

School Health Advisory Council Conroe Independent School District

Minutes September 23, 2009

Present: Karen Baughman, Amish Bhakta, Faith Casperson, Robyn Hughes, Jack Lesch, Lynda Matthews, Chris McCord, Tracy MacEwan, Forstine Morris, Sherry Sunderman, Mary Kerschbaum, Cindy Weller. **Ex Officio:** Gale Drummond, Cathy Gibson, Chris Hines, Deanna Martin. **Absent:** Victoria Constance, Scott Harper, Sheryl Hime, Lata Joshi, Ron Leach, Susan O'Neil, Ronny Peacock, Donald Strickland. Kelly Wortham.

1. Call to Order and Welcome New Members: Mary Kerschbaum

The Chair, Mary Kerschbaum called the meeting to order at 4:17pm. New members were introduced to the Council and the Council Members reintroduced themselves. Mary commented on her attendance at a recent regional meeting and complimented the Council for having much of the recent legislation in place that refers to the SHAC Council. Such as, meeting 4 times per year, have a minimum of 5 members, etc. Our Council is well intact and serving our students well.

2. HB3 Update: Dr. Hines

Dr. Hines talked about our decision in July to recommend to the School Board that we keep the ½ credit of Health Education in the CISD Recommended Plan graduation requirements for all students (see below). Right now, CISD still requires 1 ½ credits of Physical Education and ½ credit of health to graduate. The High School Principals are in support of our recommendation. The State Board of Education is in limbo right now regarding the decision as to whether to drop Health as a requirement for state's Distinguished Achievement Program. Initially the legislature was trying to create room in the schedule for students to take more electives since passing the 4 x 4 plan in science and math. We should know more by November when the SBOE meets again to discuss. Nothing would change until the 9th grade student schedules are written up for next year. We are waiting for more information and stand by our recommendation to keep Health in the schedule even if the SBOE drops this course from the curriculum.

3. Congratulations to Lynda Matthews: Mary Kerschbaum

Mary Kerschbaum congratulated Lynda Matthews on the *Helping Young Mothers Help Themselves Scholarship Awards*. As a CISD Professional Parent Education Specialist, Lynda was able to secure awards for 6 young mothers in our district. Congratulations Lynda and our award recipients!

4. Parent Education Program: Lynda Matthews

Lynda reported that 231 students are currently served within the program. There are 134 pregnancies and 8 repeat pregnancies. 74 graduated and some returned to graduate. There were 46 children in child care last year. Our Work Force contract has been renewed and helps pay for child care expenses for the young mothers while in school. Life Skills is another contract that helps pay for child care expenses and we are waiting on approval from TEA for this contract.

5. Report on H1N1 in CISD. Faith Casperson

Faith reported that H1N1 is appearing in CISD. Many students have it and the predominant symptom is fever. Faith provided a hand-out on the facts in Texas and CISD to the Council. The word is that 1 million doses of the vaccine are being sent to Texas. Council Member Amish Bhakta, M.D. added that TAMA Flu is in short supply (liquid) and it is best to keep students home and not even go to the doctor's office. The course of the flu runs about 4-5 days and it is recommended that a student be fever free for 24 hours before coming back to school.

6. Counseling Update: Sherry Sunderman

Sherry reported on HB 1041 which states that each school district is to adopt and implement a policy addressing sexual abuse of children to be included in the district improvement plan. In addition, an informational handbook is to be available to students and parents of the district. Sherry reported that the information is available and out there for anyone who needs it through the counseling offices.

7. Texas Fitness Now Grants: Dr. Hines, Mary Kerschbaum

Dr. Hines reported that 3 of our campuses are eligible for the Texas Fitness Now Grants. Travis Intermediate, \$4,355.00, Washington JH, \$7,328.00 and Grangerland Intermediate, \$14,486.00. Campuses qualify if their campus consists of grades 6th, 7th, and 8th grade and have 60-100% economically disadvantaged student population. Campuses must conduct their Fitnessgram Assessments by Nov. 15, 2009 and again by April 1, 2010.

8. Other Business: Dr. Hines

Dr. Hines announced that we are to elect a parent as a co-chair for our council. Forstine Morris graciously agreed to fulfill this role for our council, thank-you Forstine!

9. Adjourn: Mary Kerschbaum

The meeting was adjourned at 5:17pm. The next meeting is scheduled for Nov. 11, 2009 4:15pm at McCullough J.H. Campus.

CISD Graduation Plans
Minimum Plan Change HB 3

Subject	State Minimum Plan	CISD Minimum Plan	Changes for HB3
English Language Arts	4 Credits	4 Credits	
Mathematics	3 Credits	3 Credits	
Science	2 Credits	3 Credits	
Social Studies (includes Economics)	3 Credits	4 Credits	Includes Academic Elective requirement
Academic Elective	1 Credit	0	We meet this requirement with social studies course.
PE	1.5 Credits	1.5 Credits	
Health	.5 Credits	.5 Credits	
Communication Applications	.5 Credit	.5 Credit	
Fine Arts	1 Credit	1 Credit	This is a new state requirement beginning with 9 th graders entering 2009
Technology Applications	1 Credit	1 Credit	
State Electives	4.5	5.5	
Total Credits Required	22	24	

Recommended Plans

Subject	Previous State Rec. Plan	State Rec. HB3	CISD Rec. Plan	Possible New CISD Rec. Plan
English Language Arts	4 Credits	4	4	4
Mathematics	4 Credits	4	4	4
Science	4 Credits	4	4	4
Social Studies (includes Economics)	4 Credits	4	4	4
PE	1.5 Credits	1.0	1.5	1.0
Health	.5 Credit	0	.5	.5 (Recommendation from SHAC and Principals)
Communication Applications	.5 Credit	.5	.5	.5
Languages Other Than English	2 Credits	2	2	2
Fine Arts	1 Credit	1	1	1
Technology Applications	1 Credit	0	1	0
State Electives	3.5	5.5	3.5	5.0
Total Credits Required	26	26	26	26

Areas that have changed are highlighted in yellow.