

# 2017-2018 Ala Carte

## Menu Items- Ingredient List

### Crazy Colors Fruit Roll Ups

#### New

Ingredients: Apple Puree, Corn Syrup, Polydextrose, Dried Corn Syrup, Sugar, Maltodextrin, Palm Oil. Contains 2% or less of: Pear Puree Concentrate, Citric Acid, Sodium Citrate, Fruit Pectin, Monoglycerides, Malic Acid, Dextrose, Vitamin C (ascorbic acid), Acetylated Monoglycerides, Color (vegetable juice, spirulina extract, fruit juice, and turmeric extract), Natural Flavor.

### Hot Colors Fruit Roll Ups

#### New

Ingredients: Apple Puree, Corn Syrup, Polydextrose, Dried Corn Syrup, Sugar, Maltodextrin, Palm Oil. Contains 2% or less of: Pear Puree Concentrate, Citric Acid, Sodium Citrate, Fruit Pectin, Monoglycerides, Malic Acid, Dextrose, Vitamin C (ascorbic acid), Acetylated Monoglycerides, Color (vegetable juice, fruit juice, spirulina extract, and turmeric extract), Natural Flavor.

### Chicken Bites

**INGREDIENTS:** Boneless Skinless Chicken Breast with Rib Meat, Water, Modified Food Starch, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphate, Sugar, Black Pepper, White Pepper, Garlic Powder, Yeast Extract, **Breaded With:** Whole Wheat Flour, Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast Extract, Spice, Yeast, Soybean Oil, Extractives of Paprika, Ancho and Turmeric, Dextrose, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Monocalcium Phosphate), **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Spice, Maltodextrin, Extractives of Paprika, Ancho and Turmeric, Natural Butter Flavor, **Prepared With:** Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractive, Breading Set in Vegetable Oil.  
**CONTAINS: MILK AND WHEAT**

### Grandma's WG Mini Chocolate Chip Cookies

**Ingredients: Whole Wheat Flour, Semi-Sweet Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Dextrose, Soy Lecithin, Vanillin), Sugar, Enriched Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Expeller-Pressed Sunflower Oil, Whey, and Less than 2% of the Following: High Fructose Corn Syrup, Propylene Glycol Mono- and Diesters of Fats and Fatty Acids, Mono- and Diglycerides, Soy Lecithin, Salt, Leavening (Baking Soda, Sodium Aluminum Phosphate, Ammonium Bicarbonate), Artificial Vanilla Flavor, Caramel Color, Rosemary Extract (Antioxidant), and Ascorbic Acid (Antioxidant).**  
**CONTAINS MILK, SOY, AND WHEAT INGREDIENTS.**

**Allergy Information: Made on equipment that makes products contain peanuts and tree nuts.**

### Cream Filled Chocolate Cupcake

#### **INGREDIENTS:**

Water, Whole Wheat Flour, Sugar, Whole Eggs, Brown Sugar, Sweet Potato Puree, Cocoa (processed with Alkali), Soybean Oil, Palm Oil, Emulsifiers (Propylene Glycol Mono- and Diesters of Fats and Fatty Acids, Mono-Diglycerides, Soy Lecithin, Sodium Stearoyl Lactylate with BHT and Citric Acid), Modified food starch, Contains less than 2% of the following: Invert Sugar, Non Fat Dry Milk, Sodium Aluminum Phosphate, sodium bicarbonate, Xanthan Gum, DATEM, Natural flavor and Color, Guar Gum, Enzymes, Potassium Sorbate (to retard spoilage).

**Contains: Wheat, Soy, Milk and Eggs.**

### Glacier Ice G2

**INGREDIENTS: WATER, SUCROSE, CITRIC ACID, NATURAL FLAVOR, SALT, SODIUM CITRATE, MONOPOTASSIUM PHOSPHATE, SUCRALOSE, ACESULFAME POTASSIUM, BLUE 1.**

### Red Diamond Tea w/Splenda

**Ingredients: Water, Sucralose, Orange Pekoe and Pekoe Tea, Potassium Sorbate Added to Maintain Freshness.**  
Bottled under the authority of Red Diamond, Inc., Birmingham, AL  
[www.reddiamond.com](http://www.reddiamond.com). Processed at plant stamped.

### Chicken Sriracha Tornado

#### **INGREDIENTS:**

**INGREDIENTS: WATER, COOKED CHICKEN (CHICKEN, WATER, MODIFIED FOOD STARCH, SALT, SODIUM PHOSPHATE), WHOLE WHEAT FLOUR, WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (SOYBEAN, SUNFLOWER, CANOLA AND OR CORN OIL), ONION, BATTER MIX (YELLOW CORN FLOUR, ENRICHED BLEACHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SPICES, SALT, PAPRIKA, JALAPENO PEPPER, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), NATURAL FLAVOR, GUAR GUM, OLEORESIN PAPRIKA AND TURMERIC), RED BELL PEPPER, JALAPENO PEPPERS, JALAPENO PUREE (JALAPENO PEPPERS, VINEGAR), CONTAINS 2% OR LESS TOMATO PASTE (TOMATOES), BROWN SUGAR, WHEAT GLUTEN, MODIFIED CORN STARCH, SALT, SUGAR, CHILI PEPPER, DISTILLED VINEGAR, YEAST, GRANULATED GARLIC, GUAR GUM, CHICKEN FLAVOR (CHICKEN BROTH, SALT, CHICKEN FAT, CORN OIL, FLAVORS, XANTHAN GUM), SPICE, CHICKEN SOUP BASE (DEXTROSE, SALT, RENDERED CHICKEN FAT, HYDROLYZED SOY PROTEIN, ONION POWDER, DRIED WHEY, CHICKEN POWDER, TURMERIC, FLAVORS).**  
**CONTAINS: WHEAT, SOY, MILK.**

### Watermelon Propel

**WATER, CITRIC ACID, SODIUM HEXAMETAPHOSPHATE (TO PROTECT FLAVOR), NATURAL FLAVOR, SALT, POTASSIUM SORBATE (PRESERVES FRESHNESS), POTASSIUM CITRATE, SODIUM CITRATE, ASCORBIC ACID (VITAMIN C), SUCRALOSE, ACESULFAME POTASSIUM, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR), CALCIUM PANTOTHENATE (VITAMIN B5), NIACINAMIDE (VITAMIN B3), VITAMIN E ACETATE, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6)**

## Strawberry Kiwi Propel

WATER, CITRIC ACID, SODIUM HEXAMETAPHOSPHATE (TO PROTECT FLAVOR), NATURAL FLAVOR, SALT, POTASSIUM SORBATE (PRESERVES FRESHNESS), POTASSIUM CITRATE, SODIUM CITRATE, ASCORBIC ACID (VITAMIN C), SUCRALOSE, ACESULFAME POTASSIUM, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR), CALCIUM PANTOTHENATE (VITAMIN B5), NIACINAMIDE (VITAMIN B3), VITAMIN E ACETATE, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6)

## Grape Propel

WATER, CITRIC ACID, SODIUM HEXAMETAPHOSPHATE (TO PROTECT FLAVOR), NATURAL FLAVOR, SALT, POTASSIUM SORBATE (PRESERVES FRESHNESS), POTASSIUM CITRATE, SODIUM CITRATE, ASCORBIC ACID (VITAMIN C), SUCRALOSE, ACESULFAME POTASSIUM, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR), CALCIUM PANTOTHENATE (VITAMIN B5), NIACINAMIDE (VITAMIN B3), VITAMIN E ACETATE, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6)

## 1 oz. chocolate Chip Cookie

Storage/Baking Instructions: Store frozen. Do not thaw dough before baking. Bake for 12-14 minutes. Conventional Oven: 350° F. Convection Oven: 300° F

Ingredients: WHOLE GRAIN BLEND (WHOLE WHEAT FLOUR, WHOLE OATS), ENRICHED FLOUR (UNBLEACHED WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, BROWN SUGAR, COCOA CONFECTIONARY DROPS (SUGAR, VEGETABLE OIL BLEND (PALM KERNEL AND FULLY HYDROGENATED COTTONSEED OIL)), COCOA POWDER (PROCESSED WITH ALKALI), CORN SYRUP SOLIDS, SOY LECITHIN (AN EMULSIFIER), VANILLIN (AN ARTIFICIAL FLAVOR), SALT, ~~TRANS FAT~~ PALM OIL, MARGARINE (PALM OIL, SOYBEAN OIL, WATER, SALT, VEGETABLE MONO & DIGLYCERIDES, SOY LECITHIN (AN EMULSIFIER), SODIUM BENZOATE (A PRESERVATIVE), CITRIC ACID, NATURAL & ARTIFICIAL FLAVOR, VITAMIN A PALMITATE ADDED, BETA CAROTENE (FOR COLOR), DAIRY WHEY), NATURAL MARGARINE (LIQUID AND PARTIALLY HYDROGENATED SOYBEAN OIL, WATER, SALT, SOY LECITHIN (AN EMULSIFIER), BETA CAROTENE (FOR COLOR), VITAMIN A PALMITATE ADDED), UNSWEETENED APPLESAUCE, EGGS, OAT FIBER, ARTIFICIAL VANILLA FLAVOR, BAKING SODA (LEAVENING), SOY LECITHIN (AN EMULSIFIER). CONTAINS WHEAT, MILK, EGGS, AND SOY. \*This oil ingredient is a fully hydrogenated oil (FHO) based on a definition approved by the Institute of Shortenings and Edible Oils Board (ISEO). For additional information please visit [www.bonzeers.com](http://www.bonzeers.com).

## 2 oz. Chocolate Chip Cookie

### INGREDIENT STATEMENT:

Whole Grain Flour (whole wheat flour 80%, bleached flour 40% [wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, and folic acid]), Sugar, Semi-Sweet Chocolate Chips (sugar, chocolate liquor, cocoa butter, soy lecithin [emulsifier], and vanillin [artificial flavor]), Water, Margarine (soybean and hydrogenated soybean oils, water, salt, mono glycerides, soy lecithin [emulsifier], sodium benzoate [preservative], natural and artificial flavor, artificially colored with beta carotene, and vitamin A palmitate added), Chicory Fiber, Molasses, Corn Syrup, Apples, Leavening (baking soda, sodium acid pyrophosphate, monocalcium phosphate), Natural and Artificial Flavoring, Soy Flour, Wheat Gluten, Corn Syrup Solids, Sodium Alginate, Whole Eggs, Soy Lecithin (emulsifier), Salt, and Food Starch Modified.

**ALLERGEN INFORMATION:** Processed in a facility with wheat, eggs, dairy, soy, nuts, and peanuts.