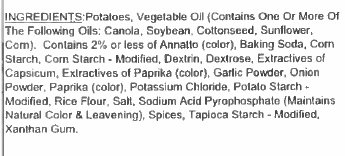
Chicken



## Grilled Cheese Sandwich



Baked Seasoned Fries



Glazed Carrots





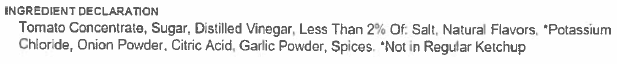
Sliced Peaches



Mustard- Condiment

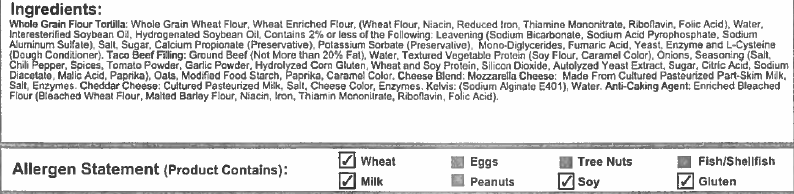


Ketchup- Condiment



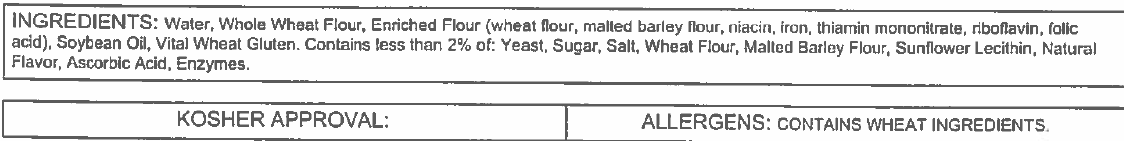
Taco Stick

Beef and Cheese Taco Stick



Italian Sub

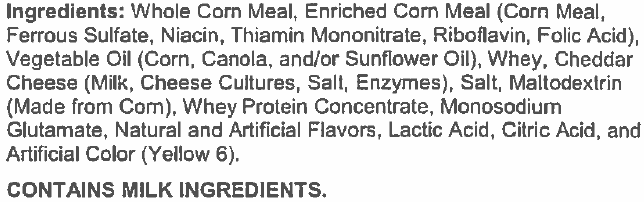
French Bread



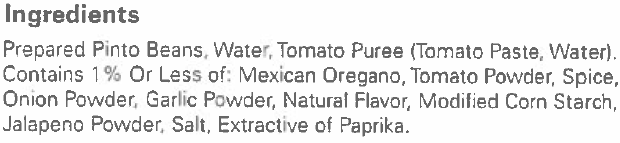
Italian Turkey Combo Deli Meat



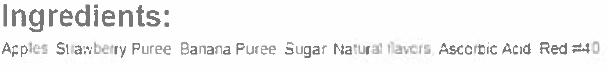
Baked Chips- Crunchy Cheese Snacks



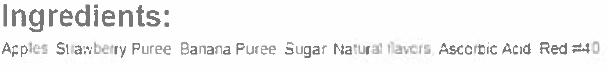
Ranchero Beans- Pinto



Applesauce Cup- Strawberry Banana



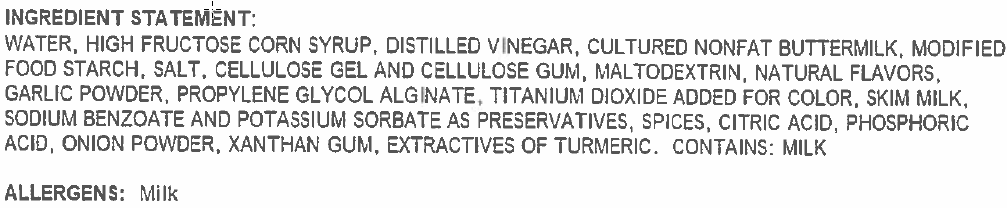
Applesauce Cup- Wild Watermelon



Applesauce Cup- Rockin’ Blue Raspberry



Fat Free Ranch Dressing- Condiment



## Bacon Hamburger/ Cheeseburger

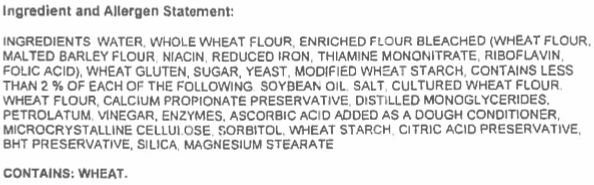
100% Beef Patty



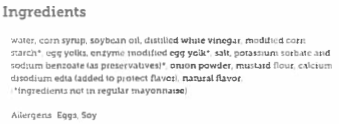
Turkey Bacon



Hamburger Bun



Light Mayonnaise- Condiment

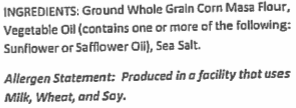


## Fiesta Salad

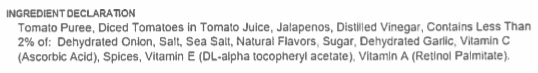
Chicken Fajita Strips



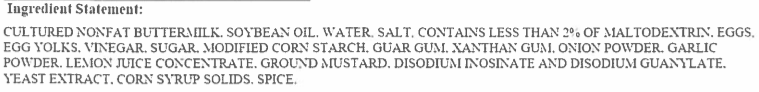
Tortilla Chips



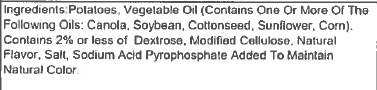
Mild Salsa



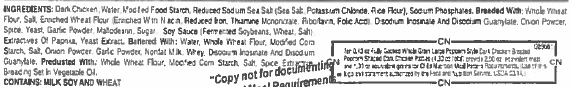
Lite Ranch Dressing Cup- Condiment



Potato Rounds



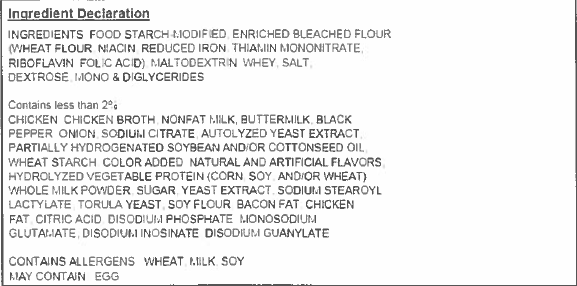
## Chicken Smackers



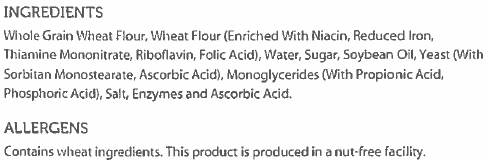
Mashed Potatoes



Country Gravy- Fat Free

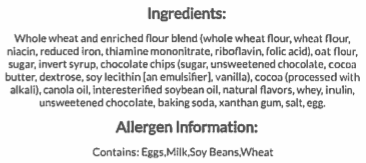


Wheat Roll

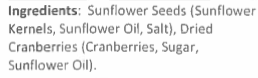


Protein Power Pack

Benefits Bar- Cocoa Chip



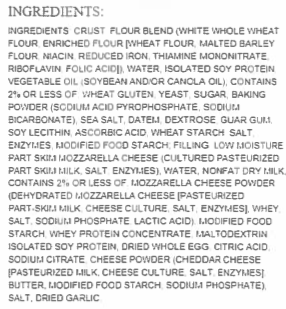
Sun-Berry Trail Mix

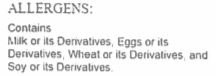


Apple Slices



## Cheese Stuffed Breadsticks



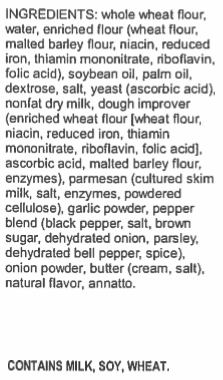


## Marinara Sauce



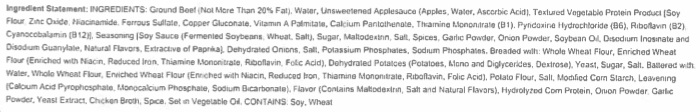
## Chicken Popper Salad

Twisted Garlic Breadstick



## Chicken Fried Steak Sandwich

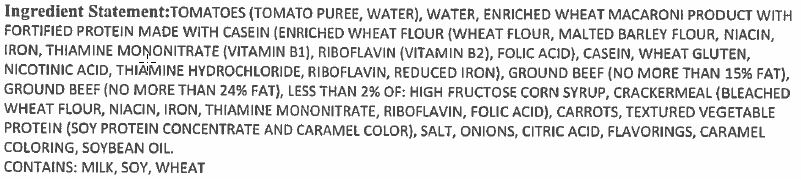
Breaded Beef Patty



Mandarin Orange Slices



Beef Ravioli



Mixed Vegetables



Pineapple Tidbits

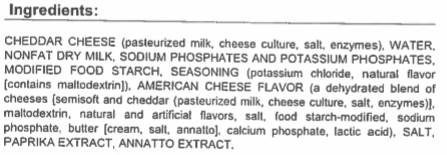


Meaty Cheesy Nachos

Taco Seasoned Turkey

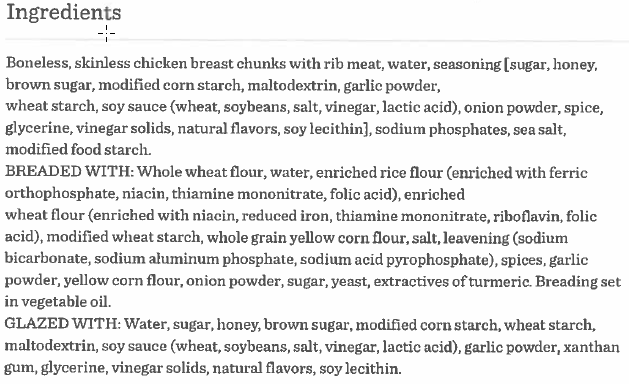


Cheddar Cheese Sauce



## Spicy Sweet Asian Salad

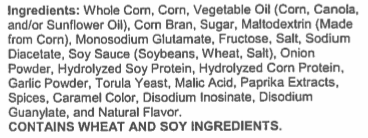
Asian Glazed Breaded Chicken Chunks



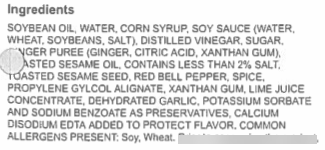
Edamame



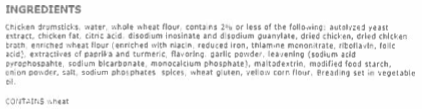
Spicy Sweet Chili Tortilla Chips



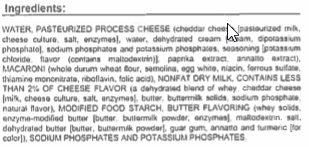
Asian Sesame Ginger Dressing



## Chicken Drumstick

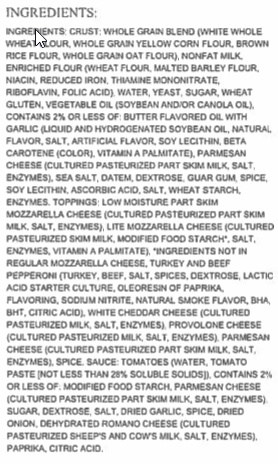


## Macaroni and Cheese

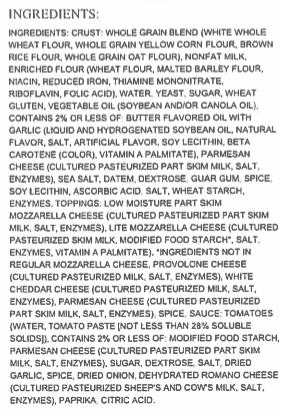


## Big Daddy Pizza

Turkey Pepperoni Pizza

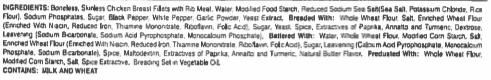


Four Cheese Pizza



## Crispy Chicken Sandwich

Breaded Chicken Breast Filet



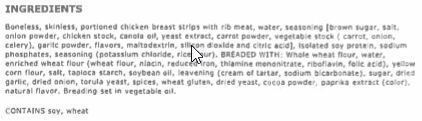
## Italian Dunkers



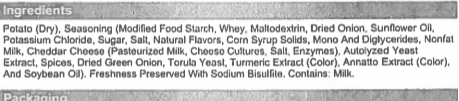
Strawberry Cup



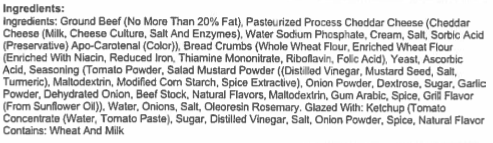
## Chicken Tenders



Au Gratin Potatoes



## Cheeseburger Steak

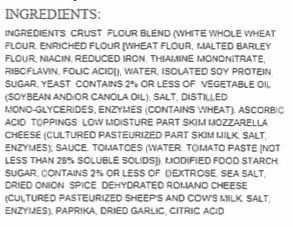


## Personal Pan Pizza

Turkey and Beef Pepperoni Pizza



Cheese Pizza



## Chef Salad

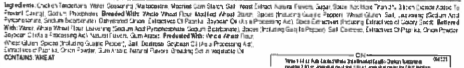
Diced Turkey Ham



# **Lunch Items- 9-12 Lunch Only**

## Spicy Chicken Strips

Chicken Breast Spicy Tenderloins



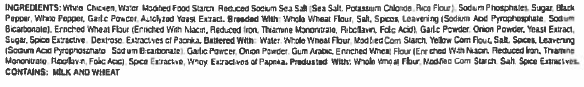
## Hot Ham and cheese Sandwich

Turkey Ham



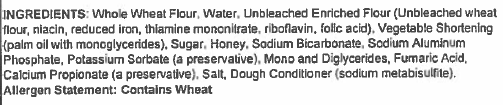
## Spicy Chicken Sandwich

Hot and Spicy Chicken Breast Filet



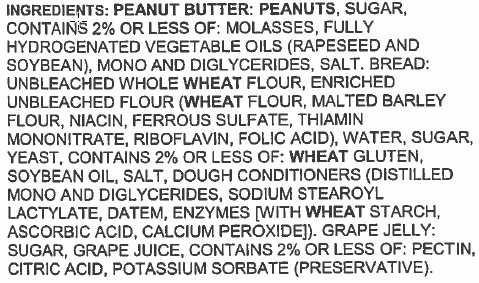
## Soft Taco with Chips and Salsa

Flour Tortilla

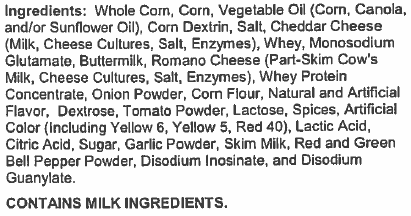


## PB and J Uncrustable Meal

PB and J



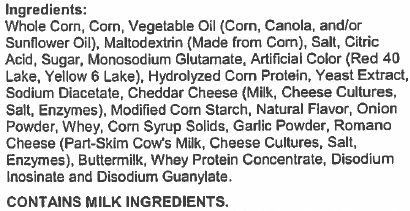
Nacho Cheese Tortilla Chips



Cool Ranch Tortilla Chips

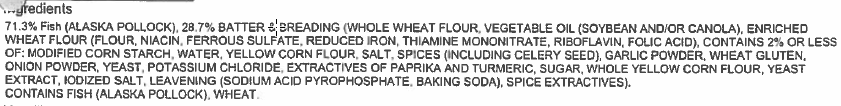


Flamas Tortilla Chips



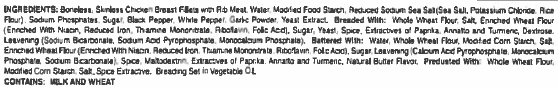
## Spicy Fish Sandwich

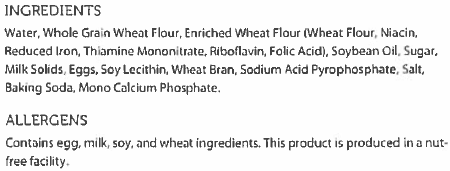
Alaskan Pollock



## Chicken and Waffles

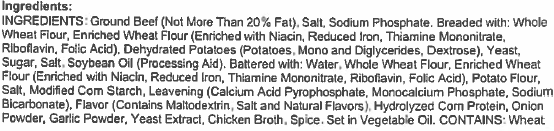
Breaded Chicken Breast Filet

Waffles



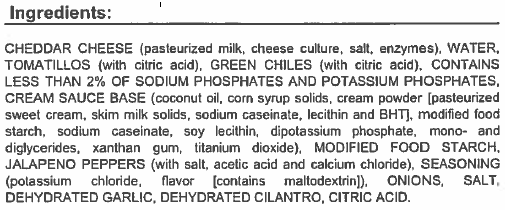
## Steak Fingers

Breaded Steak finger



## Chicken Fajita Bowl with Chips

Queso Blanca Sauce



Mild Chili Powder



## Calzone

Cheese Calzone



Pepperoni Calzone

