

**School Health Advisory Council
Conroe Independent School District**

**Minutes
October 18, 2007**

Present: Victoria Constance, Susan O'Neil, Amish Bakta, Lata Joshi, Scott Harper, Ellen Baskin Fiesinger, Kelly Wortham, Forstine Morris, Jack Lesch, Ronnie Peacock, Chris McCord, Faith Casperson, Joann Clark, Lynda Matthews, Janelle Murray, Karen Baughman, Sheryl Hime (Chairman). **Ex Officio:** Chris Hines, Cathy Gibson, Gale Drummond, Deanna Martin, and Sherry Sunderman. **Absent:** Scott Bauer, Ron Leach, Donald Strickland, and Debbie Zemanek.

The Chair, Sheryl Hime, called the meeting to order at 4:30pm. The Chairman welcomed the members and gave everyone an opportunity to introduce themselves. Next, the chairman explained the role of the School Health Advisory Council (SHAC).

The first item was an update by Ronnie Peacock, CISD Athletic Director, on Senate Bill 530. CISD students currently required to take two semesters of PE during 6th grade and 7th grade. The SHAC made a recommendation for an additional semester of required PE in eighth grade. Students involved in various athletic and extracurricular activities may be exempt from this additional requirement.

Ronnie Peacock also provided information on the status of the annual physical fitness assessment for students enrolled in grades 3 through 12. FITNESSGRAM has been selected as the statewide physical fitness assessment tool. Various implementation issues were discussed by Mr. Peacock and the council.

Ronnie Peacock also provided an update on statewide steroid testing of students in athletics. The district is waiting on information about which company will conduct the testing, the number of students to be tested, as well as gaining information on the long term funding issues.

Deanna Martin, Director of Curriculum & Instruction/Staff Development, gave a brief overview of the CISD Coordinated School Health Program. Classroom teachers, PE teachers, and child nutrition workers, received training during June 2007 with the Coordinated Approach To Child Health (CATCH) program. Janelle Murray, Lead K-6th grade level PE teacher, gave a brief review of the successful implementation of the program in the elementary schools. The CATCH Program will be expanded to include 7th and 8th grade students for the 2008-2009 school year. Training will occur in June 2008 for junior high personnel.

Dr. Chris Hines, CISD Associate Superintendent, reported on soft drink vending machine contracts. The nutritional value of products in the vending machines was discussed. Dr. Hines will present a list of possible product options at the January SHAC meeting. The goal is to make recommendations for the 2008-2009 school year.

Sheryl Hime and Sherry Sunderman, CISD Coordinator of Guidance & Counseling, informed the SHAC on House Bill 121 and the CISD Dating Violence Policy. School personnel are being trained on implementation of the policy and dating violence recognition and prevention, which is included in the high school health curriculum.

Sheryl Hime presented information on House Bill 2176: Parenting and Paternity Awareness (p.a.p.a.). The Office of the Attorney General of Texas will provide a p.a.p.a. curriculum to be incorporated into the CISD high school health curriculum beginning with the 2008-2009 school year.

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Next, the Council heard from Faith Casperson, Conroe ISD Head Nurse, regarding the Child Obesity Coalition. The Coalition is a group of local health care providers working to identify strategies and resources for families dealing with obesity issues.

Finally, Sheryl Hime thanked all SHAC members for their willingness to serve on the council. The next meeting will be January 2008.

The meeting adjourned at 5:40pm.

Submitted October 19, 2008 by:

Sheryl Hime

Sheryl Hime
SHAC Chair