



Comfort zone

**You can access behavioral health
televideo counseling services from anywhere**

Aetna Behavioral Health

You can meet with a counselor anywhere at your convenience.

It's simple. Just use your webcam with any computer or smart device that's connected to the internet.

Televideo makes it easier to access behavioral health services

It's the next best thing to being in the same room. Without the drive time.

With televideo, you can:

- Fit sessions into busy days
- Cut out any travel time and expense
- Skip the waiting room

And a behavioral health televideo session will cost the same as a face-to face office visit.

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You've got new choices!

Televideo makes it easier than ever to access behavioral health services.

To get started, call a provider group in your area.

If you live in:	Call:	Phone number:
California, Delaware, Missouri, New Jersey, New York, Pennsylvania, Virginia	Inpathy	Toll-free: 800-442-8938
Kentucky, Louisiana, Missouri, Oklahoma, Oregon, Texas	MDLive	Toll-free: 888-282- 2522
All other states	Arcadian Telepsychiatry	Toll-free: 866-744-0020

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