

School Health Advisory Council  
Conroe Independent School District

Minutes  
May 3, 2007

**Present:** Bauer, Baughman, Casperson, Hime, Matthews, Peacock, Strickland, and Norton (Chairman); **Ex Officio:** Chris Hines, Cathy Gibson, and Deanna Martin.  
**Absent:** Bauer, Caldwell, Clark, Davis, Heges, Leach, McCarthy, O'Neil, Porter, Jones, Pauls, Murray and Zemanek.

The Chairman, David Norton, called the meeting to order at 4:07 PM. The Chairman welcomed the members and thanked them for attending. Next, the Chairman reviewed the Agenda and noted that this would be the final meeting of this school year.

The first item was a review of the status of the CISD Coordinated School Health Plan. It was previously established that grades K-5 needed to have a Coordinated School Health Plan. CISD will begin training classroom teachers and child nutrition workers in June using the CATCH program. It was reported by Dr. Norton that CISD had heard from TEA regarding the requirements for grades 6-8. CISD will be required to establish a similar program for these grades in the 2007-2008 School year.

Next, Faith Casperson, CISD lead nurse, presented the State Obesity Strategies. She pointed out that obesity was, in part, a cultural and a societal problem that would require a long term approach. She discussed a local group of health care providers working to identify strategies that would involve the family, not just the student in order to deal with cultural and life style issues as well as the nutritional issues.

Ms Karen Baughman requested that the SHAC be aware of the Aim for Success program. This program is lead by Marilyn Morris and her staff. It provides sexual abstinence programming and has been highly rated.

Finally, Dr. Norton thanked all SHAC members for their service to the committee for the year. Dr. Norton reported that several of the SHAC members had left the area and he therefore asked the group to submit any nominations for the SHAC membership. By law the membership of the SHAC should have a majority who are parents of CISD school children who are not employed by CISD. The next meeting would occur early in the fall. Ms Sheryl Hime, Science Coordinator will be the incoming chair of the SHAC. Dr. Norton will be retiring effective August 31.

The Meeting adjourned at 5:15 PM.

Submitted May 15, 2007, by:

*David J. Norton*

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SHAC Chair